

Regular Breakfast Menu

No diet restrictions

Drink offerings

Coffee (reg or decaf)*

Iced Tea*

Chamomile Tea

Lemonade

2% Milk

Shasta Lemon Lime (reg or diet)

Shasta Cola (reg or diet)*

Skim Milk

Orange Juice

Apple Juice

Cranberry Juice

Vanilla Soy Milk

**Patients with caffeine restrictions cannot have these beverages.*

Other drinks may be available upon request.
(Subject to caffeine restrictions)

Order cutoff times:

Breakfast: 5 a.m.

Lunch: 9 a.m.

Dinner: 3 p.m.

If you don't call to order your meal prior to the cutoff time, you will receive a tray, but will not be able to make selections.

Additional options are available, please ask when placing your order.

Sunday

Scrambled Eggs

Wheat Toast

Cheerios®

Pears

Monday

Cheese or Vegetable Omelet

Potatoes

Blueberry Muffin

Peaches

Tuesday

Scrambled Eggs

Turkey Bacon

Wheat Toast

Cheerios®

Pineapple

Wednesday

Pancakes or French Toast

Turkey Sausage

Fresh Orange

Thursday

Scrambled Eggs

Turkey Bacon

Oatmeal

Wheat Toast

Peaches or Applesauce

Friday

Scrambled Eggs

Potatoes

Turkey Sausage

Wheat Toast

Pineapple or Banana

Saturday

Pancakes or French Toast

Turkey Sausage

Cantaloupe or Fruit Cup

Cheerios®