

# Hemodialysis Dinner Menu

Low-sodium, low-phosphorus, low-potassium diet  
with either high or low protein

## Drink offerings

Coffee (reg or decaf)*	Shasta Cola (reg or diet)*
Iced Tea*	Skim Milk
Chamomile Tea	Orange Juice
Lemonade	Apple Juice
2% Milk	Cranberry Juice
Shasta Lemon Lime (reg or diet)	Vanilla Soy Milk

\*Patients with caffeine restrictions cannot have these beverages.

Other drinks may be available upon request.

(Subject to caffeine restrictions)

## Order cutoff times:

Breakfast: 5 a.m.

Lunch: 9 a.m.

Dinner: 3 p.m.

**If you don't call to order your meal prior to the cutoff time, you will receive a tray, but will not be able to make selections.**

Additional options are available, please ask when placing your order.

## Sunday

**1st Choice (standard):** Hamburger on Bun  
Broccoli  
Peaches  
Side Salad (no tomato)

**2nd Choice:** Turkey Breast  
Pasta  
Carrots  
Peaches

**Alt Choice:** Caesar Salad  
White Rice  
White Dinner Roll  
Apple Crisp  
Lemon Italian Ice

## Monday

**1st Choice (standard):** Chicken Marsala  
Pasta w/ Beef Gravy  
Broccoli, Cauliflower, Carrots  
Peaches  
Side Salad

**2nd Choice:** Saint Luke's Salad  
Chicken Noodle Soup  
Peaches

**Alt Choice:** Caesar Salad  
White Rice  
White Dinner Roll  
Angel Food Cake  
Lemon Italian Ice

## Tuesday

**1st Choice (standard):** Turkey Breast  
White Rice w/ Chicken Gravy  
Carrots  
Fruit Cocktail

**2nd Choice:** Tilapia  
White Rice

**Alt Choice:** Hamburger  
Caesar Salad  
White Dinner Roll  
Angel Food Cake  
Lemon Italian Ice

## Wednesday

**1st Choice (standard):** Pot Roast w/ Gravy & Veg  
Pasta w/ Beef Gravy  
Green Beans  
Pears  
Side Salad

**2nd Choice:** Turkey Sandwich  
Chicken Noodle Soup  
Pineapple

**Alt Choice:** Hamburger  
White Rice  
Caesar Salad  
White Dinner Roll  
Angel Food Cake  
Lemon Italian Ice

## Thursday

**1st Choice (standard):** Pork Loin  
Pasta w/ Beef Gravy  
Carrots  
Peaches  
Side Salad

**2nd Choice:** Chicken Sandwich  
Peaches

**Alt Choice:** Hamburger  
White Rice  
Caesar Salad  
White Dinner Roll  
Angel Food Cake  
Lemon Italian Ice

## Friday

**1st Choice (standard):** Chicken Marsala  
Pasta w/ Beef Gravy  
Broccoli  
Pears  
Side Salad

**2nd Choice:** Salmon  
White Rice w/ Chicken Gravy

**Alt Choice:** Hamburger  
White Rice  
Caesar Salad  
White Dinner Roll  
Apple Crisp  
Lemon Italian Ice

## Saturday

**1st Choice (standard):** Pork Loin  
Pasta w/ Beef Gravy  
Broccoli, Cauliflower, Carrots  
Fruit Cocktail  
Side Salad

**2nd Choice:** Tilapia  
White Rice

**Alt Choice:** Hamburger  
White Rice  
Caesar Salad  
White Dinner Roll  
Angel Food Cake  
Lemon Italian Ice