

May 2026

60+ Dine – Meal Site Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m.</p> <p>60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). Participants must be present to scan their 60+ Dine meal card. Program meals are for dine-in service only.</p> <p>For questions about program rules or to learn more, call SEKAAA at 620-431-2980 or visit: sekaa.com/60-dine.</p>					<p>1 Goulash Italian blend Side garden salad Garlic toast</p>	<p>2</p>
<p>3</p>	<p>4 Chicken tenders Mashed potato w/gravy Bermuda blend veg. Side garden salad Half-slice bread</p>	<p>5 Pork tenderloin Mashed potato w/gravy Carrot coins Side garden salad Half-slice bread</p>	<p>6 Cheeseburger on bun Lettuce, tomato, onion & pickle Potato salad Baked beans</p>	<p>7 BBQ chicken thigh Scalloped potatoes Green beans Side garden salad Half-slice bread</p>	<p>8 Steak fingers Mashed potato w/gravy Mixed vegetables Side garden salad Half-slice bread</p>	<p>9</p>
<p>10</p>	<p>11 Salmon patty Scalloped potatoes Creamed peas Side garden salad Cornbread</p>	<p>12 Beef taco salad w/ tortilla chips Lettuce, tomato & onion Shredded cheese Refried beans</p>	<p>13 Chicken Kiev Au gratin potatoes Pickled beets Side garden salad Half-slice bread</p>	<p>14 Chicken alfredo Steamed broccoli Side garden salad Garlic toast</p>	<p>15 Tater tot casserole Green beans Choice of salad Half-slice bread</p>	<p>16</p>
<p>17</p>	<p>18 Parmesan chicken Penne pasta Bermuda blend veg. Side garden salad Garlic toast</p>	<p>19 Salisbury steak Mashed potato w/ gravy Carrot coins Side garden salad Half-slice bread</p>	<p>20 BBQ pulled pork on bun Tater tots Roasted Brussels sprouts Side garden salad</p>	<p>21 Meatloaf Baby bakers Cauliflower w/ cheese Side garden salad Half-slice bread</p>	<p>22 Chicken salad sandwich Baked potato chips Broccoli salad</p>	<p>23</p>
<p>24</p>	<p>25 BBQ pork chop Baked potato California blend veg. Side garden salad Half-slice bread</p>	<p>26 Fire-roasted pork loin Roasted sweet potatoes Prince Edward veg. Side garden salad Half-slice bread</p>	<p>27 Open-faced roast beef sandwich Mashed potato w/gravy Green beans Side garden salad</p>	<p>28 Chicken cordon bleu Loaded potatoes Garden peas Side garden salad Half-slice bread</p>	<p>29 Goulash Italian blend Side garden salad Garlic toast</p>	<p>30</p>

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: saintlukeskc.org/60dine.