



VASECTOMY CONSENT & AGREEMENT

In consideration of your performing upon me a sterilization, known medically as a bilateral vasectomy, I **hereby CONSENT** to such operation, with the full realization and knowledge that as a result of such operation it probably will not be possible for me to ever again become the Father of Children, and it is doubtful if that condition can be so corrected that I can ever again become the Father of Children.

I understand that once this operation has been done there is a possibility of failure due to recanalization of the tubules conducting the sperm.

I agree that I have requested this operation and have CONSENTED thereto and that you the physician or the Practice of ADVANCED UROLOGIC ASSOCIATES, or its employees will not be held responsible for the Sterilization resulting from this operation.

My signature below also verifies that I have read the Vasectomy fact sheet and fully understand all the information it provided.

It is strongly recommended that you discuss this with your partner prior to the procedure.

Printed Name: _____ **Date of Birth:** _____ **Date:** _____

SIGNATURE: _____ **DATED:** _____

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VASECTOMY INFORMATION

PURPOSE OF A VASECTOMY

The purpose of a vasectomy is to render a man sterile. This is considered permanent contraception and will make a man unable to father children. There are other forms of contraception, including condoms, birth control pills, diaphragms, spermicidal, Norplant, Depo Provera, IUD's and female tubal ligation. A vasectomy should be considered irreversible. You and your spouse or significant other should share in the decision that you do not want any more children.

HOW VASECTOMY WORKS

Sperm is produced in the testicles which sit in the scrotum. The sperm are then transported by a tube called the vas deferens up into the groin area and then back to the prostate in the base of the penis. If the vas deferens tube is cut or blocked off, the flow of sperm from the testicle to the penis is stopped. The sperm account for approximately 2% of the volume of the semen ejaculated at orgasm. The majority of the semen is produced in the prostate gland. A vasectomy will not effect that volume significantly. The testicles produce the male hormone testosterone which will not be affected by a vasectomy. The upper part of the vas deferens and the prostate may still contain residual sperm after a vasectomy so it is important to ejaculate 15-18 times after a vasectomy to clear those areas of the sperm. Other forms of contraception will be needed until at least two negative semen samples for sperm are evaluated.

THE VASECTOMY PROCEDURE

Vasectomy can be performed in the doctor's office under local anesthetic. Prior to the procedure you need to read all of the information, understanding it fully and sign the consent form. Please discuss with your significant other and bring the signed consent form to the office with you. You must understand that it is usually successful, but it is not guaranteed to make you sterile. You also need to understand the possible risks and complications as listed below. **You will need to stop any aspirin containing products for seven days before the procedure.** If you have any other health problems, specifically with your testicles, you need to alert the doctor and nurse prior to the procedure. Please feel free to ask any questions about the vasectomy before signing the consent form. The morning of your surgery, please shower, thoroughly cleanse your scrotum and shave the hair on the upper portion of the scrotum where it is attached to the penis. Please bring a clean pair of cotton briefs to the doctor's office to wear home. You may eat a light meal before your surgery.



Usually the discomfort associated with the procedure is the local anesthetic that is injected. This discomfort will last between 5-10 seconds. You should then be numb for the remainder of the procedure, however you will feel some pulling, tugging, and mild discomfort during the procedure. If you experience pain that is intolerable, it is your responsibility to inform the physician to terminate the procedure. The procedure usually takes approximately 20-30 minutes.

VASECTOMY INFORMATION

AFTER THE VASECTOMY

After the surgery we advise that you go home and assume a recumbent or lying position for the rest of the day. An ice pack can help with the discomfort and minimize swelling. Some swelling and bruising is expected, but signs of infection such as redness, fever or excessive swelling of the scrotum need to be brought to the doctor's attention. You may shower the morning after the vasectomy, but no tub baths or Jacuzzis for two weeks. You should avoid heavy lifting or exercise for seven days. You will be given an antibiotic pill and mild pain pill if needed. Most of the pain should resolve in 2-3 days. If your pain persists past five days, please call our office.

Sexual activity can be resumed in ten days, but remember that you must use another form of birth control until you have two negative semen samples.

After the initial 10 days, it is important to have 20 ejaculations to clear the portion of the vas deferens past the site of blockage. You may bring in your first semen sample for a sperm count after 20 ejaculations. You may bring the second sample approximately 2-3 weeks after initial specimen to make sure it is clear of sperm. You must collect your semen sample at home in a small, sealed container, two sterile containers will be provided, or you may use a clean container with a lid that seals. You must have your name, date of birth, date of procedure and doctor performing procedure labeled on the container. The specimen should not be more than 4 hours old. Please call ahead of time to make sure there is a physician available to analyze your specimen. We generally have doctors here Monday thru Friday, 9am to 4pm. After you drop off your specimen and the physician analyses it, we will call if it is positive. If it is negative, you will receive a post card in the mail. **You must bring in your two samples within five years. Samples brought in after five years post procedure will need to schedule an appointment.**



After you have had two negative semen samples in a row, 2-3 weeks apart, you no longer need another form of birth control. Having recanalization or sperm in the semen after two negative semen samples is extremely rare, but it is possible. You may check a semen sample at our office at any time after your two required checks. Keep in mind that a vasectomy does not protect you from sexually transmitted diseases.

If you change your mind about having children, a vasectomy can be reversed. This procedure, a vasovasostomy, is where the two ends of the vas deferens are sewn back together. This procedure requires a general anesthetic, is expensive and almost never covered by insurance. The success rates for successful pregnancy after a vaso are generally low so if you wish to store sperm in a sperm bank prior to your vasectomy, you will need to have that arranged.

POSSIBLE RISKS AND COMPLICATIONS

1. Internal bleeding in scrotum. This usually occurs the night of surgery and would include excessive swelling and large black and blue area in the scrotum. If the skin of the scrotum looks shiny or it loses all the wrinkles, please call our office.
2. Infection can occur at the site of the incision which is signified by fevers, chills, drainage or increased pain.
3. Recanalization of the vas deferens can occur either early or late. This happens when one end of the vas deferens leaks sperm out between all the obstructions and gets back into the other end of the vas deferens. This will be detected by your semen sample after surgery and is rare. It can happen even after two negative sperm samples, but this is very rare. It is important for you to return your semen samples to our office to make sure they are negative. This is the only way we can determine the success of the procedure. If sperm is found in the semen sample after an appropriate length of time and number of ejaculations, then we recommend that you have the vasectomy repeated in order to achieve sterilization. Initial failure rate is 1 in 1,000, late failure in 1 in 10,000.



4. Pain in the testicles and scrotum is to be expected for 2-3 days. It may sometimes last as long as 2-3 weeks. You should notify your doctor if the pain last longer than 5 days or is not steadily improving. Usually this pain is caused by inflammation in the testicles after a vasectomy. Rarely chronic pain in the testicles can occur and may last several years. Other procedures such as vasectomy reversal may be needed, but this is rare.
5. Other health problems have been attributed to vasectomies, but there is no conclusive evidence. This includes a link to prostate cancer, although many studies have found this not to be true.

COSTS

All financial arrangements for your vasectomy must be made prior to the procedure.

My signature confirms that I have read and understand the above information

Patient Signature

Date

Advanced Urologic Associates | 816-251-5100

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12330 Metcalf Ave., Suite 500A, Overland Park, KS 66213

**Saint Luke's**

Actron	Dabigatran	Halfprin	Permole	Vicoprofen
Advil	Dalteparin	Heparin	Persantine	Vimovo
Aggrenox	Damason-P	Ibuprofen	Persistin	Vitamin E
Aleve	Darvon	Indocin	Piroxicam	Voltaren
Alka-Seltzer	Dasin	Indomethacin	Plavix	Warfarin
Anacin	Daypro	Ketoprofen	Pletal	Xarelto
Anaprox	DHC plus	Ketorolac	Ponstel	Zipor
Anexsia-w/Code	Dia-Gesic	Liquirin	Pradaxa	Zorpin
Anodynol	Diclofenac	Lodine	Prevacid with Naprapac	
Ansaid	Dipyridamole	Lortab	Presalin	
A.P.C.	Disalcid	Lovenox	Profen	
Apixiban	Dolabid	Magnaprin	Relafen	
Arixtra	Dolprin #3	Marnal	Rivaroxaban	
Arthrotec	Doxaphene	Measurin	Robaxisal	
A.S.A.	Dristan	Meclofenamate	Roxiprin	
Ascripin	Easprin	Mefenamic	Rufen	
Aspergum	Ecotrin	Meloxicam	Salsalate	
Aspirin	Effient	Meprobamate	Salet	
Axotal	Eliquis	Methocarbamol w/ASA	Salocol	
B-A-C	Emagrin Forte	Micrainin	Soma Compound	
Bayer	Empirin	Midol	Sprix nasal spray	
Bexophene	Enoxaprin	Mobic	St. Joseph	
Bextra	Equagesic	Momentum	Sulindac	
Brilinta	Equazine	Motrin	Supac	
Buffered Aspirin	Etodolac	Nabumetone	Synalgos-DC	
Buffaprin	Excedrin	Naprelan	Talwin	
Bufferin	Feldene	Naprapac	Ticagrelor	
Buffinol	Fenoprofen	Naprosyn	Ticlopidine	
Cama Arthritis Strength	Fiogesic	Naproxen	Ticlid	
Cataflam	Fiorgen PF	Norgesic	Tolectin	
Celebrex	Fiorinal	Nuprin	Tolmetin	
Celecoxib	Fish Oil	Orudis	Toradol	
Cheracol Capsules	Fragmin	Oruvail	Trental	
Cilostazol	4 Way Cold Tablets	Oxaprozin	Trigesic	
Clinoril	Garlic	Pabalate	Trilisate	
Clopidogrel	Gemnisyn	P-A-C	Ultraprin	
Combunox	Genacote	Pentoxifylline	Uni-Pro	
			Vanguish	
Congespirin	Ginko	Percodan		

I have not taken any blood thinners, aspirin, or medications that contain aspirin in the past 7 days.

Signature _____

Date _____

Witness _____

Date _____

The **Advanced Urologic Associates** are now offering our patients with a safe and effective way to control discomfort and anxiety during urologic diagnostic and therapeutic procedures in the clinical setting. Introducing the **PRO-NOX™ Nitrous Oxide Delivery System.**

How PRO-NOX™ Works

PRO-NOX™ is an inhaled analgesia controlled by the patient during urologic procedures. You breathe in the oxygen and nitrous oxide mixture and it takes effect in minutes, offering you immediate relief from pain and anxiety and allowing for quick recovery. Additionally, this non-addictive alternative for pain management can delay or eliminate the need for other pain medications.

Benefits of PRO-NOX™

The many benefits of using PRO-NOX™ during urologic procedures include:

- Patient control- You are empowered to respond to your body's own discomfort when you need to.
- Quick Effect Onset- Immediate relief from pain and anxiety.
- Quick Effect Offset- The nitrous oxide clears the body within minutes.
- Driving- You will need a driver to and from your procedures.

Procedures with PRO-NOX™

PRO-NOX™ can help you relax during almost any urologic procedure, including, but not limited to: Cystoscopy, Prostate biopsy, UroLift, Rezūm, Xiaflex injections, Testosterone pellet implantation, Vasectomy, Circumcision and any other urological procedure with pain or anxiety!

Fee for the PRO-NOX™ Service

The fee to obtain nitrous oxide via the PRO-NOX™ system is \$75.00. This fee will be due prior to receiving the nitrous oxide. Please note-we will NOT bill your insurance for this service.

Locations

We currently offer PRO-NOX™ at our Independence location. Coming soon to our Saint Luke's East and Saint Luke's South locations. **Please call ahead to schedule your procedure with PRO-NOX™.**

