

July 2026

60+ Dine – Meal Site Menu



Saint Luke's
Allen County
Regional Hospital

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m. 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). Participants must be present to scan their 60+ Dine meal card. Program meals are for dine-in service only. For questions about program rules or to learn more, call SEKAAA at 620-431-2980 or visit: sekaaa.com/60-dine.			1 Cheeseburger on bun Lettuce, tomato, onion & pickle Potato salad Baked beans	2 BBQ chicken thigh Scalloped potatoes Green beans Side garden salad Half-slice bread	3 Fourth of July observed No 60+ Dine meal 	4
5	6 Salmon patty Scalloped potatoes Creamed peas Side garden salad Cornbread	7 Beef taco salad w/ tortilla chips Lettuce, tomato & onion Shredded cheese Refried beans	8 Chicken Kiev Au gratin potatoes Pickled beets Side garden salad Half-slice bread	9 Chicken alfredo Steamed broccoli Side garden salad Garlic toast	10 Tater tot casserole Green beans Choice of salad Half-slice bread	11
12	13 Parmesan chicken Penne pasta Bermuda blend veg. Side garden salad Garlic toast	14 Salisbury steak Mashed potato w/ gravy Carrot coins Side garden salad Half-slice bread	15 BBQ pulled pork on bun Tater tots Roasted Brussels sprouts Side garden salad	16 Meatloaf Baby bakers Cauliflower w/ cheese Side garden salad Half-slice bread	17 Chicken salad sandwich Baked potato chips Broccoli salad	18
19	20 Lasagna California blend veg. Side garden salad Garlic toast	21 Fire-roasted pork loin Roasted sweet potatoes Prince Edward veg. Side garden salad Half-slice bread	22 Open-faced roast beef sandwich Mashed potato w/gravy Green beans Side garden salad	23 Chicken cordon bleu Loaded potatoes Garden peas Side garden salad Half-slice bread	24 Goulash Italian blend Side garden salad Garlic toast	25
26	27 Chicken tenders Mashed potato w/gravy Bermuda blend veg. Side garden salad Half-slice bread	28 Pork tenderloin Mashed potato w/gravy Carrot coins Side garden salad Half-slice bread	29 Cheeseburger on bun Lettuce, tomato, onion & pickle Potato salad Baked beans	30 BBQ chicken thigh Scalloped potatoes Green beans Side garden salad Half-slice bread	31 Steak fingers Mashed potato w/gravy Mixed vegetables Side garden salad Half-slice bread	

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: saintlukeskc.org/60dine.