

 Saint Luke's.

Hedrick Medical Center Community Health Needs Assessment Implementation Plan

2025-2027

◆ Hedrick Medical Center



Hedrick Medical Center CHNA Implementation Strategy

Adopted by the Hedrick Medical Center Board of Directors on October 24, 2024.

This Implementation Strategy describes how Hedrick Medical Center (HMC or the hospital) plans to address significant needs described in the Community Health Needs Assessment (CHNA) published by the hospital on October 24, 2024. See the CHNA report at [Community Health Needs Assessments & Implementation Plans | Saint Luke's Health System \(saintlukeskc.org\)](https://www.saintlukeskc.org/Community-Health-Needs-Assessments-Implementation-Plans). HMC plans to implement the initiatives described during the calendar years 2025 through 2027.

Conducting the CHNA and developing this Implementation Strategy were undertaken by the hospital to assess and address significant health needs in the community served by HMC, and in accordance with Internal Revenue Service regulations in Section 501(r) of the Internal Revenue Code.

This Implementation Strategy addresses the significant community health needs described in the CHNA report. This document identifies the significant needs the hospital plans to address through various strategic initiatives and explains why the hospital does not intend to address certain other significant needs identified in the CHNA report.

This document contains the following information:

1. About HMC
2. Definition of the Community Assessed by HMC
3. Summary of Significant Community Health Needs
4. Implementation Strategy to Address Significant Health Needs
5. Significant Community Health Needs HMC Will Not Address
6. Adoption of the Implementation Strategy by HMC's Authorized Body

1. About HMC

Hedrick Medical Center is part of [Saint Luke's](https://www.saintlukeskc.org), a faith-based, not-for-profit, aligned health system committed to providing the highest levels of excellence in compassionate health care and health-related services. With 14 hospital and campuses and more than 100 clinic locations across the Kansas City region, Saint Luke's cares for patients in 65 specialties across 67 counties in Missouri and Kansas.

Saint Luke's is the West Region of BJC Health System, one of the largest nonprofit health care organizations in the United States and the largest in the state of Missouri, serving urban, suburban, and rural communities across Missouri, southern Illinois, eastern Kansas, and the greater Midwest region. BJC operates as [BJC HealthCare](https://www.bjc.org) in its East Region.

Health Equity

The HMC CHNA report indicates that an overarching focus on advancing health equity has the best potential to improve community health. Accordingly, HMC will continue to implement initiatives focused on advancing health equity in the Saint Luke's Destination 2025 Strategic Plan and in the yearly HMC Operational Plan.

The Saint Luke's Destination 2025 Strategic Plan includes goals and objectives focused on strengthening organizational culture and investing in the healthcare workforce by implementing programs for training on unconscious bias, health inequities, diversity, inclusivity, and belonging for leadership, staff, and medical staff. HMC will use data analytics to identify and reduce disparities in patient outcomes, patient satisfaction, readmission rates, approvals for financial assistance, and collections actions. In addition, HMC will advance health equity in the communities served by increasing access, providing equitable care, and partnering with community organizations.

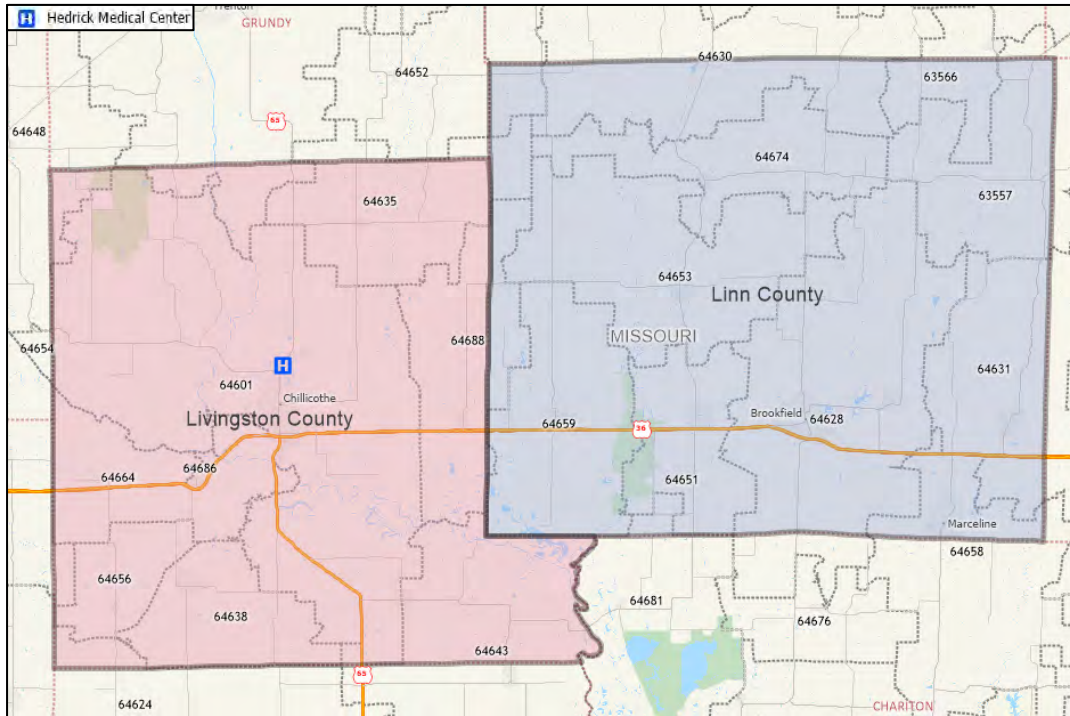
HMC will develop community health baseline measures to monitor key indicators and assess the impact of this 2025-2027 Implementation Strategy.

2. Definition of the Community Assessed by HMC

For purposes of this CHNA, HMC's community is defined as Livingston County (MO) and Linn County (MO). The community was defined by considering the geographic origins of the hospital's inpatient discharges and emergency room visits in the calendar year 2023. Livingston and Linn counties accounted for approximately 61 percent of the hospital's 2023 inpatient cases and 79 percent of emergency room visits.

The total population of the HMC community in 2020 was 25,611.

The following map portrays the community assessed by HMC and the hospital’s location within Livingston County.



Source: Caliper Maptitude, 2024

3. Significant Community Health Needs

As determined by analyses of quantitative and qualitative data, the significant health needs in the community served by Hedrick Medical Center are (presented in alphabetical order):

- Access to Health and Preventive Services, including Maternal and Child Health
- Injury and Violence
- Mental Health
- Needs of Older Adults
- Nutrition, Physical Activity, and Chronic Conditions
- Social Drivers of Health
- Substance Use and Tobacco

The CHNA report for HMC describes each of the above community health needs and why they were determined to be significant.

4. Implementation Strategy to Address Significant Health Needs

This Implementation Strategy describes how HMC plans to address the significant community health needs identified in the 2024 CHNA report. A committee consisting of HMC and Saint Luke’s staff and leadership reviewed findings in the CHNA report and identified significant

community health needs that the hospital intends and does not intend to address during calendar years 2025 through 2027.

As part of that decision-making process, the committee considered criteria such as:

- Whether the need is being addressed by other organizations;
- The extent to which the hospital has expertise or competencies to address the need;
- The availability of resources and evidence-based interventions needed to address the need effectively;
- The frequency with which stakeholders identified the need as a significant priority; and
- The potential for collaborations with other community organizations to help address the issue.

By applying these criteria, HMC determined that it will implement initiatives to address all seven of the significant community health needs identified by the CHNA process.

The following pages describe the actions HMC intends to implement to address each of the significant needs, identifies the resources the hospital plans to commit, and any planned collaborations between the hospital and other organizations.

Access to Health and Preventive Services, including Maternal and Child Health

To address this need, HMC will implement the following initiatives:

- Continue providing access to care by operating the rural health clinic and by providing financial assistance for eligible community members.
- Continue improving access to health coverage by assisting patient enrollment in Missouri Medicaid, health insurance, and medication assistance programs.
- Continue supporting community and health department partnerships to promote maternal, infant, and child health.
- Continue to provide and optimize telehealth services for staff and students in area schools.
- Continue to provide sports physicals in area schools.
- Continue screening patients for transportation needs and referring to community resources.
- Continue providing health education through community-based programs.

Anticipated Impact:

The anticipated impact of these initiatives is improved access to compassionate, culturally appropriate healthcare and preventive services for all community members.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming

- Training, promotion, and education

Planned Collaborators:

- Chillicothe R-II School District and other educational institutions
- Community-based organizations and social service agencies
- Livingston County Health Center

Injury and Violence

To address this need, HMC will implement the following initiatives:

- Continue to participate in school-based instruction to prevent impaired driving and riding with impaired drivers amongst teens and adolescents.
- Collaborate with the HMC Foundation to support and expand the D.A.R.E. program (resist drugs, alcohol, violence, and other high-risk behaviors) in area schools.

Anticipated Impact:

The anticipated impact of these initiatives is community youth are better equipped to resist drugs, alcohol, violence, and other high-risk behaviors that may lead to injury and death.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming
- Training, promotion, and education

Planned Collaborators:

- Chillicothe R-II School District and other educational institutions
- HMC Foundation

Mental Health

To address this need, HMC will implement the following initiatives:

- Screen patients for social isolation risks and refer to appropriate community resources, including North Central Missouri Mental Health and Preferred Family Healthcare.
- Continue telehealth access to social worker and mental health resources in the emergency department.
- Participate in the Green Hills Regional Crisis Intervention Team Council and provide mental health education for first responders.
- Evaluate feasibility of screening students for mental health concerns when conducting sports physicals.

Anticipated Impact:

The anticipated impact of these initiatives is improved identification of mental health concerns and provision of referrals to appropriate mental health care and treatment services.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming
- Training, promotion, and education

Planned Collaborators:

- North Central Missouri Mental Health
- Preferred Family Healthcare
- Green Hills Regional Crisis Intervention Team Council
- Chillicothe R-II School District and other educational institutions

Needs of Older Adults

To address this need, HMC will implement the following initiatives:

- Continue connecting patients with Senior Life Solutions, a group-based mental health program, for older adults.
- Continue hosting an annual community Falls Prevention Fair.

Anticipated Impact:

The anticipated impact of these initiatives is improved health and quality of life for older adults.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming

Planned Collaborators:

- Senior Life Solutions

Nutrition, Physical Activity, and Chronic Conditions

To address this need, HMC will implement the following initiatives:

- Continue screening patients for food insecurity and refer to community resources.
- Maintain community walking trails.
- Refer patients to the Saint Luke's stroke support group.
- Continue partnerships and programs to offer nutrition education and chronic disease management.

Anticipated Impact:

The anticipated impact of these initiatives is provision of nutrition education, chronic disease

management programs, and opportunities for physical activity through community partnerships.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming
- Training, promotion, and education

Planned Collaborators:

- Community-based organizations and social service agencies

Social Drivers of Health

To address this need, HMC will implement the following initiatives:

- Screen at least 80% of hospital and ambulatory patients for SDOH related needs, including transportation and provide referrals to community-based resources.
- Maintain and refer to the Find Help database, a community-based resource list, including food, housing, transit, education, financial, and legal services available in the region.

Anticipated Impact:

The anticipated impact of these initiatives is improved connection to resources and assistance for SDOH related needs.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming

Planned Collaborators:

- Community-based organizations and social service agencies

Substance Use and Tobacco

To address this need, HMC will implement the following initiatives:

- Continue collecting unused medications through community-based drop boxes and collection services.
- Screen patients for tobacco and substance use and provide education and referrals to cessation and treatment programs.
- Collaborate with the HMC Foundation to support and expand the D.A.R.E. program (resist drugs, alcohol, violence, and other high-risk behaviors) in area schools.

Anticipated Impact:

The anticipated impact of these initiatives is reduced substance use and tobacco amongst

community members.

Commitment of Resources:

- Clinical and non-clinical staff time
- Resources and supplies to implement and coordinate programming

Planned Collaborators:

- Community-based organizations and social service agencies
- Chillicothe R-II School District and other educational institutions
- HMC Foundation

5. Needs HMC Will Not Address

HMC is addressing all seven significant health needs identified in its 2024 Community Health Needs Assessment (CHNA). This Implementation Strategy outlines specific initiatives set forth to address specific health needs identified in the 2024 CHNA. HMC engages in many other community benefit, preventive, and wellness activities with the goal of improving the health and wellbeing of the diverse community served.

6. Implementation Strategy Adoption

The Board of Directors for HMC reviewed and adopted this Implementation Strategy on October 24, 2024.

◆ **Contact us**

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