# April 2026

## 60+ Dine – Meal Site Menu

BJC Health | Saint Luke's Allen County Regional Hospital

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m.<br><br>**60+ DINE REMINDERS:**<br>60+ Dine meals are for dine-in service only.<br>Program participants must be present to scan their 60+ Dine meal card.<br>For questions about program rules, call SEKAAA at 620-431-2980. | | | **1**<br>Open-faced roast beef sandwich<br>Mashed potato w/gravy<br>Green beans<br>Side garden salad | **2**<br>Chicken cordon bleu<br>Loaded potatoes<br>Garden peas<br>Side garden salad<br>Half-slice bread | **3**<br>Goulash<br>Italian blend<br>Side garden salad<br>Garlic toast | **4** |
| **5** | **6**<br>Chicken tenders<br>Mashed potato w/gravy<br>Bermuda blend veg.<br>Side garden salad<br>Half-slice bread | **7**<br>Pork tenderloin<br>Mashed potato w/gravy<br>Carrot coins<br>Side garden salad<br>Half-slice bread | **8**<br>Cheeseburger on bun<br>Lettuce, tomato, onion & pickle<br>Potato salad<br>Baked beans | **9**<br>BBQ chicken thigh<br>Scalloped potatoes<br>Green beans<br>Side garden salad<br>Half-slice bread | **10**<br>Steak fingers<br>Mashed potato w/gravy<br>Mixed vegetables<br>Side garden salad<br>Half-slice bread | **11** |
| **12** | **13**<br>Salmon patty<br>Scalloped potatoes<br>Creamed peas<br>Side garden salad<br>Cornbread | **14**<br>Beef taco salad w/ tortilla chips<br>Lettuce, tomato & onion<br>Shredded cheese<br>Refried beans | **15**<br>Chicken Kiev<br>Au gratin potatoes<br>Pickled beets<br>Side garden salad<br>Half-slice bread | **16**<br>Chicken alfredo<br>Steamed broccoli<br>Side garden salad<br>Garlic toast | **17**<br>Tater tot casserole<br>Green beans<br>Choice of salad<br>Half-slice bread | **18** |
| **19** | **20**<br>Parmesan chicken<br>Penne pasta<br>Bermuda blend veg.<br>Side garden salad<br>Garlic toast | **21**<br>Salisbury steak<br>Mashed potato w/ gravy<br>Carrot coins<br>Side garden salad<br>Half-slice bread | **22**<br>BBQ pulled pork on bun<br>Tater tots<br>Roasted Brussels sprouts<br>Side garden salad | **23**<br>Meatloaf<br>Baby bakers<br>Cauliflower w/ cheese<br>Side garden salad<br>Half-slice bread | **24**<br>Chicken salad sandwich<br>Baked potato chips<br>Broccoli salad | **25** |
| **26** | **27**<br>Lasagna<br>California blend veg.<br>Side garden salad<br>Garlic toast | **28**<br>Fire-roasted pork loin<br>Roasted sweet potatoes<br>Prince Edward veg.<br>Side garden salad<br>Half-slice bread | **29**<br>Open-faced roast beef sandwich<br>Mashed potato w/gravy<br>Green beans<br>Side garden salad | **30**<br>Chicken cordon bleu<br>Loaded potatoes<br>Garden peas<br>Side garden salad<br>Half-slice bread | 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA).<br><br>**To learn more, call SEKAAA at 620-431-2980 or visit: sekaaa.com/60-dine.** | |

**All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.**

**Find our 60+ Dine menu online: saintlukeskc.org/60dine.**