

August 2026

60+ Dine – Meal Site Menu



Saint Luke's
Allen County
Regional Hospital

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 BBQ meatballs Scalloped potatoes Creamed peas Side garden salad Cornbread	4 Beef taco salad w/ tortilla chips Lettuce, tomato & onion Shredded cheese Refried beans SEKAAA onsite 11 a.m.-1 p.m.	5 Chicken Kiev Au gratin potatoes Pickled beets Side garden salad Half-slice bread	6 Chicken alfredo Steamed broccoli Side garden salad Garlic toast	7 Tater tot casserole Green beans Choice of salad Half-slice bread	8
9	10 Parmesan chicken Penne pasta Bermuda blend veg. Side garden salad Garlic toast	11 Salisbury steak Mashed potato w/ gravy Carrot coins Side garden salad Half-slice bread	12 BBQ pulled pork on bun Tater tots Roasted Brussels sprouts Side garden salad	13 Meatloaf Baby bakers Cauliflower w/ cheese Side garden salad Half-slice bread	14 Chicken salad sandwich Baked potato chips Broccoli salad	15
16	17 Lasagna California blend veg. Side garden salad Garlic toast	18 Fire-roasted pork loin Roasted sweet potatoes Prince Edward veg. Side garden salad Half-slice bread	19 Open-faced roast beef sandwich Mashed potato w/gravy Green beans Side garden salad	20 Chicken cordon bleu Loaded potatoes Garden peas Side garden salad Half-slice bread	21 Goulash Italian blend Side garden salad Garlic toast	22
23	24 Chicken tenders Mashed potato w/gravy Bermuda blend veg. Side garden salad Half-slice bread	25 Pork tenderloin Mashed potato w/gravy Carrot coins Side garden salad Half-slice bread	26 Cheeseburger on bun Lettuce, tomato, onion & pickle Potato salad Baked beans	27 BBQ chicken thigh Scalloped potatoes Green beans Side garden salad Half-slice bread	28 Steak fingers Mashed potato w/gravy Mixed vegetables Side garden salad Half-slice bread	29
30	31 BBQ meatballs Scalloped potatoes Creamed peas Side garden salad Cornbread	60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m. 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). Participants must be present to scan their 60+ Dine meal card. Program meals are for dine-in service only. SEKAAA representatives are onsite the first Tuesday of each month from 11 a.m.-1 p.m. to answer questions, accept new applications and donations, and add account meals. For questions about program rules or to learn more, call SEKAAA at 620-431-2980 or visit: SEKAAA.com/60-Dine.				

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: SaintLukesKC.org/60Dine.