

Hemodialysis Lunch Menu

Low-sodium, low-phosphorus, low-potassium diet
with either high or low protein

Drink offerings

Coffee (reg or decaf)*	Shasta Cola (reg or diet)*
Iced Tea*	Skim Milk
Chamomile Tea	Orange Juice
Lemonade	Apple Juice
2% Milk	Cranberry Juice
Shasta Lemon Lime (reg or diet)	Vanilla Soy Milk

*Patients with caffeine restrictions cannot have these beverages.

Other drinks may be available upon request.
(Subject to caffeine restrictions)

Order cutoff times:

Breakfast: 5 a.m.

Lunch: 9 a.m.

Dinner: 3 p.m.

If you don't call to order your meal prior to the cutoff time, you will receive a tray, but will not be able to make selections.

Additional options are available, please ask
when placing your order.

Sunday

1st Choice (standard): Pot Roast w/ Brown Gravy & Veg
Pasta w/ Gravy
Green Beans
Fruit Cocktail

2nd Choice: Salmon
Carrots
Peaches

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Angel Food Cake
Lemon Italian Ice

Monday

1st Choice (standard): Pork Loin
White Rice
Carrots
Applesauce

2nd Choice: Hamburger
Chicken Noodle Soup
Corn
Pears
Side Salad

Alt Choice: Caesar Salad
White Dinner Roll
Angel Food Cake
Lemon Italian Ice

Tuesday

1st Choice (standard): Meatloaf
Pasta w/ Beef Gravy
Broccoli, Cauliflower, Carrots
Peaches

2nd Choice: Turkey Sandwich
Carrots
Applesauce

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Apple Crisp
Lemon Italian Ice

Wednesday

1st Choice (standard): Hamburger
Chicken Noodle Soup
Broccoli
Mandarin Oranges

2nd Choice: Chicken Sandwich
Applesauce

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Angel Food Cake
Lemon Italian Ice

Thursday

1st Choice (standard): Turkey Breast
Pasta w/ Chicken Gravy
Broccoli, Cauliflower, Carrots
Fruit Cocktail

2nd Choice: Salmon
White Rice
Carrots
Pears

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Apple Crisp
Lemon Italian Ice

Friday

1st Choice (standard): Meatloaf
Pasta w/ Gravy
Corn
Peaches

2nd Choice: Chicken Salad Sandwich
Side Salad
Cauliflower
Fruit Cocktail

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Angel Food Cake
Lemon Italian Ice

Saturday

1st Choice (standard): Chicken Breast
White Rice
Green Beans
Pineapple

2nd Choice: Turkey Sandwich
Broccoli, Cauliflower, Carrots
Pears

Alt Choice: Hamburger
Caesar Salad
White Rice
White Dinner Roll
Angel Food Cake
Lemon Italian Ice