🟶 Saint Luke's.

# Saint Luke's South Hospital Community Health Needs Assessment

2020

◆ Saint Luke's South Hospital



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## Introduction

This Community Health Needs Assessment (CHNA) was conducted by Saint Luke's South Hospital (SLS) to identify significant community health needs and to inform development of an Implementation Strategy to address current needs.

Located in Overland Park, Kansas, SLS offers 24-hour emergency services, has a Birth & Women's Center with a Level IIIa neonatal intensive care unit (NICU), and operates the Jacobson & McElliott Diabetes & Endocrinology Center and the Goppert Breast Center. Inpatient physical rehabilitation services are housed in the Saint Luke's Rehabilitation Institute, located on the hospital's campus. The Rehabilitation Institute offers advanced therapies for people recovering from traumatic brain injuries, spinal cord injuries, or strokes.

In addition to its main campus facility, SLS also includes five Saint Luke's Community Hospitals, which offer inpatient and emergency care in local Kansas neighborhoods. Additional information about Saint Luke's South Hospital is available at: <u>https://www.saintlukeskc.org/locations/saint-lukes-south-hospital</u>.

SLS is part of the Saint Luke's Health System, which is a faith-based, not-for-profit health system committed to the highest levels of excellence in providing health care and health-related services in a caring environment. The system is dedicated to enhancing the physical, mental, and spiritual health of the diverse communities it serves. Saint Luke's Health System includes 18 hospitals and campuses across the Kansas City region, home care and hospice, behavioral health care, dozens of physician practices, a life care senior living community, and additional facilities and services. Additional information is available at: <a href="https://www.saintlukeskc.org/about-saint-lukes">https://www.saintlukeskc.org/about-saint-lukes</a>.

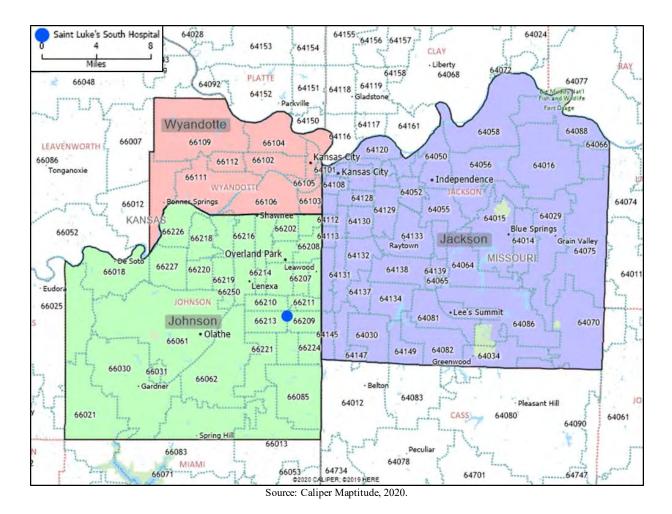
These CHNAs are conducted using widely accepted methodologies to identify the significant health needs of a specific community. The assessments also are conducted to comply with federal and state laws and regulations.

## **Community Assessed**

For purposes of this CHNA, SLS's community is defined as a three-county area that includes Johnson County, Kansas; Jackson County, Missouri; and Wyandotte County, Kansas. In calendar year 2019, the three counties accounted for approximately 76 percent of the hospital's inpatient volumes and 88 percent of emergency department visits.

The total population of the community in 2019 was 1,484,043.

The following map portrays the community served by SLS and the location of its main campus.



## **Significant Community Health Needs**

As determined by analyses of quantitative and qualitative data, an overarching focus on advancing racial and ethnic health equity, recognizing that racism has yielded measurable health disparities, has the best potential to improve community health. Within this context, significant health needs in the community served by Saint Luke's South Hospital are:

- Access to care
- COVID-19 pandemic and effects
- Mental health
- Needs of growing senior population
- Poverty and social determinants of health
- Unhealthy behaviors

## Significant Community Health Needs: Discussion

#### Access to Care

Accessing health care services is challenging for some members of the community, particularly for those who are low-income, members of racial and ethnic minorities, uninsured, and underinsured.

The per-capita supply of primary care physicians in both Jackson and Wyandotte counties is comparatively low. The supply of mental health professionals is below national averages in all three of the counties that comprise the community assessed by SLS. The federal government considers all of Wyandotte County to be a Health Professional Shortage Area (HPSA) for low-income residents seeking access to primary and dental care providers. Low-income residents of Jackson County also are a HPSA for mental health care professionals.

Community stakeholders confirmed that mental health providers are in short supply, as are primary care physicians and specialists who accept uninsured and Medicaid patients. Community representatives cited numerous other barriers to accessing health services, including poverty (and the need for resources for other basic needs such as food and rent), prevalence of uninsured people, transportation problems, poor health literacy, long wait times, and a lack of knowledge regarding available service providers. A lack of trust in the health care system affects whether and how non-White populations are accessing health services as well.

Several census tracts in and near downtown Kansas City have been designated as medically underserved. The Dignity Health Community Need Index<sup>TM</sup>, has identified a number of "high need" ZIP codes in eastern Wyandotte County and northwestern Jackson County where access barriers are likely to be most significant. These areas generally are where the percent of the population Black and/or Hispanic (or Latino) also is the highest.

All of the Community Health Assessments and Community Health Improvement Plans recently prepared by the area's local health departments identified improving access to affordable care (including primary care, dental care, and mental health care) as a priority. They indicate that access is particularly challenging for residents who are uninsured, low-income, and members of racial and ethnic minorities.

Wyandotte and Jackson counties have had a higher percentage of the population without health insurance than Kansas, Missouri, and the United States. Until recently, neither Kansas nor Missouri had implemented Medicaid expansion as enabled by the Patient Protection and Affordable Care Act (PPACA, 2020). On August 4, 2020, voters approved Medicaid expansion in Missouri. According to an analysis published by the Kaiser Family Foundation, 217,000 of Missouri's uninsured adults will now be eligible for Medicaid when the expansion becomes effective (scheduled for July 1, 2021).

Kansas now is one of the 12 remaining states that have chosen not to expand Medicaid. An estimated 87,000 uninsured adults would be eligible for Medicaid if Kansas implemented Medicaid expansion.

Recent spikes in unemployment due to the COVID-19 pandemic likely are leading to more uninsured community members.

## **COVID-19 Pandemic and Effects**

The Centers for Disease Control and Prevention (CDC) provides information, data, and guidance regarding the COVID-19 pandemic. The pandemic represents a public health emergency for the Kansas City region, the nation, and the world. In addition to contributing to severe illness and death, the pandemic also has exposed the significance of problems associated with long-standing community health issues, including racial health inequities, chronic disease, access to health services, mental health, and related issues.

Part of the CDC's work has included identifying certain populations that are most at risk for severe illness and death due to the pandemic. Based on that work, many at-risk people live in the community served by Saint Luke's South Hospital. Populations most at risk include older adults, people with certain underlying conditions, pregnant women, and members of racial and ethnic minority groups. According to the CDC, "long-standing systemic health and social inequities have put some members of racial and ethnic minority groups at increased risk of getting COVID-19 or experiencing severe illness, regardless of age." Men also are more likely to die from COVID-19 than women.

Community stakeholders stated that the CDC's findings apply to the SLS community. Interviewees and community meeting participants indicated that residents are delaying elective procedures and routine health care services and thus are not managing chronic conditions and receiving needed screening services. Residents are concerned about potential exposure to the virus if they visit health care providers. Members of racial and ethnic minorities are being "hardest hit" because they more frequently are essential workers, due to crowded living conditions, and due to the greater prevalence of underlying health problems.

The pandemic also is having serious economic impacts. Between January and May 2020, the number of people unemployed in the Kansas City area increased from 37,241 to 123,352. The rise in unemployment is likely to affect numerous health-related factors, such as access to employer-based health insurance, housing and food insecurity, and access to health services. Community stakeholders indicated that food banks and other social services agencies are experiencing unprecedented demand. Concerns also were expressed regarding the financial health of hospitals and other health care providers – several of which are spending resources to implement and enhance technologies such as telehealth capabilities.

## **Mental Health**

Poor mental health status (including depression and anxiety) was identified by a large majority of interviewees and community meeting participants as a significant concern. Contributing factors include an under-supply of providers and facilities (both inpatient and outpatient services), stress, a lack of social connectedness, trauma, Adverse Childhood Experiences, and stigma, particularly within rural areas and in minority communities.

Interviewees described youth mental health and suicide rates as significant concerns. They stated that younger people are exposed to social media and online bullying, compare themselves negatively to others, have significant stress about academic or athletic achievement, and experience challenging home-life issues.

Jackson County ranks in the bottom quartile of peer counties for the prevalence of mentally unhealthy days. All of the Community Health Assessments recently prepared by local health departments identified the need to improve mental (and behavioral) health as priorities.

#### **Needs of Growing Senior Population**

The community's population 65 years of age and older is anticipated to grow by 18.5 percent, or approximately 50,000 persons from 2019 to 2024, making the senior population the fastest growing demographic group. This trend is likely to lead to the growing demand for health services, since on an overall per-capita basis, older individuals typically need and use more services than younger persons.

Interviewees and community members identified needs of a growing senior population as a significant community health issue. Specific concerns include greater risks of severe illness and death from COVID-19, the need for resources to support aging in place and for those experiencing memory loss, falls, and poor mental health status due to isolation and financial stress.

## Poverty and Social Determinants of Health

People living in low-income households generally are less healthy than those living in more prosperous areas. In 2014-2018, approximately 20 percent of Wyandotte County residents and 15 percent of Jackson County residents lived in poverty – above Kansas and Missouri averages. Wyandotte County's poverty rate was fourth highest out of 105 Kansas counties. Jackson County ranked 70<sup>th</sup> out of Missouri's 115 counties.

At 5.6 percent, the poverty rate in Johnson County was well below the Kansas average (12.4 percent). Among Kansas counties, Johnson County ranked number 102 (the fourth lowest poverty rate in the state). While the overall poverty rate is comparatively low, stakeholders indicated that "pockets of need" and significant income disparities are present and often are overlooked.

In each of the three counties, poverty rates for Black and for Hispanic residents have been substantially higher than rates for White residents.

Many low-income census tracts can be found in the three counties. These are most prevalent in western parts of Jackson County, throughout Wyandotte County, and in Olathe in Johnson County. Most of these census tracts are where more than one-half of households are "rent burdened," are categorized as "high need" by the Dignity Health Community Need Index<sup>TM</sup>

(CNI), and are in the top quartile nationally for "social vulnerability" according to the Centers for Disease Control Social Vulnerability Index.

Crime rates in Jackson and Wyandotte counties are significantly above national averages and above rates in their peer counties. Mortality rates for homicide are also significantly above average in these counties.

Food deserts and food swamps<sup>1</sup> are present in each of the counties and are particularly prevalent in western Jackson County and eastern Wyandotte County.

The Kansas City Community Health Improvement Plan (CHIP, published in 2018) and Eastern Jackson County CHIP (also published in 2018) identified addressing social determinants of health, including education, crime, and economic opportunity as priority issues. The Kansas City Health Department Community Health Assessment highlights large education, economic, and housing-related gaps between Whites, Blacks, and Hispanic (or Latino) residents – in part due to historic racial and economic separation.

Interviewees and community meeting participants identified poverty and social determinants of health, including food insecurity, housing affordability, crime, access to transportation, access to housing, and access to educational opportunities as significant concerns. Stakeholders indicated that culturally sensitive education and programs focused on healthy eating and nutrition are needed.

## **Unhealthy Behaviors**

A variety of unhealthy behaviors are pervasive and are contributing to poor health outcomes. The three counties assessed by SLS have unfavorable rates of:

- Obesity and physical inactivity,
- Chronic diseases associated with obesity,
- Alcohol use and alcohol-induced mortality (including alcohol-impaired driving deaths),
- Tobacco use (including smoking), and
- Sexually transmitted infections (e.g., chlamydia).

For Jackson County, <u>all</u> nine (9) of the health behaviors indicators included in *County Health Rankings* benchmark unfavorably in comparison to peer counties. Seven (7) health behaviors benchmark unfavorably in Wyandotte County. Johnson County also compares unfavorably to peer counties for its food environment index, the rate of excessive drinking, and the incidence of chlamydia.

Interviewees stated that obesity is a significant concern, contributing to many chronic conditions and poor health outcomes. Youth obesity also was identified as problematic, contributing to poor health outcomes and lifestyles into adulthood. These issues were attributed to poor

<sup>&</sup>lt;sup>1</sup> Food swamps have been described as areas with a high-density of establishments selling high-calorie fast food and junk food, relative to healthier food options. See: <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5708005/</u>

nutrition and access to healthy foods, physical inactivity (caused by lack of safe exercise areas), stress, expense associated with healthy food options, and a lack of time to prepare nutritious meals.

Community health assessments prepared by local health departments and participants in community meetings also identified many of these health behaviors as priority needs.

## **Community Definition**

This section identifies the community that was assessed by SLS. The community was defined by considering the geographic origins of the hospital's discharges and emergency room visits in calendar year 2019.

On that basis, SLS's community was defined as a three-county area that includes Johnson County, Kansas; Jackson County, Missouri; and Wyandotte County, Kansas. The community accounted for 76 percent of the hospital's 2019 inpatient volumes and 88 percent of its emergency room visits (**Exhibit 1**).

County	State	Inpatient Discharges	Percent Discharges	ER Visits	Percent ER Visits
Johnson	KS	3,972	58.2%	26,016	53.2%
Jackson	мо	950	13.9%	6,034	12.3%
Wyandotte	KS	270	4.0%	11,082	22.7%
From Com	nunity	5,192	76.1%	43,132	88.2%
Hospital <sup>-</sup>	Total	6,820	100.0%	48,901	100.0%

#### Exhibit 1: SLS Discharges and Emergency Room Visits, 2019

Source: Analysis of Saint Luke's utilization data, 2019.

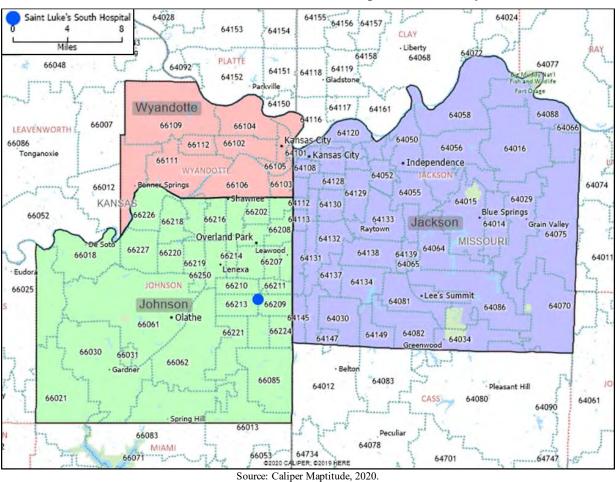
The total population of the three-county community in 2019 was approximately 1,484,000 persons (**Exhibit 2**).

County	State	Total Population 2019	Percent of Total Population 2019
Johnson	КS	604,542	40.7%
Jackson	МО	710,277	47.9%
Wyandotte	KS	169,224	11.4%
Commu	nity Total	1,484,043	100.0%

## Exhibit 2: Community Population by County, 2019

Source: Truven Market Expert, 2019.

The hospital is located in Overland Park, Kansas (Johnson County ZIP code 66213). **Exhibit 3** portrays the community and ZIP Code boundaries within the counties.



#### Exhibit 3: Saint Luke's South Hospital Community

## **Secondary Data Summary**

The following section summarizes principal observations from the secondary data analysis. *See* Appendix B for more detailed information.

## Demographics

Demographic characteristics and trends directly influence community health needs. The total population in the community is expected to grow 3.4 percent from 2019 to 2024 (approximately 50,000 persons). The population 65 years of age and older is anticipated to grow much more rapidly (by 18.5 percent, or 40,300 persons) during that time. This development should contribute to greater demand for health services, since older individuals typically need and use more services than younger persons.

The community has substantial variation in demographic characteristics (e.g., age, race/ethnicity, income levels) across the three counties.

In 2019, over one-third of the population in 16 community ZIP codes was Black. Two of these ZIP codes are in Wyandotte County and 14 are in Jackson County. In three of the Jackson County ZIP codes, over 75 percent of the population was Black. These ZIP codes are associated with comparatively high poverty rates and poor health status.

The percent of the population Black was under two percent in 14 ZIP codes (eight in Johnson County, five in Jackson County, and one in Wyandotte County).

#### Socioeconomic Indicators

People living in low-income households generally are less healthy than those living in more prosperous areas. In 2014-2018, approximately 20 percent of Wyandotte County residents and 15 percent of Jackson County residents lived in poverty – above Kansas and Missouri averages (12.4 percent and 14.2 percent respectively). Wyandotte County's poverty rate was fourth highest out of 105 Kansas counties. Jackson County ranked 70<sup>th</sup> out of Missouri's 115 counties.

At 5.6 percent, the overall poverty rate in Johnson County was well below the Kansas average. Among Kansas counties, Johnson County ranked number 102 (the fourth lowest poverty rate in the state).

Poverty rates for Black and for Hispanic (or Latino) residents in each of the three community counties (and in Kansas, Missouri, and the United States) have been substantially higher than rates for White residents. Across the three counties, 8.0 percent of White residents, 24.8 percent of Black residents, and 21.6 percent of Hispanic (or Latino) residents lived in poverty.

Many low-income census tracts can be found in the three counties. Low-income tracts are most prevalent in western parts of Jackson County, throughout Wyandotte County, and in Olathe in Johnson County. Most of these census tracts are where more than one-half of households are "rent burdened," are categorized as "high need" by the Dignity Health Community Need Index<sup>TM</sup> (CNI), and are in the top quartile nationally for "social vulnerability" according to the Centers for Disease Control Social Vulnerability Index.

The CNI is calculated for every ZIP code in the United States. The median score for the U.S. is 3.0, and ZIP codes are assigned to five categories ranging from "Lowest Need" (scores of 1.0 to 1.7) to "Highest Need" (scores ranging from 4.2 to 5.0). At 4.3 (weighted by the population of each ZIP code), the weighted average CNI score for Wyandotte County is well above the U.S. median and indicates that a significant portion of the population lives in "highest need" ZIP codes.

Between 2015 and early 2020, unemployment rates in the Kansas City Metropolitan Statistical Area and the United States fell significantly. However, due to the COVID-19 pandemic, unemployment has risen substantially in recent months (from 3.3 percent in January 2020 to 11.0 percent in May). Between January and May, the number of people unemployed in the Kansas City area increased from 37,241 to 123,352. The rise in unemployment is likely to affect numerous health-related factors, such as access to employer-based health insurance, housing and food insecurity, and access to health services.

Crime rates in Jackson and Wyandotte counties are significantly above national averages and above rates in their peer counties.

Wyandotte and Jackson counties have had a higher percentage of the population without health insurance than Kansas, Missouri, and the United States. A June 2012 Supreme Court ruling provided states with discretion regarding whether or not to expand Medicaid eligibility. In 2018, the average uninsured rate in states that expanded Medicaid was 7.7 percent; the average rate in states that did not expand Medicaid was 14.6 percent.

On August 4, 2020, voters approved Medicaid expansion in Missouri. According to an analysis published by the Kaiser Family Foundation, 217,000 of Missouri's uninsured adults will now be eligible for Medicaid when the expansion becomes effective (scheduled for July 1, 2021).

Kansas now is one of the 12 remaining states that have chosen not to expand Medicaid. An estimated 87,000 uninsured adults would be eligible for Medicaid if Kansas implemented Medicaid expansion.

Recent spikes in unemployment likely are leading to more uninsured community members.

## Other Local Health Status and Access Indicators

In the 2019 County Health Rankings and for overall health outcomes:

- Johnson County ranked 1<sup>st</sup> (out of 105 counties in Kansas) and Wyandotte County ranked 99<sup>th</sup>.
- Jackson County ranked 60<sup>th</sup> (out of 114 counties and one independent city in Missouri).

Johnson County ranked in the bottom quartile among counties for four (4) of the 41 indicators assessed (9.8 percent), Jackson County for 12 of the indicators (29.3 percent), and Wyandotte County for 30 of the indicators (73.2 percent). The per-capita supply of primary care physicians and dentists is particularly problematic in Wyandotte County. The supply of mental health providers, crime rates, and chlamydia rates are comparatively unfavorable in each of the counties.

*Community Health Status Indicators* (CHSI) compares indicators for each county with those for peer counties across the United States. Each county is compared to 30 to 35 of its peers, which are selected based on socioeconomic characteristics such as population size, population density, percent elderly, per-capita income, and poverty rates. In CHSI, Johnson County compares unfavorably to peer counties for 11 of the 34 benchmark indicators (32 percent), and both Jackson and Wyandotte counties compare unfavorably for 27 of the 34 indicators (79 percent). Collectively, the three counties rank in the bottom quartile of their peers for indicators including:

- Years of potential life lost
- Percent of adults who smoke
- Percent of adults obese

- Food environment index
- Chlamydia rate
- Teen birth rate
- Primary care physicians per capita
- Rate of preventable Medicare hospitalizations
- High school graduation rate and percent of residents with some college
- Children in poverty and percent of children in single-parent households
- Rate of violent crime

Other secondary data from the Missouri Department of Health and Senior Services, the Centers for Disease Control, the Health Resources and Services Administration, the United States Department of Agriculture, have been assessed. Based on an assessment of available secondary data, the indicators presented in **Exhibit 4** appear to be most significant in the SLS community.

An indicator is considered *significant* if it was found to vary materially from a benchmark statistic (e.g., an average value for Missouri, for peer counties, or for the United States). For example, 20.5 percent of Jackson County's adults smoke; the average for peer counties is 14.4 percent. The last column of the exhibit identifies where more information regarding the data sources can be found in this report.

# Exhibit 4: Significant Indicators

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Indicator	Area	Value	Value	Area	Exhibit
Years of potential life lost	Jackson County	8,758	6,032	Peer counties	29
	Wyandotte County	9,230	7,795	Peer counties	29
65+ Population change, 2019-2024	Community counties	18.5%	3.4%	Community, Total	8
Poverty rate, 2014-2018	Jackson County	15.2%	14.1%	United States	13
	Wyandotte County	20.1%	14.1%	United States	13
Percent of children in poverty	Jackson County	20.7%	16.1%	Peer counties	29
	Wyandotte County	24.6%	20.1%	Peer counties	29
	Johnson County	13.9%	4.7%	Johnson County, White	14
Poverty rate, Black, 2014-2018	Jackson County	26.0%	9.9%	Jackson County, White	14
	Wyandotte County	27.6%	15.7%	Wyandotte County, White	14
Poverty rate, Hispanic (or Latino), 2014-2018	Jackson County	25.3%	9.9%	Jackson County, White	14
Unemployed people, March 2020	Kansas City MSA	37,241	123,352	Kansas City MSA, May 2020	16
Percent uninsured	Wyandotte County	18.5%	7.7%	Medicaid expansion states	17
Percent rented households rent burdened	Top quartile ZIP codes	56.0%	50.2%	United States	20
Community Need Index <sup>™</sup>	Jackson County	3.4	3.0	United States median	21
	Wyandotte County	4.3	3.0	United States median	21
Violent crime rate per 100,000	Jackson County	941.4	448.4	Peer counties	29
	Wyandotte County	703.9	387.6	Peer counties	29
Percent adults who smoke	Jackson County	20.5%	14.4%	Peer counties	29
	Wyandotte County	23.0%	17.2%	Peer counties	29
Percent adults obese	Jackson County	32.8%	25.5%	Peer counties	29
	Wyandotte County	38.8%	31.4%	Peer counties	29
Chlamydia rate per 100,000	Jackson County	812.2	586.4	Peer counties	29
	Wyandotte County	804.3	631.6	Peer counties	29
Percent driving deaths with alcohol involvement	Jackson County	36.2%	28.7%	Peer counties	29
Percent binge plus heavy drinking	Johnson County	20.0%	18.0%	United States	28
Homicide mortality rate per 100,000	Jackson County	18.1	8.3	Missouri	31
	Wyandotte County	18.9	4.5	Kansas	31
Diabetes mortality rate per 100,000	Wyandotte County	31.7	21.1	Kansas	31
Suicide mortality rate per 100,000	Jackson County	16.7	15.7	Missouri	31
Mortality rate per 100,000 due to chronic conditions, Black	Missouri	653.6	530.9	Missouri, White	34
Ratio of population to primary care physicians	Jackson County	1,281:1	1,070:1	Peer counties	29
	Wyandotte County	2,374:1	1,602:1	Peer counties	29
Ratio of population to mental health providers	Johnson County	451:1	440:1	United States	28
Preventable Medicare hospitalizations rate per	Jackson County	5,346	4,101	Peer counties	29
100,000 Medicare enrollees	Wyandotte County	6,102	5,023	Peer counties	29
Asthma ER visits per 1,000 under 18, Black	Jackson County	32.2	3.7	Jackson County, White	37
Mothers using tobacco during pregnancy	Jackson County	10.3%	6.5%	United States	36
Teen birth rate per 1,000 aged 15-19	Jackson County	36.0	22.0	Peer counties	29
	Wyandotte County	54.3	26.6	Peer counties	29
Prenatal care began first trimester	Jackson County	65.9%	71.4%	Missouri	37
Prenatal care began first trimester, Black	Jackson County	54.6%	74.7%	Jackson County, White	37
	Johnson County	11.4	3.4	Johnson County, White	37
Infant deaths per 1,000, Black	Jackson County	16.8	7.5	Jackson County, White	37
	Wyandotte County	11.6	5.0	Wyandotte County, White	37
Air pollution (average daily particulate matter)	Jackson County	10.4	8.6	United States	28

Source: Verité Analysis.

When community health data are arrayed by race and ethnicity, significant differences are observed, in particular for:

- Infant mortality,
- Percent of women beginning prenatal care in the first trimester,
- Emergency room visits due to asthma (for children under 18),
- Mortality rates due to chronic conditions,
- Rates of obesity and smoking, and
- Uninsured rates.

These differences indicate the presence of racial and ethnic health inequities and disparities.

## **Ambulatory Care Sensitive Conditions**

Ambulatory Care Sensitive Conditions (ACSCs) include thirteen health conditions (also referred to as Prevention Quality Indicators (PQIs)) "for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease."<sup>2</sup> Among these conditions are: diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

Analyses conducted for this CHNA indicate that discharges for ACSCs are comparatively high from SLS and from Jackson and Wyandotte counties.

## Food Deserts

The U.S. Department of Agriculture's Economic Research Service identifies census tracts that are considered "food deserts" because they include lower-income persons without supermarkets or large grocery stores nearby. Food deserts are present in each of the counties assessed by SLS and are most prevalent in western parts of Jackson County and eastern parts of Wyandotte County.

## **Medically Underserved Areas and Populations**

Medically Underserved Areas and Populations (MUA/Ps) are designated by the Health Resources and Services Administration based on an "Index of Medical Underservice." Several census tracts in and near downtown Kansas City have been designated as medically underserved.

## Health Professional Shortage Areas

A geographic area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is present.

<sup>&</sup>lt;sup>2</sup>Agency for Healthcare Research and Quality (AHRQ) Prevention Quality Indicators.

- Many census tracts in western Jackson County (in and near downtown Kansas City) have been designated as primary care and dental care HPSAs and the county's entire low-income population has been designated as a mental health professional HPSA.
- The low-income population of Wyandotte County also has been designated as primary care and dental care HPSAs.

## CDC COVID-19 Prevalence and Mortality Findings

The Centers for Disease Control and Prevention (CDC) provides information, data, and guidance regarding the COVID-19 pandemic. The pandemic represents a public health emergency for the Kansas City region, the nation, and the world. The pandemic also has exposed the significance of problems associated with long-standing community health issues, including racial health inequities, chronic disease, access to health services, mental health, and related issues.

Part of the CDC's work has included identifying certain populations that are most at risk for severe illness and death due to the pandemic. Based on that work, many at-risk people live in the community served by Saint Luke's South Hospital. Populations most at risk include:

- Older adults;
- People with certain underlying medical conditions, including cancer, chronic kidney disease, COPD, obesity, serious heart conditions, diabetes, sickle cell disease, asthma, hypertension, immunocompromised state, and liver disease;
- People who are obese and who smoke;
- Pregnant women; and,
- Black, Hispanic (or Latino), and American Indian or Alaska Native persons.

According to the CDC, "long-standing systemic health and social inequities have put some members of racial and ethnic minority groups at increased risk of getting COVID-19 or experiencing severe illness, regardless of age."

## **Findings of Other CHNAs**

Local health departments recently conducted Community Health Assessments and developed Community Health Improvement Plans (CHIPs). This CHNA has integrated the findings of that work.

The issues most frequently identified as *significant* in these other assessments are (presented in alphabetical order):

- Access to care
- Alcohol and substance (drug) abuse
- Access to health insurance coverage
- Chronic disease prevention
- Educational achievement and opportunity
- Health inequities and disparities
- Mental health and access to mental health services

- Obesity, physical inactivity, and nutrition
- Poverty and problems with social determinants of health, particularly in certain neighborhoods and areas
- Safe and affordable housing
- Violent crime and violence prevention

The Community Health Assessment (CHA) dashboard published and maintained by the Kansas City Missouri Health Department highlights how there is a 17-year difference in life expectancy for certain Kansas City communities that are only three miles apart. The gap in life expectancy between Blacks and Whites has increased since 2005, and gaps between women and men persist.

According to that CHA, racism is the key driver behind these disparities.<sup>3</sup> Kansas City has a history of racism and segregation that contributes to disparities in health outcomes, and social and economic inequities.

## **Primary Data Summary**

Primary data were gathered through key stakeholder interviews and online meetings. Four community meetings relevant to SLS were conducted: one focused on Johnson County, one focused on Jackson County, one focused on Wyandotte County, and a final one focused on the Kansas City region. Another meeting was held with SLS staff members. Interviews were conducted by phone and meetings were conducted by online video conferences.

See Appendix C for information regarding those who participated in the community input process.

## Key Stakeholder Interviews

Sixteen (16) interviews were conducted to learn about community health issues in the SLS community. Participants included individuals representing public health departments, social service organizations, community health centers, and similar organizations.

Questions focused first on identifying and discussing health issues in the community <u>before</u> the COVID-19 pandemic began. Interviews then focused on the pandemic's impacts and on what has been learned about the community's health given those impacts. Stakeholders also were asked to describe the types of initiatives, programs, and investments that should be implemented to address the community's health issues and to be better prepared for future risks.

Stakeholders most frequently identified the following issues as significant <u>before</u> the COVID-19 pandemic began.

<sup>&</sup>lt;sup>3</sup> See: <u>https://dashboards.mysidewalk.com/kansas-city-mo-cha-dashboard/home</u>

- Food insecurity, nutrition, and access to healthy food. Interviewees identified the inability of residents to secure healthy, affordable food as a significant issue and as a major contributor to obesity and related chronic conditions.
  - Healthy foods are comparatively expensive and are difficult to afford given other basic needs.
  - Food deserts and food swamps lead people to rely on unhealthy, fast food options.
  - Education regarding nutrition, a lack of time to cook healthy food (especially for those working multiple jobs), and a lack of transportation present barriers to healthy eating.
- **Poverty, socioeconomic issues, and basic needs.** Poverty and socioeconomic issues were one of the most commonly identified community health problems. While stakeholders in Jackson and Wyandotte counties described issues of poverty being widespread, those in Johnson County believed there were still significant pockets of need in the county that often get overlooked by county-wide statistics.

Interviewees stated that poverty has many impacts on health and wellbeing. People in poverty:

- Have inadequate resources for and access to health care services (including medications and treatment).
- Are forced to choose between spending their limited resources on basic needs and on health services.
- Experience barriers to accessing primary care, preventive care, mental health care, and other services.
- Have challenges securing safe housing, particularly in expensive areas to reside such as in Johnson County.
- **Income disparities.** Interviewees stated that income disparities between Black and White residents are prevalent and problematic.
- Lack of health insurance coverage. Many discussed how low-income and uninsured residents have difficulty accessing primary care. While low-cost clinics and FQHCs are present, interviewees stated that several are "difficult to get to," leaving residents with few primary care options.

Physicians were described as "at full capacity" and as "not accepting Medicaid," further limiting access to care for low-income residents. Insurance coverage is inadequate, due largely to both Kansas and Missouri not expanding Medicaid (as of the date that the interviews were conducted) and recent spikes in unemployment due to the COVID-19 pandemic. Hispanic (or Latino) populations were thought to be at particularly high risk due to comparatively low rates of health insurance coverage.

- Mental health. The community's poor mental health status (including depression and anxiety) was identified by many as a significant concern. Contributing factors include:
  - An under-supply of inpatient and outpatient mental health providers and facilities. Access is particularly problematic for low-income residents, including those with Medicaid. Wait times typically are long for mental health services.
  - Stress, a lack of social connectedness, trauma, and Adverse Childhood Experiences.
  - o Stigma, particularly within rural areas and in minority communities.
- **Disparities and Inequities for Black residents.** Interviewees stressed that Black residents are experiencing disproportionately poor health outcomes.
  - Comparatively high rates of infant mortality and low rates of prenatal care for Black mothers were described as evidence of serious health in equities.
  - Other health disparities and inequities for Black residents frequently were mentioned, for chronic conditions such as diabetes, obesity, and hypertension.
  - Interviewees mentioned that numerous factors contributed to these inequities and disparities for Black residents, including:
    - structural and institutional racism and policies,
    - a lack of trust in the health system leading to a lack of engagement, and
    - prevalence of socioeconomic disparities such as poverty, education, housing, healthy food access, and others.
- **Health literacy and knowledge of available resources.** Several stakeholders stated that information about healthy living is lacking for many community residents.
  - More health education resources are needed to improve community health, including knowledge focused on nutrition and cooking, the importance of physical activity, preventive health screenings and services, and other topics.
  - Many residents are unaware of available resources in the community (particularly in Johnson and Jackson counties) and "don't know where to go for help" when they are in need.
  - More community health workers, community resource navigators, and other information sources are needed for the community to achieve better health.
- Access to transportation. Access to transportation, particularly for low-income residents, is a significant barrier to optimal health in the community. While downtown

Kansas City and the urban core were described as having options, public transportation elsewhere is lacking and not going where residents may need. Interviewees stated that transportation barriers contribute to difficulties accessing doctor appointments, preventive health care services, grocery stores, and other necessary services. The issue is particularly problematic for residents of rural and suburban areas.

Interviewees also were asked to describe the impacts of the COVID-19 pandemic on providers, social service organizations, and the community. They responded as follows.

- **Telehealth expansion.** Expanded telehealth services were described as a positive development. The ability to reach patients online has expanded greatly. Many patients like the convenience as well. Interviewees expressed hope that telehealth expansion will continue, reducing travel, time, and other access barriers particularly for residents of rural communities. Adjustments to reimbursement rates and rules are needed to sustain and enhance this positive development.
- Patients deferring and delaying non-COVID-19 care. Interviewees indicated that due to the pandemic, visits to emergency rooms and for other health services have declined drastically. At the request of the Centers for Disease Control and Prevention, government officials, and other public health entities, hospitals (and their medical staffs) postponed elective surgeries and other procedures so that capacity is available to treat patients with COVID-19. Patients are reluctant to visit hospitals and physician practices due to potential exposure to the virus.

Interviewees expressed concerns that needed treatment is being delayed, such as visits for diabetes management and for cancer screenings. Patients whose treatments have been delayed are likely to present with more acute problems.

- **Highlighting inequities for Black populations.** Interviewees described Black communities as hardest hit by the pandemic, largely due to longstanding health and socioeconomic inequities. Black residents are more likely to have pre-existing conditions that put them at risk for poor outcomes due to COVID-19 and are less likely to seek care due to distrust of the health system stemming from historic racism. Interviewees stated that Black residents also are more likely to be essential employees, increasing chances of exposure.
- Economic and employment impact on residents. Interviewees also described severe and worsening economic impacts on community residents. Unemployment is rising rapidly, risking insurance coverage, housing, and access to basic needs. The pandemic is highlighting how many families are "one paycheck away" from financial devastation.
- **Impacts on providers.** Social service and health care providers also are experiencing significant challenges due to the pandemic. Hospitals are experiencing dramatic revenue losses and are needing to reduce operating expenses. Community clinics are striving to acquire telehealth and other technologies needed to serve residents effectively. Social

services (including food banks) are experiencing unprecedented levels of demand, taxing their resources and ability to serve the community.

- **Digital divide.** Interviewees also expressed concerns about impacts on low-income residents due to a digital divide since many services such as health care visits and educational opportunities are moving online. Households that are unable to afford equipment and broadband connections are being left behind.
- Worsening behavioral health. Pandemic-induced isolation and financial stress is negatively affecting mental health particularly for those living alone and for seniors. Substance abuse is increasing due to the pandemic, especially alcohol abuse.

## **Community and Internal Hospital Meetings**

From June 1 through June 19, 2020, ten online meetings were conducted across the Kansas City region to obtain community input. Six meetings were comprised of external community stakeholders in each of the five surrounding counties<sup>4</sup>, and four meetings were comprised of staff from SLS and from other Saint Luke's Health System hospital facilities.

Eighty-five (85) stakeholders participated in the six community meetings. These individuals represented organizations such as local health departments, non-profit organizations, local businesses, health care providers, local policymakers, and school systems.

The following community meetings were held with stakeholders representing the following geographies:

- Monday, June 15 Johnson County, KS
- Monday, June 15 Wyandotte County, KS
- Tuesday, June 16 Clay County, MO
- Tuesday, June 16 Platte County, MO
- Thursday, June 18 Jackson County, MO
- Friday, June 19 Kansas City Metropolitan Area

Seventy-nine (79) Saint Luke's Health System staff participated in the internal meetings. Individuals from administration, nursing, case management, social services, emergency departments, and other similar departments participated. These meetings were held with hospital staff as follows:

- Monday, June 1 Saint Luke's North Hospital
- Thursday, June 11 Saint Luke's East Hospital
- Friday, June 12 Saint Luke's Hospital of Kansas City

<sup>&</sup>lt;sup>4</sup> These counties include Clay County, MO; Jackson County, MO; Johnson County, KS; Platte County, MO; and Wyandotte County, KS.

• Friday, June 12 – Saint Luke's South Hospital

Each meeting began with a presentation that discussed the goals and status of the CHNA process and the purpose of the community meetings. Then, secondary data were presented, along with a summary of the most unfavorable community health indicators.

Meeting participants then were asked to discuss whether the identified, unfavorable indicators accurately identified the most significant community health issues and were encouraged to add issues that they believed were significant.

After discussing the needs identified through secondary data and adding others to the list, participants in each meeting were asked through an online survey process to identify "three to five" they consider to be most significant. From this process, the groups identified the following needs as most significant in the SLS community:

- Poverty rates and social determinants of health (including affordable housing, violence, educational opportunities, and others) for Black, Latino, low-income, and other at-risk residents;
- The supply of and access to mental health providers, particularly those that serve low-income and uninsured residents;
- The need to expand insurance coverage (including Medicaid) and reduce health plan restrictions on accessing providers;
- Access to affordable health care, including primary care, specialty care, and mental health care;
- Health disparities and inequities by race, ethnicity, and income levels, including for infant health and prenatal care;
- Obesity, diabetes, and other obesity-related chronic conditions;
- The needs of a growing senior population;
- The COVID-19 pandemic, its disproportional effect on Black communities, and its overall effects on household finances, employment status, and need for social services;
- The need for health care providers to enhance cultural competence and to address language barriers which can negatively affect health status;
- Mental health and suicide;
- Structural racism; and
- Establishing or enhancing trust between at-risk communities and the health care system.

This section identifies other facilities, clinics, and resources available in the Saint Luke's South Hospital community that are available to address community health needs.

## Hospitals

Exhibit 5 presents information on hospital facilities located in the community.

Name	Hospital Type	City	ZIP Code
Johnson County, KS			
AdventHealth Shawnee Mission	Accredited Long-Term Care Hospital	Shawnee Mission	66204
Children's Mercy Hospital Kansas	Accredited Long-Term Care Hospital	Overland Park	66211
Cottonwood Springs LLC	Psychiatric Hospital	Olathe	66062
Doctors Hospital LLC	Accredited Long-Term Care Hospital	Leawood	66211
Kansas City Orthopaedic Institute LLC	Non-Accredited Long-Term Care Hospital	Leawood	66211
KPC Promise Hospital of Overland Park	Accredited Long-Term Care Hospital	Overland Park	66212
KPC Promise Skilled Nursing Facility of Overland Park	Long Term Care Unit	Overland Park	66212
Meadowbrook Rehabilitation Hospital	Accredited Specialty Hospital	Gardner	66030
Menorah Medical Center	Accredited Long-Term Care Hospital	Overland Park	66209
MidAmerica Rehabilitation Hospital	Accredited Specialty Hospital	Overland Park	66211
Minimally Invasive Surgery Hospital	Accredited Long-Term Care Hospital	Lenexa	66219
Olathe Medical Center	Accredited Specialty Hospital	Olathe	66061
Overland Park Regional Medical Center	Accredited Long-Term Care Hospital	Overland Park	66215
Pinnacle Regional Hospital, Inc	Accredited Long-Term Care Hospital	Boonville	65233
Rehabilitation Hospital of Overland Park	Accredited Specialty Hospital	Overland Park	66207
Saint Luke's South Hospital	Accredited Long-Term Care Hospital	Overland Park	66213
The Bariatric Center Of Kansas City, LLC	Accredited Specialty Hospital	Lenexa	66227
Jackson County, MO		•	•
Center for Behavioral Medicine	Psychiatric Hospital	Kansas City	64108
Centerpoint Medical Center	General Acute Care Hospital	Independence	64057
Children's Mercy Hospital	General Acute Care Hospital	Kansas City	64108
Crittenton Children's Center	Psychiatric Hospital	Kansas City	64134
Lee's Summit Medical Center	General Acute Care Hospital	Lee's Summit	64063
Research Medical Center	General Acute Care Hospital	Kansas City	64132
Research Medical Center - Brookside Campus	General Acute Care Hospital	Kansas City	64131
Research Psychiatric Center	Psychiatric Hospital	Kansas City	64130
Saint Luke's East Hospital	General Acute Care Hospital	Lee's Summit	64086
Saint Luke's Hospital Of Kansas City	General Acute Care Hospital	Kansas City	64111
St. Joseph Medical Center	General Acute Care Hospital	Kansas City	64114
St. Mary's Medical Center	General Acute Care Hospital	Blue Springs	64014
Truman Medical Center - Hospital Hill	General Acute Care Hospital	Kansas City	64108
Truman Medical Center - Hospital Hill 2 Center	General Acute Care Hospital	Kansas City	64108
Truman Medical Center Lakewood	General Acute Care Hospital	Kansas City	64139
Wyandotte County, KS			
Providence Medical Center	Accredited Long-Term Care Hospital	Kansas City	66112
Select Specialty Hospital-Kansas City	Accredited Specialty Hospital	Kansas City	66112
University of Kansas Hospital	Accredited Long-Term Care Hospital	Kansas City	66103
University of Kansas Hospital Transplant Center	Accredited Long-Term Care Hospital	Kansas City	66160

## Exhibit 5: Hospitals Located in Community, 2020

 University of Kansas Hospital Transplant Center
 Accredited Long-Term Care Hospital
 Kansas City

 Source: Kansas Department of Health and Environment, 2020; Missouri Department of Health and Senior Services, 2020.

#### **Federally Qualified Health Centers**

Federally Qualified Health Centers (FQHCs) are established to promote access to ambulatory care in areas designated as "medically underserved." These clinics provide primary care, mental health, and dental services for lower-income members of the community. FQHCs receive enhanced reimbursement for Medicaid and Medicare services and most also receive federal grant funds under Section 330 of the Public Health Service Act. There currently are 32 FQHC sites operating in the community (**Exhibit 6**).

Name	Address	City	ZIP Code
Johnson County, KS			
Health Partnership Clinic - Merriam Park Elementary School	6100 Mastin St	Shawnee	66203
Health Partnership Clinic - Olathe East High School	14545 W 127th St	Olathe	66062
Health Partnership Clinic - Olathe North High School	600 E Prairie St	Olathe	66061
Health Partnership Clinic, Inc.	9119 W 74th St Ste 210	Shawnee Mission	66204
Health Partnership Clinic, Inc.	407 S Clairborne Rd Ste 104	Olathe	66062
Safehome	PO Box 4563 Overland Park	Overland Park	66204
Jackson County, MO			
Compass Health, Inc.	901 NE Independence Ave	Lees Summit	64086
Hope Family Care Center, 3027 Prospect Ave., Kansas City, MO			
64128	3027 Prospect Ave	Kansas City	64128
Kansas City CARE Clinic	3515 Broadway Blvd	Kansas City	64111
Kansas City CARE Clinic	1106 E 30th St Ste B	Kansas City	64109
Kansas City CARE Clinic	2340 E Meyer Blvd STE 200	Kansas City	64132
Kansas City CARE Clinic	4601 Independence Ave	Kansas City	64124
Live Well Community Health Center - Buckner	324 S Hudson St	Buckner	64016
Mobile Medical Clinic	3801 Blue Pkwy	Kansas City	64130
Samuel U. Rodgers Health Center - East	2100 E 9th St	Kansas City	64124
Samuel U. Rodgers Health Center Blue Springs School District	1501 NW Jefferson St	Blue Springs	64015
Samuel U. Rodgers Health Center Cabot Westside	2121 Summit St	Kansas City	64108
Samuel U. Rodgers Health Center Downtown Campus	825 Euclid Ave	Kansas City	64124
Samuel U. Rodgers Health Center J.A. Rogers Family Dental	6400 E 23rd St	Kansas City	64129
Swope Health East	17844 E 23rd St S	Independence	64057
Swope Health Independence	11320 E Truman Rd	Independence	64050
Swope Health Services - Central	3801 Blue Pkwy	Kansas City	64130
Swope Health Services - Hickman Mills	8800 Blue Ridge Blvd Ste 208	Kansas City	64138
Wyandotte County, KS			
Southwest Boulevard Family Health Care Sevices of Greater			
Kansas Clty	340 Southwest Blvd	Kansas City	66103
Swope Health Services - Wyandotte	21 N 12th St Ste 400	Kansas City	66102
Swope Health West	6013 Leavenworth Rd	Kansas City	66104
Vibrant Health - Argentine	1428 S 32nd St Ste 100	Kansas City	66106
Vibrant Health - Argentine Middle School	2123 Ruby Ave	Kansas City	66106
Vibrant Health - Central	21 N 12th St Ste 300	Kansas City	66102
Vibrant Health - Children's Campus	444 Minnesota Ave Ste 100	Kansas City	66101
Vibrant Health - J.C. Harmon High School	2400 Steel e Rd	Kansas City	66106
Vibrant Health - Wyandotte High School	2501 Minnesota Ave	Kansas City	66102

Exhibit 6: Federally Qualified Health Centers Located in Community, 2020

Source: HRSA, 2020.

According to 2018 data published by HRSA, FQHCs in Johnson County served 19 percent of uninsured persons and 13 percent of Medicaid recipients. In Jackson County, FQHCs served 26 percent of uninsured persons and 28 percent of Medicaid recipients. In Wyandotte County, FQHCs served 33 percent of uninsured persons and 18 percent of Medicaid recipients.

Nationally, FQHCs served 22 percent of uninsured patients and 19 percent of the nation's Medicaid recipients.<sup>5</sup>

#### **Other Community Resources**

Many social services and resources are available throughout community counties and the Kansas City region to assist residents. The United Way of Greater Kansas City, covering a 23-county area in the region, maintains a database of resources to serve residents.<sup>6</sup> The United Way 2-1-1 is available 24-hours a day, seven days a week, and has resources in the following categories:

- Basic needs
- Consumer assistance and protection
- Criminal justice and legal services
- Education
- Environment and public safety
- Health care
- Income support and employment
- Individual and family life
- Mental health and substance use disorder services
- Organizational, community, and international services

Additional information about these resources and participating providers can be found at: <u>https://www.unitedwaygkc.org/get-help</u>.

In addition to United Way 2-1-1, Saint Luke's Health System maintains a Community Resource Hub to connect community members to reduced-cost and free services in their neighborhoods. The Saint Luke's Community Resource Hub contains resources for a variety of categories, including:

- Food
- Housing
- Goods
- Transit
- Health
- Money
- Care
- Education
- Work

<sup>&</sup>lt;sup>5</sup> See: <u>http://www.nachc.org/research-and-data/research-fact-sheets-and-infographics/chartbook-2020-final/</u> and <u>https://www.udsmapper.org/</u>.

<sup>&</sup>lt;sup>6</sup> The 23 counties included are as follows: In Kansas, Doniphan County, Franklin County, Johnson County, Leavenworth County, Linn County, Miami County, and Wyandotte County. In Missouri, Andrew County, Bates County, Buchanan County, Caldwell County, Cass County, Clay County, Clinton County, Dekalb County, Henry County, Jackson County, Johnson County, Lafayette County, Pettis County, Platte County, Ray County, and Saline County.

• Legal

Additional information about these resources and participating providers can be found at: <u>https://saintlukesresources.org/</u>.

## APPENDIX A – OBJECTIVES AND METHODOLOGY

# **APPENDIX A – OBJECTIVES AND METHODOLOGY**

## **Regulatory Requirements**

Federal law requires that tax-exempt hospital facilities conduct a CHNA every three years and adopt an Implementation Strategy that addresses significant community health needs.<sup>7</sup> In conducting a CHNA, each tax-exempt hospital facility must:

- Define the community it serves;
- Assess the health needs of that community;
- Solicit and take into account input from persons who represent the broad interests of that community, including those with special knowledge of or expertise in public health;
- Document the CHNA in a written report that is adopted for the hospital facility by an authorized body of the facility; and,
- Make the CHNA report widely available to the public.

The CHNA report must include certain information including, but not limited to:

- A description of the community and how it was defined,
- A description of the methodology used to determine the health needs of the community, and
- A prioritized list of the community's health needs.

## Methodology

CHNAs seek to identify significant health needs for particular geographic areas and populations by focusing on the following questions:

- *Who* in the community is most vulnerable in terms of health status or access to care?
- What are the unique health status and/or access needs for these populations?
- *Where* do these people live in the community?
- *Why* are these problems present?

The focus on *who* is most vulnerable and *where* they live is important to identifying groups experiencing health inequities and disparities. Understanding *why* these issues are present is challenging but is important to designing effective community health improvement initiatives. The question of *how* each hospital can address significant community health needs is the subject of the separate Implementation Strategy.

Federal regulations allow hospital facilities to define the community they serve based on "all of the relevant facts and circumstances," including the "geographic location" served by the hospital facility, "target populations served" (e.g., children, women, or the aged), and/or the hospital

<sup>&</sup>lt;sup>7</sup> Internal Revenue Code, Section 501(r).

## APPENDIX A – OBJECTIVES AND METHODOLOGY

facility's principal functions (e.g., focus on a particular specialty area or targeted disease)."<sup>8</sup> Accordingly, the community definition considered the geographic origins of the hospital's patients and also the hospital's mission, target populations, principal functions, and strategies.

Data from multiple sources were gathered and assessed, including secondary data<sup>9</sup> published by others and primary data obtained through community input. Input from the community was received through key stakeholder interviews and online community meetings (including a meeting conducted with internal hospital staff). Stakeholders and community meeting participants represented the broad interests of the community and included individuals with special knowledge of or expertise in public health. *See* Appendix C. Considering a wide array of information is important when assessing community health needs to ensure the assessment captures a wide range of facts and perspectives, and to increase confidence that significant community health needs have been identified accurately and objectively.

Certain community health needs were determined to be "significant" if they were identified as problematic in at least two of the following three data sources: (1) the most recently available secondary data regarding the community's health, (2) recent assessments developed by state and local health departments, and (3) input from community stakeholders who participated in the community meeting and/or interview process.

In addition, data were gathered to evaluate the impact of various services and programs identified in Saint Luke's previous CHNA process. *See* Appendix E.

## **Collaborating Organizations**

For this community health assessment, Saint Luke's South Hospital collaborated with the following Saint Luke's hospitals: Saint Luke's Hospital of Kansas City, Saint Luke's East Hospital, and Saint Luke's North Hospital. These facilities collaborated through gathering and assessing secondary data together, conducing community meetings and key stakeholder interviews, relying on shared methodologies, report formats, and staff to manage the CHNA process.

## Data Sources

Community health needs were identified by collecting and analyzing data from multiple sources. Statistics for numerous community health status, health care access, and related indicators were analyzed, including data provided by local, state, and federal government agencies, local community service organizations, and Saint Luke's Health System. Comparisons to benchmarks were made where possible. Findings from recent assessments of the community's health needs conducted by other organizations (e.g., local health departments) were reviewed as well.

<sup>&</sup>lt;sup>8</sup> 501(r) Final Rule, 2014.

<sup>&</sup>lt;sup>9</sup> "Secondary data" refers to data published by others, for example the U.S. Census and the Missouri Department of Health and Social Services. "Primary data" refers to data observed or collected from first-hand experience, for example by conducting interviews.

## APPENDIX A – OBJECTIVES AND METHODOLOGY

Input from persons representing the broad interests of the community was taken into account through key informant interviews (16 interviews) and community meetings (85 participants). Stakeholders included: individuals with special knowledge of or expertise in public health; local public health departments; hospital staff and providers; representatives of social service organizations; and leaders, representatives, and members of medically underserved, low-income, and minority populations.

Saint Luke's Health System posts CHNA reports and Implementation Plans online at <u>https://www.saintlukeskc.org/community-health-needs-assessments-implementation-plans</u>.

#### **Consultant Qualifications**

Verité Healthcare Consulting, LLC (Verité) was founded in May 2006 and is located in Arlington, Virginia. The firm serves clients throughout the United States as a resource that helps hospitals conduct Community Health Needs Assessments and develop Implementation Strategies to address significant health needs. Verité has conducted more than 60 needs assessments for hospitals, health systems, and community partnerships nationally since 2012.

The firm also helps hospitals, hospital associations, and policy makers with community benefit reporting, program infrastructure, compliance, and community benefit-related policy and guidelines development. Verité is a recognized national thought leader in community benefit and Community Health Needs Assessments.

## APPENDIX B – SECONDARY DATA ASSESSMENT

## **APPENDIX B – SECONDARY DATA ASSESSMENT**

This section presents an assessment of secondary data regarding health needs in the Saint Luke's South Hospital community. The SLS community is defined as Johnson County, Kansas; Jackson County, Missouri; and Wyandotte County, Kansas.

## **Demographics**

Exhibit 7: Change in Community P	opulation by County, 2019 to 2024
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County	State	Total Population 2019	Projected Population 2024	Percent Change 2019 - 2024
Johnson	KS	604,542	629,884	4.2%
Jackson	MO	710,277	729,993	2.8%
Wyandotte	KS	169,224	174,045	2.8%
Commu	nity Total	1,484,043	1,533,922	3.4%

Source: Truven Market Expert, 2019.

## Description

Exhibit 7 portrays the estimated population by county in 2019 and projected to 2024.

## Observations

- Between 2019 and 2024, the community's population is expected to grow by approximately 50,000 people, or 3.4 percent.
- At 4.2 percent, the population in Johnson County is expected to grow the fastest.

## APPENDIX B – SECONDARY DATA ASSESSMENT

Age/Sex Cohort	Total Population 2019	Projected Population 2024	Percent Change 2019 - 2024
0 - 17	362,681	367,953	1.5%
Female 18 - 44	266,108	267,834	0.6%
Male 18 - 44	263,765	267,885	1.6%
45 - 64	373,931	372,371	-0.4%
65+	217,558	257,879	18.5%
<b>Community Total</b>	1,484,043	1,533,922	3.4%

#### Exhibit 8: Change in Community Population by Age/Sex Cohort, 2019 to 2024

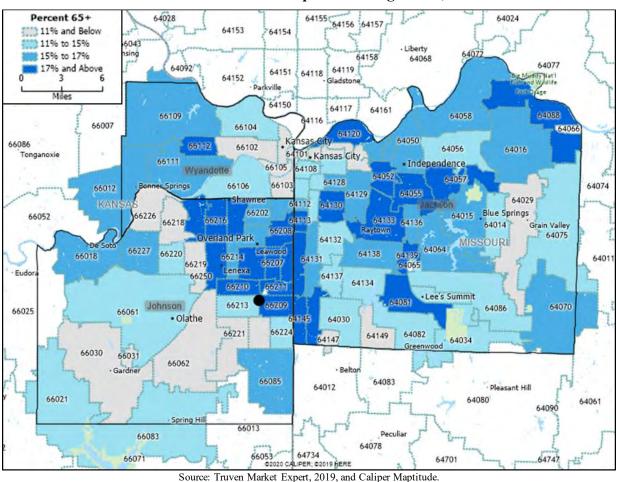
Source: Truven Market Expert, 2019.

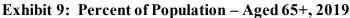
#### Description

Exhibit 8 shows the population for certain age and sex cohorts in 2019, with projections to 2024.

#### Observations

- The population 65 years and older is projected to grow much more rapidly (18.5 percent) than the total population (3.4 percent).
- The growth of older populations is likely to lead to greater demand for health services, since older individuals typically need and use more services than younger persons.

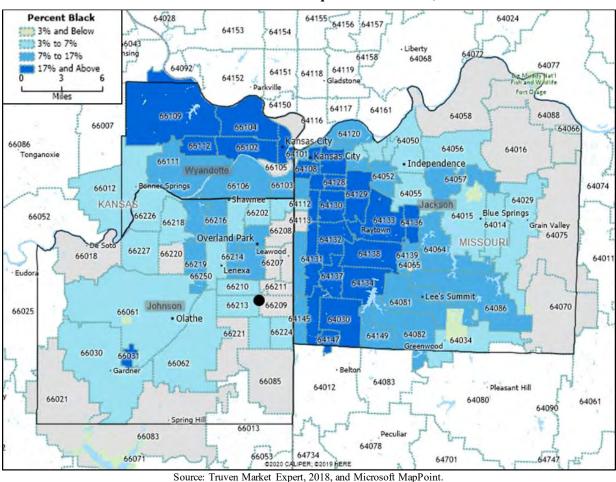




### Description

Exhibit 9 portrays the percent of the population 65 years of age and older by ZIP code. ZIP codes were sorted into quartiles and deep blue shading was assigned to ZIP codes in the quartile with the highest percentages.

- The highest percentages are in northeastern parts of Johnson County, Independence, and western areas of Jackson County.
- Jackson County ZIP code 64145 has the highest proportion (34.8 percent).

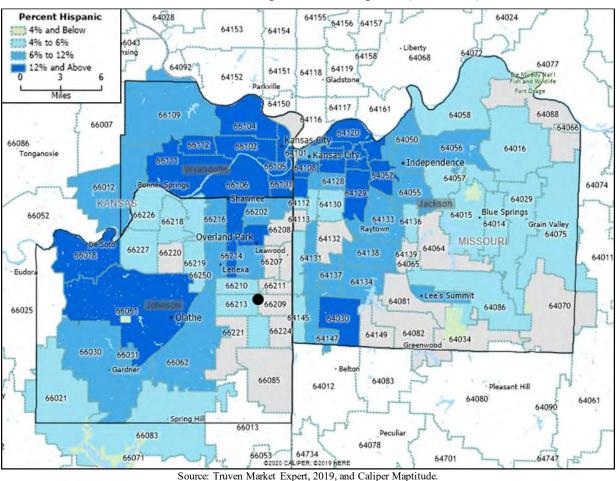


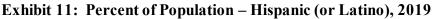


### Description

Exhibit 10 portrays the percent of the population – Black by ZIP code. ZIP codes were sorted into quartiles and deep blue shading was assigned to ZIP codes in the quartile with the highest percentages.

- In 2019, over one-third of the population in 16 community ZIP codes was Black. Two of these ZIP codes are in Wyandotte County and 14 are in Jackson County. Over 75 percent of residents were Black in three Jackson County ZIP codes: 64130, 64128, and 64132.
- The percent of the population Black was under two percent in 14 ZIP codes (eight in Johnson County, five in Jackson County, and one in Wyandotte County).





## Description

Exhibit 11 portrays the percent of the population – Hispanic (or Latino) by ZIP code. ZIP codes were sorted into quartiles and deep blue shading was assigned to ZIP codes in the quartile with the highest percentages.

## Observations

• In 2019, over 66 percent of residents in Wyandotte County ZIP codes 66105 and 66118 were Hispanic (or Latino).

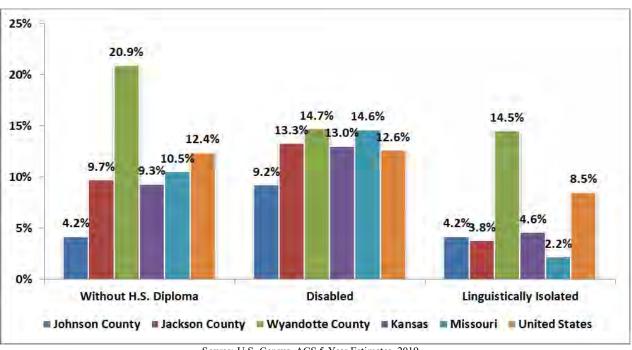


Exhibit 12: Selected Socioeconomic Indicators, 2014-2018

Source: U.S. Census, ACS 5-Year Estimates, 2019.

## Description

Exhibit 12 portrays the percent of the population (aged 25 years and above) without a high school diploma, with a disability, and linguistically isolated in the counties, Kansas and Missouri, and the United States. Linguistic isolation is defined as residents who speak a language other than English and who speak English less than "very well."

## **Observations**

In 2014-2018, Wyandotte County had a higher percentage of residents without a high • school diploma, disabled, and linguistically isolated than Kansas, Missouri, and the United States.

## **Socioeconomic indicators**

This section includes indicators for poverty, unemployment, health insurance status, crime, housing affordability, and "social vulnerability." All have been associated with health status.

#### **People in Poverty**

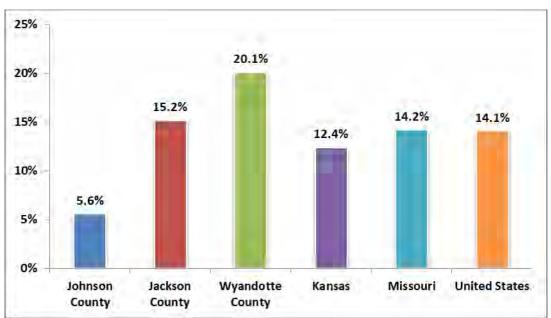


Exhibit 13: Percent of People in Poverty, 2014-2018

## Description

Exhibit 13 portrays poverty rates by county, in Kansas and Missouri, and in the United States.

- In 2014-2018, the poverty rates in Jackson and Wyandotte counties were above Kansas, Missouri, and U.S. averages.
- In 2014-2018, Wyandotte County's poverty rate was fourth highest out of 105 Kansas counties. Johnson County ranked 102 out of the 105 counties. Jackson County ranked 70<sup>th</sup> out of Missouri's 115 counties.

Source: U.S. Census, ACS 5-Year Estimates, 2019.

Area	White	Black	Asian	Hispanic (or Latino)	All Races / Ethnicities
Johnson County, KS	4.7%	13.9%	7.1%	15.9%	5.6%
Jackson County, MO	9.9%	26.0%	20.4%	25.3%	15.2%
Wyandotte County, KS	15.7%	27.6%	27.4%	22.1%	20.1%
Community Total	8.0%	24.8%	13.6%	21.6%	11.8%
Kansas	10.9%	24.6%	14.6%	20.8%	12.4%
Missouri	12.0%	26.1%	14.7%	23.3%	14.2%
United States	11.6%	24.2%	11.5%	21.0%	14.1%

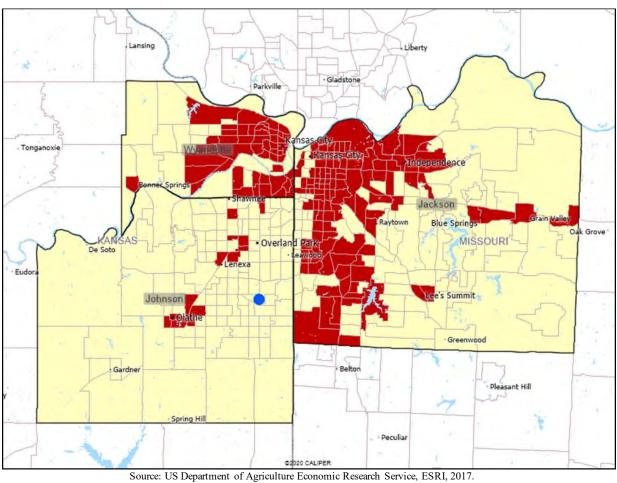
## Exhibit 14: Poverty Rates by Race and Ethnicity, 2014-2018

Source: U.S. Census, ACS 5-Year Estimates, 2019.

### Description

Exhibit 14 portrays poverty rates by race and ethnicity. Dark grey shading indicates rates 50 percent or more above the U.S-wide average (14.1 for all persons). Light grey shading indicates rates 0-50 percent above the U.S. average.

- In 2014-2018, poverty rates were higher for Black, Asian, and Hispanic (or Latino) populations than for White populations.
- In all areas presented, rates for Black and for Hispanic (or Latino) people were significantly above rates for White persons.



## Exhibit 15: Low Income Census Tracts, 2017

## Description

Exhibit 15 portrays the location of federally designated low-income census tracts.

### Observations

• In 2017, low income census tracts were concentrated in western parts of Jackson County, eastern and central Wyandotte County, and in Olathe in Johnson County.

#### Unemployment

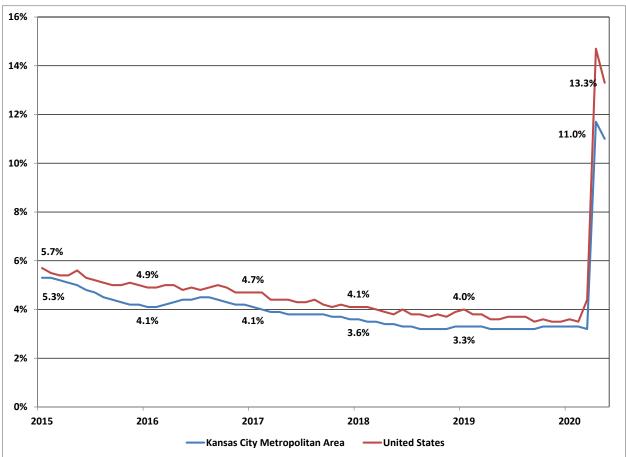


Exhibit 16: Monthly Unemployment Rates, 2015 to 2020

Source: Missouri Economic Research and Information Center, 2020.

## Description

Exhibit 16 shows monthly unemployment rates in the Kansas City Metropolitan Statistical Area and for the United States for January 2015 through May 2020.

- Unemployment rates declined steadily from 2015 through early 2020.
- Due to fallout from the COVID-19 pandemic, unemployment rates have risen substantially in recent months. According to the Missouri Economic Research and Information Center, the unemployment rate in May 2020 was 11.0 percent in the Kansas City Metropolitan Statistical Area (KCMSA), which includes areas in Missouri and Kansas.<sup>10</sup> The number of people unemployed in the KCMSA increased from 37,241 in March 2020 to 123,352 in May 2020.

<sup>&</sup>lt;sup>10</sup> Missouri Economic Research and Information Center, <u>https://meric.mo.gov/media/pdf/unemployment-rates</u>

• The rise in unemployment is likely to affect numerous health-related factors, such as access to employer-based health insurance, housing and food insecurity, and access to health services.

#### Health Insurance Status

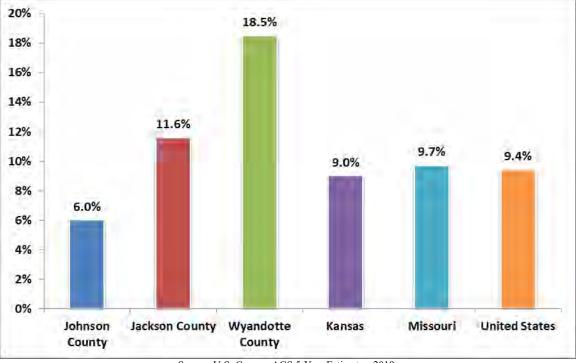


Exhibit 17: Percent of Population without Health Insurance, 2014-2018

## Description

Exhibit 17 presents the estimated percent of population without health insurance.

- Jackson and Wyandotte counties have had a higher percentage of the population without health insurance than Kansas, Missouri, and national averages. The Johnson County rate was below these averages.
- Subsequent to the ACA's passage, a June 2012 Supreme Court ruling provided states with discretion regarding whether or not to expand Medicaid eligibility. On August 4, 2020, voters approved Medicaid expansion in Missouri. According to an analysis published by the Kaiser Family Foundation, 217,000 of Missouri's uninsured adults will now be eligible for Medicaid when the expansion becomes effective (scheduled for July 1, 2021).<sup>11</sup>

Source: U.S. Census, ACS 5-Year Estimates, 2019.

<sup>&</sup>lt;sup>11</sup> <u>http://files.kff.org/attachment/Issue-Brief-The-Coverage-Gap-Uninsured-Poor-Adults-in-States-that-Do-Not-Expand-Medicaid</u>

- Kansas now is one of the 12 remaining states that have chosen not to expand Medicaid. 87,000 uninsured adults would be eligible for Medicaid if Kansas implemented Medicaid expansion.<sup>12</sup>
- According to a second analysis prepared by the Kaiser Family Foundation, the average uninsured rate in 2018 in states that expanded Medicaid was 7.7 percent. The average rate in states that did not expand Medicaid was 14.6 percent.<sup>13</sup>
- Recent spikes in unemployment likely are leading to more uninsured community members.

<sup>&</sup>lt;sup>12</sup> *Ibid*.

<sup>&</sup>lt;sup>13</sup> <u>http://files.kff.org/attachment/Issue-Brief-Key-Facts-about-the-Uninsured-Population</u>

#### **Crime Rates**

City	County	State	Violent Crime	Murder and Nonnegligent Manslaughter	Rape	Robbery	Aggravated Assault	Property Crime	Burglary	Larceny and Theft	Motor- Vehicle Theft
Lenexa	Johnson	KS	196.9	-	20.2	22.1	154.6	1,541.9	182.2	1,216.2	143.5
Overland Park	Johnson	KS	226.9	1.5	61.9	40.2	123.3	1,928.5	195.5	1,556.1	176.9
Olathe	Johnson	KS	219.2	1.4	57.5	18.7	141.6	1,406.4	105.6	1,177.8	122.9
Shawnee	Johnson	KS	250.1	4.5	37.9	21.2	186.4	1,630.7	210.7	1,198.8	221.3
Blue Springs	Jackson	MO	242.4	7.2	52.5	30.8	152.0	2,892.7	267.7	2,344.6	280.4
Independence	Jackson	MO	443.9	8.5	59.6	89.5	286.3	5,210.1	599.8	3,581.0	1,029.2
Kansas City	Jackson	MO	1,590.3	27.8	81.7	332.0	1,148.8	4,306.5	753.8	2,698.2	854.6
Lee's Summit	Jackson	MO	120.2	2.0	24.5	25.5	68.3	2,144.8	211.9	1,750.5	182.4
	Kansas		439.0	3.9	53.8	53.0	328.3	2,633.9	430.6	1,933.9	269.4
Missouri		502.1	9.9	47.5	84.8	359.8	2,647.1	444.9	1,878.8	323.4	
Ur	ited States		368.9	5.0	42.6	86.2	246.8	2,199.5	376.0	1,594.6	228.9

#### Exhibit 18: Crime Rates by Type and Jurisdiction, Per 100,000, 2018

Source: FBI, 2019.

Note: Data presented for selected cities, as available.

#### Description

Exhibit 18 provides crime statistics available from the Federal Bureau of Investigation. Light grey shading indicates rates above the United States averages; dark grey shading indicates rates more than 50 percent above the average.

### **Observations**

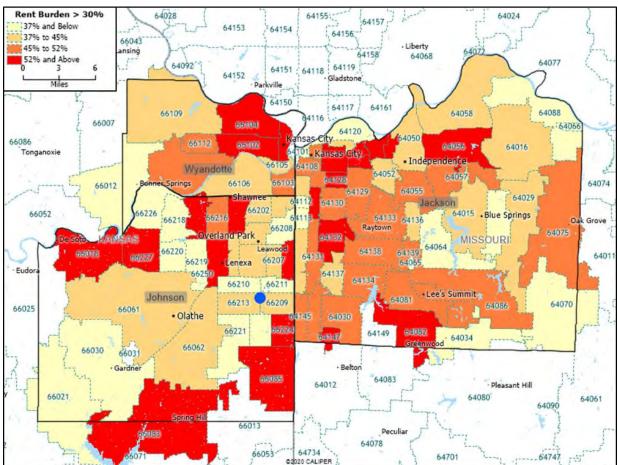
• 2018 crime rates in Kansas City, Missouri were more than 50 percent higher than United States averages for all crime types. Rates in Independence also were higher for all crime types.

#### **Housing Affordability**

Area	Occupied Units Paying Rent	Households Paying >30%	Rent Burden > 30% of Income
Johnson County, KS	67,183	27,421	40.8%
Jackson County, MO	109,955	51,730	47.0%
Wyandotte County, KS	23,444	11,711	50.0%
Community Total	200,582	90,862	45.3%
Kansas	349,851	154,418	44.1%
Missouri	728,241	332,797	45.7%
United States	40,122,372	20,141,357	50.2%

#### Exhibit 19: Percent of Rented Households Rent Burdened, 2014-2018

Source: U.S. Census, ACS 5-Year Estimates, 2019.



## Exhibit 20: Map of Percent of Rented Households Rent Burdened, 2014-2018

Source: U.S. Census, ACS 5-Year Estimates, 2019, and Caliper Maptitude.

## Description

The U.S. Department of Housing and Urban Development (HUD) has defined "rent burdened" households as those spending more than 30 percent of income on housing.<sup>14</sup> Exhibits 19 and 20 portray the percent of rented households that meet this definition. ZIP codes highlighted in red are in the top quartile for the percent of rented households rent burdened.

## Observations

As stated by the Federal Reserve, "households that have little income left after paying rent may not be able to afford other necessities, such as food, clothes, health care, and transportation."<sup>15</sup>

- In Johnson County, 41 percent of households have been designated as rent burdened, a level **below** the Kansas average. The percentage ranges from 22 to 73 percent by ZIP code. In 28 percent of the county's ZIP codes, over 50 percent of households are rent burdened.
- In Jackson County, 47 percent of households have been designated as rent burdened, a level **above** the Missouri average. The percentage ranges from 23 to 78 percent by ZIP code. In 37 percent of the county's ZIP codes, over 50 percent of households are rent burdened.
- In Wyandotte County, 50 percent of households have been designated as rent burdened, a level **above** the Kansas average. The percentage ranges from 35 to 57 percent by ZIP code. In 40 percent of the county's ZIP codes, over 50 percent of households are rent burdened.
- The percentage of rented households rent burdened was highest in ZIP codes where poverty rates and the Dignity Health Community Need Index<sup>TM</sup> (CNI) also are above average (see next section for information on the CNI).
- Housing insecurity is known to have become more problematic due to the COVID-19 pandemic.

<sup>&</sup>lt;sup>14</sup> <u>https://www.federalreserve.gov/econres/notes/feds-notes/assessing-the-severity-of-rent-burden-on-low-income-families-20171222.htm</u>

<sup>&</sup>lt;sup>15</sup> *Ibid*.

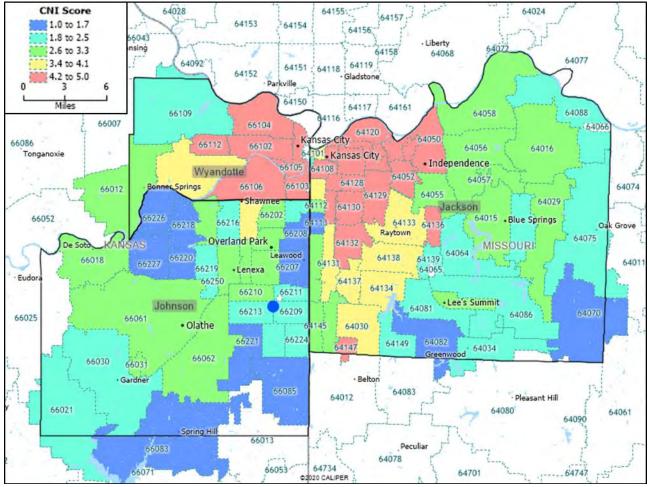
### Dignity Health Community Need Index<sup>™</sup>

#### Exhibit 21: Weighted Average Community Need Index<sup>TM</sup> Score by County, 2020

Area	CNI Score
Jackson County, MO	3.4
Johnson County, KS	2.4
Wyandotte County, KS	4.3
United States	3.0

Source: CommonSpririt Health, 2020.

Note: CNI scores weighted by the number of people living within each region.



## Exhibit 22: Community Need Index, 2020

Source: CommonSpirit Health, 2020, and Caliper Maptitude.

### Description

Exhibits 21 and 22 present *Community Need Index*<sup>TM</sup>(CNI) scores. Higher scores (e.g., 4.2 to 5.0) indicate the highest levels of community need. The index is calibrated such that 3.0 represents a U.S.-wide median score.

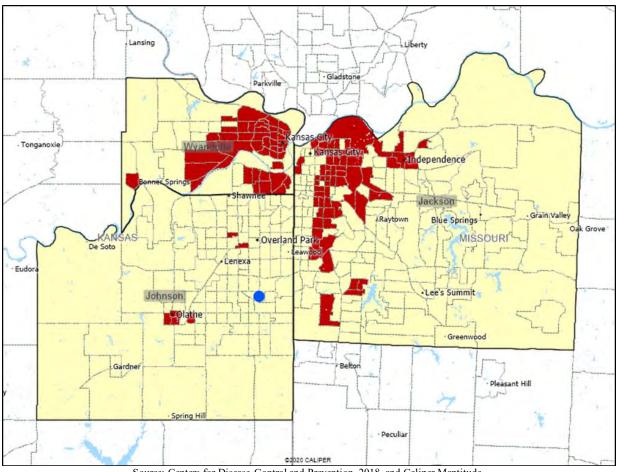
CommonSpirit Health (formerly Dignity Health) developed the CNI as a way to assess barriers to health care access. The index, available for every ZIP code in the United States, consists of five social and economic indicators:

- The percentage of elders, children, and single parents living in poverty;
- The percentage of adults over the age of 25 with limited English proficiency, and the percentage of the population that is non-White;
- The percentage of the population without a high school diploma;
- The percentage of uninsured and unemployed residents; and
- The percentage of the population renting houses.

CNI scores are grouped into "Lowest Need" (1.0-1.7) to "Highest Need" (4.2-5.0) categories.

- Twenty-seven (27) ZIP codes in the SLS community scored in the "highest need" category, mostly concentrated in and proximate to Kansas City. None of these ZIP codes are in Johnson County.
- At 4.3 (weighted by the population of each ZIP code), the weighted average CNI score for Wyandotte County is well above the U.S. median, indicating that a significant portion of the population lives in "highest need" ZIP codes.
- The weighted average score for Jackson County (3.4) also is above the U.S. median.

## Centers for Disease Control and Prevention Social Vulnerability Index (SVI)



## Exhibit 23: Socioeconomic Index – Top Quartile Census Tracts

Source: Centers for Disease Control and Prevention, 2018, and Caliper Maptitude.

## Description

Exhibits 23 through 26 are maps that show the Center for Disease Control and Prevention's Social Vulnerability Index (SVI) scores for census tracts throughout the community. Highlighted census tracts are in the top quartile nationally for different indicators on which the SVI is based.

The SVI is based on 15 variables derived from U.S. census data. Variables are grouped into four themes, including:

- Socioeconomic status; •
- Household composition;
- Race, ethnicity, and language; and
- Housing and transportation. •

Exhibits 23 through 26 highlight SVI scores for each of these themes.

Exhibit 23 identifies census tracts in the top quartile nationally for socioeconomic vulnerability.

- Census tracts with the highest levels of socioeconomic vulnerability are located in western parts of Jackson County, eastern parts of Wyandotte County, and Olathe in Johnson County.
- About 17 percent of the community's population lives in the 109 highlighted census tracts.

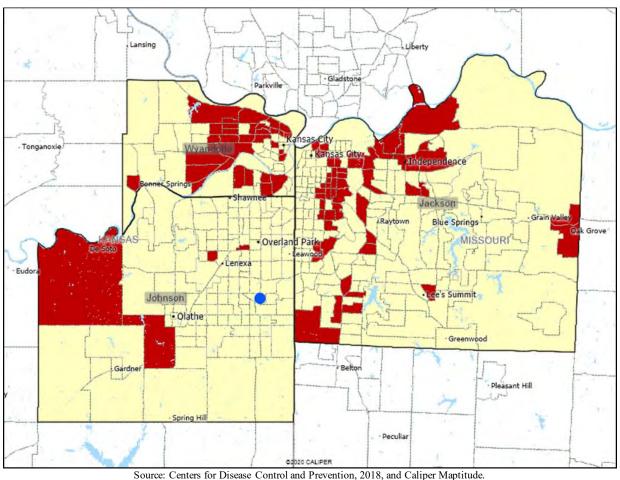


Exhibit 24: Household Composition and Disability Index – Top Quartile Census Tracts

## Description

Exhibit 24 identifies census tracts in the top quartile nationally for household composition and disability vulnerability.

- Vulnerable census tracts are located in each of the counties that comprise SLS's community.
- About 15 percent of the community's total population lives in the 87 highlighted census tracts.

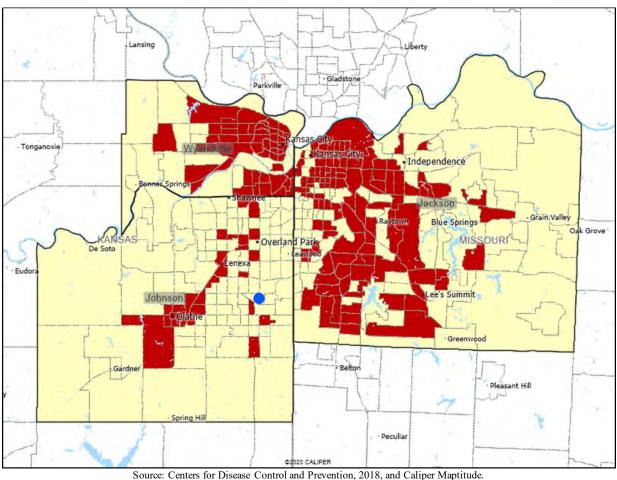


Exhibit 25: Minority Status and Language Index – Top Quartile Census Tracts

## Description

Exhibit 25 identifies census tracts in the top quartile nationally for minority status and language vulnerability.

- Vulnerable census tracts are in all three counties and are concentrated in western parts of Jackson County and eastern parts of Wyandotte County.
- About 46 percent of the community's total population lives in the 182 highlighted census tracts.

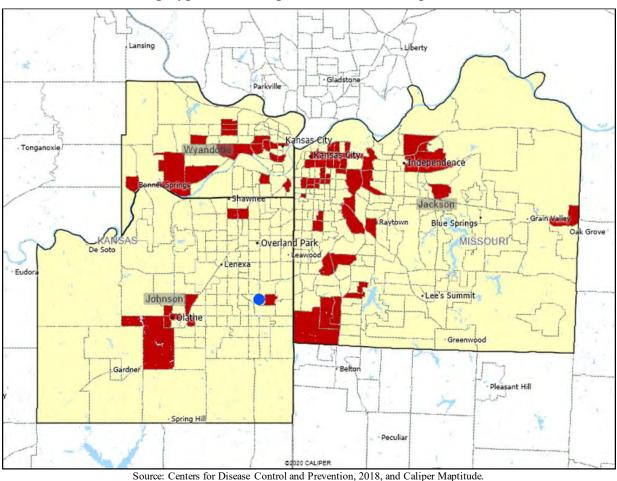


Exhibit 26: Housing Type and Transportation Index – Top Quartile Census Tracts

## Description

Exhibit 26 identifies census tracts in the top quartile nationally for housing type and transportation vulnerability.

- Census tracts considered the most vulnerable for housing and transportation issues are in each of the three counties, including in western Jackson County, in Independence, and in Olathe.
- About 18 percent of the county's total population lives in the 70 highlighted census tracts.

# **Other Health Status and Access Indicators**

## **County Health Rankings**

County, KSCounty, KSCounty, KSHealth Outcomes16099Health Factors168102Length of Life1511002Poor or fair health126103Poor or fair health days113105Poor mental health days14391Poor mental health days168102Adult smoking133105Adult smoking133105Adult smoking133105Adult obesity24798Physical inactivity22689Access to exercise opportunities1355Excessive drinking10310826Alcohol-impaired driving deaths7196722Sexually transmitted infections6311189Teen births26792Clinical Care11494Uninsured1322Primary care physicians6617669Dentists342126Mamography screening192473Social & Economic Factors133102Ingh school graduation523776Social & Economic Factors139101Income inequality529537Children in poverty133620Ingh school graduation34109104Social as	Measure	Johnson	Jackson	Wyandotte
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Alcohol-impaired driving deaths719672Sexually transmitted infections6311189Teen births26792Clinical Care11494Uninsured136100Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime371139811Injury deaths36822103Physical Environment728891103Air pollution - particulate matter9795103Driving alone to work988167	Access to exercise opportunities	1	3	5
Sexually transmitted infections6311189Teen births26792Clinical Care11494Uninsured136100Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Social associations1038797Violent crime3711398Injury deaths36822Physical Environment9795103Air pollution - particulate matter9795103Driving alone to work988167	Excessive drinking	103	108	26
Teen births26792Clinical Care11494Uninsured136100Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty1139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Driving alone to work988167	Alcohol-impaired driving deaths	71	96	72
Clinical Care11494Uninsured136100Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Social associations1038797Violent crime3711398Injury deaths36822Physical Environment9795103Severe housing problems65105103Driving alone to work988167	Sexually transmitted infections	63	111	89
Uninsured136100Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment9795103Severe housing problems65105103Driving alone to work988167	Teen births	2	67	92
Primary care physicians61769Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Clinical Care	1	14	94
Dentists4340Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime371139811Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Uninsured	1	36	100
Mental health providers111322Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Driving alone to work988167	Primary care physicians	6	17	69
Preventable hospital stays377685Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Dentists	4	3	40
Flu Vaccinations42126Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Mental health providers	11	13	22
Mammography screening192473Social & Economic Factors183102High school graduation52107104Some college111298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment9795103Severe housing problems65105103Driving alone to work988167	Preventable hospital stays	37	76	85
Social & Economic Factors183102High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Flu Vaccinations	4	21	26
High school graduation52107104Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Mammography screening	19	24	73
Some college11298Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Social & Economic Factors	1	83	102
Unemployment4070101Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	High school graduation	52	107	104
Children in poverty139101Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Some college	1	12	98
Income inequality529587Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	Unemployment	40	70	101
Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167		1	39	101
Children in single-parent households34109104Social associations1038797Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167		52	95	87
Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167	· · · · · · · · · · · · · · · · · · ·			104
Violent crime3711398Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167				
Injury deaths36822Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167				
Physical Environment728891Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167				
Air pollution - particulate matter9795103Severe housing problems65105103Driving alone to work988167				
Severe housing problems65105103Driving alone to work988167				
Driving alone to work 98 81 67				
	Long commute - driving alone	67	63	70

## Exhibit 27: County Health Rankings, 2019

Source: County Health Rankings, 2019.

## Description

Exhibit 27 presents *County Health Rankings*, a University of Wisconsin Population Health Institute initiative funded by the Robert Wood Johnson Foundation that incorporates a variety of health status indicators into a system that ranks each county/city within each state in terms of "health factors" and "health outcomes." The health factors and outcomes are composite measures based on several variables grouped into the following categories: health behaviors, clinical care,<sup>16</sup> social and economic factors, and physical environment.<sup>17</sup> *County Health Rankings* is updated annually. *County Health Rankings 2019* relies on data from 2010 to 2018. Most data are from 2013 to 2017.

The exhibit presents 2019 rankings for each available indicator category. Rankings indicate how Johnson and Wyandotte counties ranked in relation to 105 counties in Kansas, and how Jackson County ranked in relation to all 114 counties in Missouri (and the independent City of St. Louis). The lowest numbers indicate the most favorable rankings. Light grey shading indicates rankings in the bottom half of the state's counties and cities; dark grey shading indicates rankings in bottom quartile.

- In 2019, Johnson County ranked in the bottom quartile among counties for four (4) of the 41 indicators assessed (9.8 percent), Jackson County for 12 of the indicators (29.3 percent), and Wyandotte County for 30 of the indicators (73.2 percent).
- The counties most frequently ranked in the bottom quartile for the following indicators:
  - o low birthweight births,
  - o excessive drinking,
  - o sexually transmitted infections,
  - high school graduation,
  - o income inequality,
  - o children in single-parent households,
  - o social associations,
  - o violent crime,
  - o physical environment,
  - o air pollution, and
  - o severe housing problems.

<sup>&</sup>lt;sup>16</sup>A composite measure of Access to Care, which examines the percent of the population without health insurance and ratio of population to primary care physicians, and Quality of Care, which examines the hospitalization rate for a mbulatory care sensitive conditions, whether diabetic Medicare patients are receiving HbA1C screening, and percent of chronically ill Medicare enrollees in hospice care in the last 8 months of life.

<sup>&</sup>lt;sup>17</sup>A composite measure that examines Environmental Quality, which measures the number of air pollutionparticulate matter days and air pollution-ozone days, and Built Environment, which measures access to healthy foods and recreational facilities and the percent of restaurants that are fast food.

Indicator Category	Data	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Kansas	Missouri	United States
	Health Outcomes						
Length of life	Years of potential life lost before age 75 per 100,000 population	4,287	8,758	9,230	6,944	8,190	6,900
	Percent of adults reporting fair or poor health	8.9%	17.2%	21.0%	15.0%	18.5%	16.0%
Quality of life	Average number of physically unhealthy days reported in past 30 days	2.3	4.1	3.7	3.1	4.2	3.7
	Average number of mentally unhealthy days reported in past 30 days	2.7	4.4	3.7	3.3	4.4	3.8
	Percent of live births with low birthweight (<2500 grams)	6.5%	8.8%	8.4%	7.1%	8.2%	8.0%
	Health Factors						
Health Behaviors							
Adult Smoking	Percent of adults that report smoking >= 100 cigarettes and currently smoking	12.0%	20.5%	23.0%	17.2%	22.1%	17.0%
Adult Obesity	Percent of adults that report a BMI >= 30	27.2%	32.8%	38.8%	33.2%	32.2%	29.0%
Food Environment Index	Index of factors that contribute to a healthy food environment, 0 (worst) to 10 (best)	8.6	7.0	6.4	6.9	6.8	7.7
Physical Inactivity	Percent of adults aged 20 and over reporting no leisure-time physical activity	16.1%	22.3%	30.4%	23.5%	25.0%	22.0%
Access to Exercise Opportunities	Percent of population with adequate access to locations for physical activity	94.7%	91.4%	90.5%	80.4%	76.3%	84.0%
Excessive Drinking	Binge plus heavy drinking	20.0%	19.9%	14.8%	17.4%	19.5%	18.0%
Alcohol-Impaired Driving Deaths	Percent of driving deaths with alcohol involvement	29.0%	36.2%	30.0%	23.6%	29.1%	29.0%
STDs	Chlamydia rate per 100,000 population	303.5	812.2	804.3	417.6	507.0	497.3
Teen Births	Teen birth rate per 1,000 female population, ages 15-19	10.9	36.0	54.3	27.9	27.9	25.0
Clinical Care							
Uninsured	Percent of population under age 65 without health insurance	6.4%	11.5%	17.0%	9.9%	10.6%	10.0%
Primary Care Physicians	Ratio of population to primary care physicians	830:1	1,281:1	2,374:1	1,313:1	1,417:1	1,330:1
Dentists	Ratio of population to dentists	1,224:1	1,183:1	2,431:1	1,739:1	1,763:1	1,460:1
Mental Health Providers	Ratio of population to mental health providers	451:1	444:1	677:1	532:1	554:1	440:1
Preventable Hospital Stays	Hospitalization rate for ambulatory-care sensitive conditions per 100,000 Medicare enrollees	3,878	5,346	6,102	4,078	4,743	4,520
Mammography Screening	Percent of female Medicare enrollees, ages 67-69, that receive mammography screening	48.0%	43.0%	37.0%	43.0%	43.0%	41.0%
Flu Vaccinations	Percent of Medicare enrollees who receive an influenza vaccination	55.0%	46.0%	43.0%	44.0%	44.0%	45.0%

## Exhibit 28: County Health Rankings Data Compared to State and U.S. Averages, 2019

Source: County Health Rankings, 2019.

Indicator Category	Data		Jackson County, MO	Wyandotte County, KS	Kansas	Missouri	United States
	Health Factors						
Social & Economic Factors							
High School Graduation	Percent of ninth-grade cohort that graduates in four years	90.1%	88.6%	74.8%	86.5%	88.3%	85.0%
Some College	Percent of adults aged 25-44 years with some post-secondary education	84.0%	67.0%	48.1%	69.6%	66.2%	65.0%
Unemployment	Percent of population age 16+ unemployed but seeking work	3.0%	4.4%	5.2%	3.6%	3.8%	4.4%
Children in Poverty	Percent of children under age 18 in poverty	5.8%	20.7%	24.6%	14.7%	18.5%	18.0%
Income Inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	4.0	4.7	4.6	4.3	4.6	4.9
Children in Single-Parent Households	Percent of children that live in a household headed by single parent	21.0%	42.7%	46.2%	28.8%	33.2%	33.0%
Social Associations	Number of associations per 10,000 population	8.6	11.0	10.9	13.7	11.6	9.3
Violent Crime	Number of reported violent crime offenses per 100,000 population	157.0	941.4	703.9	364.5	481.2	386.0
Injury Deaths	Injury mortality per 100,000	47.3	86.0	73.5	72.5	83.0	67.0
Physical Environment							
Air Pollution	The average daily measure of fine particulate matter in micrograms per cubic meter (PM2.5) in a county	9.8	10.4	10.1	8.1	9.7	8.6
Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities	11.5%	17.1%	20.4%	13.3%	14.3%	18.0%
Driving Alone to Work	Percent of the workforce that drives alone to work	85.0%	82.7%	81.0%	82.4%	81.8%	76.0%
Long Commute – Drive Alone	Among workers who commute in their car alone, the percent that commute more than 30 minutes	23.1%	32.8%	23.7%	20.3%	31.5%	35.0%

## Exhibit 28: County Health Rankings Data Compared to State and U.S. Averages, 2019 (continued)

Source: County Health Rankings, 2019.

### Description

Exhibit 28 provides data that underlie the County Health Rankings and compares indicators to statewide and national averages.<sup>18</sup> Light grey shading highlights indicators found to be worse than the national average; dark grey shading highlights indicators more than 50 percent worse.

Note that higher values generally indicate that health outcomes, health behaviors, and other factors for a given county are unfavorable when compared to averages for the United States. However, for several indicators, lower values are more problematic, including:

- Food environment index,
- Percent with access to exercise opportunities,
- Percent receiving mammography screening,
- Percent receiving flu vaccination,
- High school graduation rate, and
- Percent with some college.

- Missouri-wide indicators are worse than U.S. averages for most indicators presented, including indicators for all health outcomes and for all health behaviors.
- The following indicators compared particularly unfavorably for the three counties collectively:
  - o Percent of driving deaths with alcohol involvement
  - o Chlamydia rate per 100,000
  - Ratio of population to mental health providers
  - o Violent crime offenses per 100,000
  - Average daily particulate matter (PM2.5)
  - Percent of the workforce that drives alone to work
- Several indicators are particularly problematic in Wyandotte County, including:
  - Ratio of population to primary care physicians, dentists, and mental health providers
  - o Chlamydia rate per 100,000
  - Teen birth rate per 1,000 female population, ages 15-19
  - o Violent crime offenses per 100,000

 $<sup>^{18}</sup>$  County Health Rankings provides details about what each indicator measures, how it is defined, and data sources at http://www.countyhealthrankings.org/sites/default/files/resources/2013Measures\_datasources\_years.pdf

#### **Community Health Status Indicators**

		Johr	son County	/, KS	Jacks	son County,	MO	Wyandotte County, KS		
Category	Indicator	Quartile	County	Peer Counties	Quartile	County	Peer Counties	Quartile	County	Peer Counties
Length of Life	Years of Potential Life Lost Rate		4,286.8	5 <i>,</i> 028.0		8,757.9	6,032.0		9,230.0	7,795.0
	% Fair/Poor Health		8.9%	12.1%		17.2%	14.5%		21.0%	17.8%
Quality of	Physically Unhealthy Days		2.3	3.0		4.1	3.4		3.7	3.8
Life	Mentally Unhealthy Days		2.7	3.3		4.4	3.7		3.7	3.9
	% Births - Low Birth Weight		6.5%	7.2%		8.8%	7.9%		8.4%	8.9%
	% Smokers		12.0%	13.6%		20.5%	14.4%		23.0%	17.2%
	% Obese		27.2%	27.7%		32.8%	25.5%		38.8%	31.4%
	Food Environment Index		8.6	8.7		7.0	8.0		6.4	7.5
Health	% Physically Inactive		16.1%	19.0%		22.3%	18.9%		30.4%	24.5%
Behaviors	% With Access to Exercise Opportunities		94.7%	87.8%		91.4%	94.5%		90.5%	86.3%
201101010	% Excessive Drinking		20.0%	19.4%		19.9%	20.2%		14.8%	17.6%
	% Driving Deaths Alcohol-Impaired		29.0%	29.3%		36.2%	28.7%		30.0%	29.7%
	Chlamydia Rate per 100,000		303.5	281.8		812.2	586.4		804.3	631.6
	Teen Birth Rate per 1,000 (aged 15-19)		10.9	13.2		36.0	22.0		54.3	26.6
	% Uninsured		6.4%	7.8%		11.5%	9.1%		17.0%	10.6%
	Ratio Population to Primary Care Physicians		830:1	1230:1		1281:1	1070:1		2374:1	1602:1
	Ratio Population to Dentists		1224:1	1753:1		1183:1	1184:1		2431:1	1436:1
Clinical	Ratio Population to Mental Health Professionals		451:1	811:1		444:1	309:1		677:1	476:1
Care	Preventable Hosp. Rate per 100,000 Medicare Enrollees		3 <i>,</i> 878.0	4,370.1		5,346.0	4,101.0		6,102.0	5,023.3
	% Mammography Screening		48.0%	41.6%		43.0%	40.5%		37.0%	39.1%
	% Flu Vaccination		55.0%	49.6%		46.0%	46.6%		43.0%	43.8%

### **Exhibit 29: Community Health Status Indicators, 2019** (Light Grey Shading Denotes Bottom Half of Peer Counties; Dark Grey Denotes Bottom Quartile)

Source: County Health Rankings and Verité Analysis, 2019.

		Johr	son County	/, KS	Jackson County, MO			Wyandotte County, KS		
Category	Indicator	Quartile	County	Peer Counties	Quartile	County	Peer Counties	Quartile	County	Peer Counties
	High School Graduation Rate		90.1%	92.7%		88.6%	84.0%		74.8%	85.5%
	% Some College		84.0%	75.9%		67.0%	72.7%		48.1%	61.8%
	% Unemployed		3.0%	3.4%		4.4%	3.8%		5.2%	4.8%
Social &	% Children in Poverty		5.8%	7.1%		20.7%	16.1%		24.6%	20.1%
Economic	Income Ratio		4.0	3.8		4.7	4.7		4.6	4.6
Factors	% Children in Single-Parent Households		21.0%	20.2%		42.7%	32.3%		46.2%	38.9%
	Social Association Rate per 10,000		8.6	7.6		11.0	9.1		10.9	8.5
	Violent Crime Rate per 100,000		157.0	157.3		941.4	448.4		703.9	387.6
	Injury Death Rate per 100,000		47.3	49.7		86.0	62.0		73.5	68.2
	Average Daily PM2.5		9.8	10.1		10.4	9.9		10.1	10.0
Physical	% Severe Housing Problems		11.5%	12.2%		17.1%	18.5%		20.4%	19.7%
Environment	% Drive Alone to Work		85.0%	81.3%		82.7%	73.6%		81.0%	80.0%
	% Long Commute - Drives Alone		23.1%	45.6%		32.8%	34.7%		23.7%	40.3%

## Exhibit 29: Community Health Status Indicators, 2019 (continued) (Light Grey Shading Denotes Bottom Half of Peer Counties; Dark Grey Denotes Bottom Quartile)

Source: County Health Rankings and Verité Analysis, 2019.

## Description

County Health Rankings has assembled community health data for all 3,143 counties in the United States. Following a methodology developed by the Centers for Disease Control's *Community Health Status Indicators* Project (CHSI), County Health Rankings also publishes lists of "peer counties," so comparisons with peer counties in other states can be made. Each county in the U.S. is assigned 30 to 35 peer counties based on 19 variables including population size, population growth, population density, household income, unemployment, percent children, percent elderly, and poverty rates.

CHSI formerly was available from the CDC. Because comparisons with peer counties (rather than only counties in the same state) are meaningful, Verité Healthcare Consulting rebuilt the CHSI comparisons for this and other CHNAs.

Exhibit 29 compares each county to its respective peer counties and highlights community health issues found to rank in the bottom half and bottom quartile of the counties included in the analysis. Light grey shading indicates rankings in the bottom half of peer counties; dark grey shading indicates rankings in the bottom quartile of peer counties. Underlying statistics also are provided.

See Appendix D for a list of peer counties.

Note that higher values generally indicate that health outcomes, health behaviors, and other factors are worse in the county than in its peer counties. However, for several indicators, lower values are more problematic, including:

- Food environment index,
- Percent with access to exercise opportunities,
- Percent receiving mammography screening,
- Percent receiving flu vaccination,
- High school graduation rate, and
- Percent with some college.

- Johnson County compares unfavorably to peer counties for 11 of the 34 benchmark indicators, and both Jackson and Wyandotte counties compare unfavorably for 27 of the 34 indicators.
- At least two of the three counties rank in the bottom quartile of peer counties for the following indicators:
  - Years of potential life lost;
  - Quality of life indicators:
    - Percent with fair or poor health

- Health behaviors indicators:
  - Percent of adults who smoke
  - Percent of adults obese
  - Food environment index
  - Chlamydia rate
  - Teen birth rate
- Clinical care indicators:
  - Primary care physicians rate (physicians per capita)
  - Preventable Medicare hospitalizations rate
- Social and economic factors indicators:
  - High school graduation rate
  - Percent with some college
  - Children in poverty
  - Percent of children in single-parent households
  - Violent crime rate
- Physical environment indicators:
  - Percent who drive alone to work

## **COVID-19 Incidence and Mortality**

Area	Cases	Deaths	Incidence Rate per 100,000	Mortality Rate per 100,000
Johnson County, KS	13,702	173	2,362.9	29.8
Jackson County, MO	22,788	293	3,347.2	43.0
Wyandotte County, KS	8,039	145	4,946.9	89.2
Community Total	44,529	611	3,128.8	42.9
Kansas	72,968	872	2,582.9	30.9
Missouri	158,101	2,590	2,676.4	43.8
United States	8,188,585	219,499	2,600.0	69.7

# Exhibit 30: COVID-19 Incidence and Mortality (As of October 20, 2020)

Source: Centers for Disease Control and Prevention, 2020.

## Description

Exhibit 30 presents data regarding COVID-19 incidence and mortality.

### Observations

• In Wyandotte County, COVID-19 cases and deaths per 100,000 are above Kansas, Missouri, and United States averages.

## **Mortality Rates**

Exhibit 31: Selected Causes of Death,	Age-Adjusted Rates per	100.000 Population 2017
Exhibit 51. Selected Causes of Death,	Age-Aujusteu Kates per	100,000 I opulation, 2017

Condition	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Kansas	Missouri
Major cardiovascular diseases	203.3	236.4	252.9	223.8	256.3
Malignant neoplasms	140.1	182.0	208.3	166.2	178.4
Diseases of heart	115.5	177.6	170.6	160.8	198.6
All other diseases	80.8	104.9	94.7	93.5	86.6
Chronic lower respiratory diseases	33.6	52.3	53.7	50.6	52.3
Malignant neoplasms of trachea, bronchus and lung	36.7	51.9	61.8	45.7	53.7
Accidents (unintentional injuries)	26.0	46.5	39.7	44.6	50.5
Heart failure	19.0	29.7	26.8	25.5	25.1
Alzheimer disease	19.5	26.8	21.9	23.5	28.4
Diabetes mellitus	11.6	21.6	31.7	21.1	20.2
Influenza and pneumonia	11.8	14.9	13.6	18.0	17.8
Pneumonia	10.8	13.9	12.2	16.6	16.8
Renal failure	12.7	22.7	23.8	16.6	18.3
Intentional self-harm (suicide)	14.0	16.7	15.7	15.5	15.7
Motor vehicle accidents	6.3	12.3	16.3	14.4	14.8
Malignant neoplasm of breast	10.4	13.7	15.7	11.3	12.5
Falls	9.1	10.1	5.9	10.8	9.5
Septicemia	7.1	12.9	14.6	10.7	11.3
Accidental poisoning and exposure to noxious substances	5.8	14.9	9.1	9.5	15.9
Parkinson disease	8.7	8.0	5.1	8.9	7.6
Chronic liver disease and cirrhosis	5.7	8.3	10.3	8.5	8.5
Alcoholic liver disease	3.1	4.4	5.1	4.6	3.7
Assault (homicide)	1.9	18.1	18.9	4.5	8.3

Source: Centers for Disease Control and Prevention, 2018.

### Description

Exhibit 31 provides age-adjusted mortality rates for selected causes of death. Light grey shading indicates rates above state averages; dark grey shading indicates rates more than 50 percent above state averages.

- Mortality rates in Johnson County are below the Kansas averages for all causes presented.
- Rates of assault (homicide) were significantly above average in Jackson and Wyandotte counties.

- The mortality rate due to diabetes was significantly higher in Wyandotte County than the Kansas average.
- In Wyandotte County, rates for 16 of the 23 causes of mortality were above average (70 percent). In Jackson County, rates for 12 of the 23 causes of mortality were above average (52 percent).

APPENDIX B – SECONDARY DATA	ASSESSMENT
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Type of Cancer	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Kansas	Missouri
All Cancer Sites Combined	137.0	177.7	200.0	164.2	175.6
Female Breast	18.6	23.0	26.0	127.0	129.2
Lung and Bronchus	34.6	50.1	57.4	44.3	52.6
Non-Hodgkin Lymphoma	4.7	5.5	6.1	20.4	18.9
Melanomas of the Skin	2.9	2.3	N/A	27.5	18.6
Prostate	17.8	20.2	25.8	18.4	17.8
Colon and Rectum	11.0	15.3	18.3	14.8	15.1
Oral Cavity and Pharynx	1.7	2.9	3.2	12.0	12.4
Pancreas	11.0	12.2	12.6	11.4	11.1
Leukemias	6.4	6.8	7.2	7.4	7.1
Ovary	5.9	5.7	6.0	6.9	6.6
Myeloma	3.3	3.8	4.9	6.4	6.5
Liver and Intrahepatic Bile Duct	4.5	7.5	9.5	5.8	6.2
Stomach	1.9	2.7	3.1	4.9	5.6
Esophagus	2.9	4.7	5.4	4.1	4.6
Corpus and Uterus, NOS	3.9	5.0	5.4	4.2	4.5
Brain and Other Nervous System	5.0	4.3	4.6	5.0	4.4
Kidney and Renal Pelvis	3.6	4.5	4.0	4.4	4.4
Urinary Bladder	4.3	4.3	4.4	4.0	4.3
Cervix	1.2	2.3	5.3	2.2	2.6

## Exhibit 32: Age-Adjusted Cancer Mortality Rates per 100,000 Population, 2012-2016

Source: Centers for Disease Control and Prevention, 2017.

## Description

Exhibit 32 provides age-adjusted mortality rates for selected forms of cancer in 2012-2016.

## Observations

• Jackson and Wyandotte counties had above average, overall cancer mortality rates.

Area	2012 Mortality Rate	2017 Mortality Rate	Percent Change 2012 - 2017
Johnson County, KS	8.3	9.5	15.0%
Jackson County, MO	15.5	18.0	16.2%
Wyandotte County, KS	11.5	12.5	8.7%
Kansas	11.0	11.4	3.7%
Missouri	15.6	22.4	42.9%
United States	13.2	21.6	63.1%

## Exhibit 33: Drug Poisoning Mortality per 100,000, 2012 and 2017

Source: Centers for Disease Control and Prevention, 2019.

## Description

Exhibit 33 provides mortality rates for drug poisoning for 2012 and 2017.

- Between 2012 and 2017, drug poisoning mortality rates increased across all three counties, but at a lower rate than in the United States.
- None of the counties reported drug poisoning mortality rates that exceeded state averages.

Condition	White	Black	Hispanic or Latino	All Races and Ethnicities in Missouri
All Chronic Conditions	530.9	653.6	265.0	540.9
All other forms of chronic ischemic heart disease	46.9	63.4	18.1	48.2
COPD excluding Asthma: Other chronic lower resp diseases	48.4	28.8	12.0	46.3
Acute myocardial infarction	45.4	48.0	17.0	45.3
Cancer of trachea/bronchus/lung	44.5	46.8	17.0	44.4
All other forms of heart disease	39.8	48.9	13.4	40.7
Stroke (cerebrovascular diseases)	36.8	55.6	24.6	38.5
Alzheimer's disease	33.1	32.5	18.6	32.9
Heart failure	29.9	24.9	7.5	29.4
Diabetes	19.6	31.9	15.3	20.8
Other and unspecified malignant neoplasms	20.0	21.9	11.0	20.3
Renal failure	17.2	35.2	9.0	18.8
Cancer of colon/rectum/anus	14.7	18.2	7.4	14.9
Hypertensive heart disease	10.1	26.1	4.7	11.7
Cancer of pancreas	11.4	13.9	3.9	11.6
Cancer of breast	9.9	16.5	4.7	10.6
Atherosclerotic cardiovascular disease (so described)	7.5	16.1	2.2	8.3
Essential hypertension	7.0	14.0	6.2	7.6
Cancer of prostate	6.6	16.0	6.8	7.4
Cancer of liver/intrahepatic bile ducts	6.3	10.8	8.0	6.9
Leukemia	6.7	5.7	2.3	6.7
Non-Hodgkin's lymphoma	5.4	4.8	7.6	5.4
Other chronic liver disease and cirrhosis	5.6	3.5	4.1	5.4

Exhibit 34: Missouri Chronic Condition Mortality Rates per 100,000, 2018

Source: Missouri Department of Health and Senior Services, 2019.

## Description

Exhibit 34 presents Missouri-wide mortality rates by race and ethnicity for a variety of chronic conditions.

- In 2008, mortality rates for Black residents were, in general, higher than rates for White and Hispanic (or Latino) residents.
- Black mortality rates for diabetes, renal failure, hypertensive heart disease, breast cancer, atherosclerotic cardiovascular disease, hypertension, prostate cancer, and liver cancer were more than 50 percent above statewide averages.

#### **Communicable Diseases**

#### Exhibit 35: Communicable Disease Incidence Rates per 100,000 Population, 2017

Measure	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Kansas	Missouri	United States
HIV diagnoses	5.5	18.4	13.8	5.0	9.8	14.0
HIV prevalence	132.9	488.5	321.0	125.0	240.5	367.7
Tuberculosis	1.5	1.3	N/A	1.2	1.6	3.2
Chlamydia	340.8	837.9	894.8	566.6	640.5	631.0
Early Latent Syphilis	2.7	12.2	18.8	8.4	8.3	12.6
Gonorrhea	97.9	450.1	375.7	189.8	256.3	205.2
Primary and Secondary Syphilis	2.7	20.9	6.7	5.6	9.9	11.3

Source: Centers for Disease Control and Prevention, 2018.

#### Description

Exhibit 35 presents incidence rates for certain communicable diseases.

- In 2017, Jackson County incidence rates for communicable diseases generally were above average. Rates of gonorrhea and syphilis were particularly high.
- In Wyandotte County, rates of chlamydia and gonorrhea also were high in comparison to state and national averages.

#### Maternal and Child Health

Measure	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Kansas	Missouri	United States
Births to Single Mothers	19.8%	49.4%	58.7%	36.4%	40.3%	40.0%
Mothers Using Tobacco During Pregnancy	2.5%	10.3%	6.9%	9.5%	13.7%	6.5%
Percent of Live Births Low Birthweight (<2,500 grams)	6.3%	9.5%	8.0%	7.4%	8.7%	9.0%
Percent of Live Births Very Low Birthweight (<1,500 grams)	0.8%	1.3%	0.5%	1.3%	1.4%	1.5%
Teen Birth Rate (Aged 15-19, per 1,000)	7.6	27.2	42.3	19.9	21.4	17.4
Teen Birth Rate (Aged 15-17, per 1,000)	2.6	12.0	17.6	7.9	8.5	7.1
Preterm Gestation Period						
< 32 Weeks	1.2%	1.4%	1.5%	1.4%	1.6%	1.6%
32-33 Weeks	1.2%	1.6%	1.2%	1.1%	1.2%	1.2%
34-36 Weeks	6.1%	8.0%	7.9%	6.9%	7.9%	7.3%

### Exhibit 36: Maternal and Child Health Indicators, 2018

Source: Centers for Disease Control and Prevention, 2019.

#### Description

Exhibit 36 provides various maternal and child health indicators and benchmarks available from the Centers for Disease Control and Prevention.

- Johnson County compares favorably to national averages for all indicators.
- Jackson and Wyandotte counties compare unfavorably to national averages for most indicators, including the percent of births to single mothers, the percent of mothers using tobacco during pregnancy, teen birth rates, and preterm births (32 weeks through 36 weeks of gestation).
- In Jackson County and in Missouri, the percent of mothers using tobacco during pregnancy was more than 50 percent above the United States average.

Indicator	All Residents	White	Black
Asthma ER Visits (per 1,000 under 18)			
Jackson County, MO	14.7	3.7	32.3
Missouri	9.2	4.1	31.7
Healthy Live Births (Percent)			
Jackson County, MO	89.2	91.8	83.7
Missouri	89.6	90.9	83.0
Care Began First Trimester (Percent)			
Jackson County, MO	65.9	74.7	54.6
Missouri	71.4	75.0	56.2
Mother Smoked During Pregnancy (Percent)			
Jackson County, MO	10.3	12.0	9.5
Missouri	13.7	15.1	10.7
Low Birth Weight (per 1,000 Live Births)			
Jackson County, MO	9.2	6.9	14.4
Missouri	8.6	7.3	14.9
Infant Deaths (per 1,000)			
Johnson County, KS	4.0	3.2	11.4
Jackson County, MO	10.5	7.5	16.8
Wyandotte County, KS	7.4	5.0	11.6
Kansas	6.1	4.9	11.5
Missouri	9.8	8.2	16.9

Exhibit 37: Maternal and Child Health Indicators by Race, 2018

## Description

Exhibit 37 provides various available maternal and child health indicators by race.

- Significant disparities are observed between indicators for Black and for White residents.
- In Jackson County, infant mortality rates, the percent of live births that were healthy, and low birth weight births have been significantly more problematic for Black mothers and families than for White populations.
- Jackson County's statistics for "care began in first trimester" compared unfavorably to Missouri averages for White, Black, and All pregnant mothers. These percentages were well below the Healthy People 2020 target of 84.8 percent.
- Per-capita emergency room visits for asthma for children under 18 have been particularly high for Black residents in Jackson County.

Source: DHSS-MOPHIMS, 2019; Kansas Health Matters, 2019.

• In Wyandotte County, infant mortality rates compared unfavorably to Kansas averages for White, Black, and All residents.

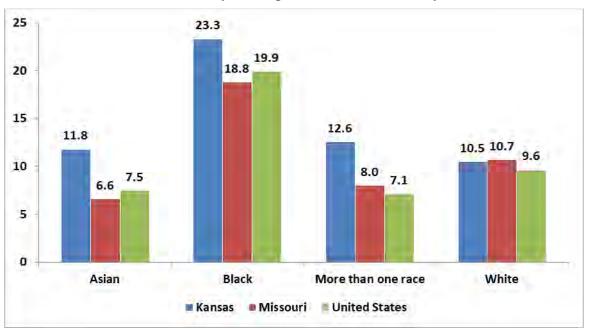


Exhibit 38: Infant Mortality Rates per 1,000 Live Births by Race, 2014-2017

Source: Centers for Disease Control and Prevention, 2019.

## Description

Exhibit 38 provides infant mortality data available from the Centers for Disease Control and Prevention by race for Kansas, Missouri, and the United States.

#### Observations

• Mortality rates for Black infants in Kansas, Missouri, and the United States have been significantly above rates for other cohorts.

# Behavioral Risk Factor Surveillance System

Exhibit 39: Behavioral Risk Factor Surveillance System, 20
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Category	Indicator M		Kansas	Missouri	United States
Alcohol	At least one drink of alcohol within the past 30 days	61.1%	55.4%	54.5%	55.7%
Consumption	Binge drinking	21.8%	18.3%	20.4%	18.3%
consumption	Heavy drinkers	6.1%	6.2%	5.9%	6.4%
Cholesterol	Never had cholesterol checked	10.1%	12.8%	11.8%	10.9%
Awareness	Not checked in past 5 years	3.9%	4.4%	4.7%	4.9%
/wareness	Had their blood cholesterol checked and have been told it was high	29.9%	29.6%	29.4%	29.0%
	Told they have arthritis	21.7%	22.2%	24.9%	22.7%
	Limited in any way in any of your usual activities because of arthritis	10.3%	11.0%	13.2%	11.6%
	Affect work - Have arthritis and have limited work	7.0%	7.9%	9.4%	8.2%
	Affect social activities- Have arthritis, social activities limited a little	5.4%	6.3%	6.4%	6.1%
	Affect social activities- Have arthritis, social activities limited a lot	4.4%	4.3%	5.8%	4.7%
	Told currently have asthma	8.6%	9.2%	9.4%	9.4%
	Ever been told have asthma	13.6%	14.0%	14.5%	14.5%
	Ever told have COPD	5.5%	6.0%	7.6%	5.8%
Chronic Health	Ever told have a form of depression	20.6%	21.1%	22.8%	20.5%
Indicators	Ever told had angina or coronary heart disease	3.5%	3.5%	4.1%	3.5%
marcators	Ever reported coronary heart disease (chd) or myocardial infarction (mi)	5.2%	5.5%	6.6%	5.5%
	Ever told had a heart attack (myocardial infarction)	3.5%	3.7%	4.3%	3.7%
	Ever told had a stroke	3.1%	2.7%	3.7%	2.7%
	Ever told have pre-diabetes or borderline diabetes	1.5%	1.2%	2.0%	1.4%
	Ever told have diabetes	8.7%	9.5%	9.1%	9.4%
	Ever told have pregnancy-related diabetes	0.7%	0.9%	0.9%	0.8%
	Ever told have kidney disease	2.3%	2.5%	2.9%	2.8%
	Ever told had skin cancer	6.2%	5.5%	5.8%	5.5%
	Ever told had any other types of cancer	5.8%	6.4%	7.0%	6.2%

Source: Behavioral Risk Factor Surveillance System, 2018.

Category	Indicator	Kansas City Metropolitan Area	Kansas	Missouri	United States
Category Colorectal Cancer Screening Demographics	Aged 50-75 have not had a blood stool test in the past year	93.7%	93.3%	93.9%	92.1%
	Aged 50-75 did not receive a colonoscopy in the past 10 years	31.4%	35.8%	37.3%	36.7%
Screening	Aged 50-75 did not receive a sigmoidoscopy within the past 5 years	98.8%	98.4%	98.3%	97.7%
	Reported being deaf	5.2%	6.3%	6.6%	6.0%
	Blind or have serious difficulty seeing, even when wearing glasses	3.5%	3.7%	5.0%	4.3%
Domographico	Have serious difficulty concentrating, remembering, or making decisions	9.5%	10.6%	13.3%	11.0%
Demographics	Have serious difficulty walking or climbing stairs	11.8%	12.4%	15.0%	12.1%
	Have difficulty doing errands alone	6.2%	6.0%	7.9%	6.7%
	Have difficulty dressing or bathing	2.9%	3.2%	4.5%	3.3%
	Current E-cigarette user	4.8%	4.9%	5.6%	4.9%
E-Cigarette Use	Current E-cigarette user - every day	2.1%	2.0%	2.6%	1.8%
	Current E-cigarette user - some days	2.8%	2.9%	3.0%	3.1%
Fruits and	Consumed fruit less than one time per day	37.4%	37.8%	40.2%	36.9%
Vegetables	Consumed vegetables less than one time per day	17.3%	17.4%	17.0%	18.1%
	Never visited a doctor for a routine checkup	0.9%	1.0%	1.4%	1.2%
	Last visited a doctor for a routine checkup 5 or more years ago	8.7%	8.6%	10.0%	7.9%
Health Care	Aged 18-64 who do not have any kind of health care coverage	15.5%	15.6%	16.3%	13.0%
Access/Coverage	Have no health care coverage	13.2%	13.2%	13.7%	11.1%
Access/coverage	Had a time in the past 12 months when you needed to see a doctor but could				
	not because of cost	12.7%	12.6%	14.6%	13.2%
	Do not have personal doctor or health care provider	26.3%	23.9%	26.0%	23.9%
	Fair or Poor Health	13.6%	16.1%	17.9%	17.1%
Health Status	Poor Health	3.5%	4.2%	5.0%	4.2%
	Fair Health	10.2%	11.8%	12.9%	12.5%
HIV-AIDS	Never been tested for HIV	61.8%	68.8%	63.5%	60.6%
Hypertension Awareness	Told they have high blood pressure	27.6%	30.5%	29.0%	29.7%

## Exhibit 39: Behavioral Risk Factor Surveillance System, 2017 (continued)

Source: Behavioral Risk Factor Surveillance System, 2018.

Category	K Indicator M		Kansas	Missouri	United States
	Adults aged 65+ who have not had a flu shot within the past year	39.1%	43.6%	34.0%	39.0%
Immunization	Adults aged 65+ who have never had a pneumonia vaccination	21.0%	23.0%	21.7%	24.1%
	Never had the shingles or zoster vaccine	71.0%	70.0%	73.4%	71.1%
1	Do not always or nearly always wears a seat belt	5.2%	6.2%	9.8%	6.1%
Injury	Reported having driven after drinking too much	5.3%	5.1%	4.8%	4.0%
	Have not visited the dentist or dental clinic within the past year	32.2%	33.6%	38.8%	34.0%
Oral Health	Had any permanent teeth extracted	39.2%	38.3%	46.1%	41.3%
	Aged 65+ who have had all their natural teeth extracted	14.0%	14.3%	18.8%	14.4%
Overweight and	Obese (BMI 30.0 - 99.8)	30.7%	32.2%	32.1%	30.8%
Obesity (BMI)	Overweight (BMI 25.0-29.9)	35.9%	34.5%	34.8%	34.8%
	Did not participate in any physical activities in past month	25.7%	27.3%	4.3%       18.8%         2.2%       32.1%         4.5%       34.8%         7.3%       28.3%         0.6%       70.4%	24.8%
	Did not participate in muscle strengthening exercises two or more times per week	66.4%	70.6%	70.4%	68.5%
Physical Activity	Did not participate in 150 minutes or more of Aerobic Physical Activity per week	51.2%	50.7%	52.5%	49.7%
	Did not participate in enough Aerobic and Muscle Strengthening exercises to meet guidelines	77.9%	80.6%	80.5%	79.0%
Prostate Cancer	Men aged 40+ who did not have a PSA test within the past two years	60.7%	63.8%	61.4%	63.8%
	Current smokers	17.4%	17.8%	21.4%	17.4%
	Smoke everyday	12.6%	12.4%	16.7%	12.0%
Tobacco Use	Smoke some days	4.8%	5.4%	4.7%	5.4%
	Use chewing tobacco, snuff, or snus every day	2.3%	3.3%	3.6%	2.2%
	Use chewing tobacco, snuff, or snus some days	1.9%	2.4%	2.3%	2.2%
Women's Health	Women aged 40+ who have not had a mammogram within the past two years	30.0%	32.2%	32.3%	29.5%

## Exhibit 39: Behavioral Risk Factor Surveillance System, 2017 (continued)

Source: Behavioral Risk Factor Surveillance System, 2018.

#### Description

The Centers for Disease Control and Prevention's Behavioral Risk Factor Surveillance System (BRFSS) gathers data through a telephone survey regarding health risk behaviors, health care access, and preventive health measures. Data are collected for the entire United States. Analysis of BRFSS data can identify localized health issues, trends, and health disparities, and can enable county, state, or nation-wide comparisons.

Exhibit 39 presents BRFSS data for the Kansas City Metropolitan area, with data for Kansas, Missouri, and the United States for comparison.

- The Kansas City Metropolitan Area compared unfavorably to national averages for a variety of indicators, including (but not limited to):
  - o Binge drinking
  - Drunk driving
  - o Depression
  - o Stroke
  - o Cancer
  - o HIV testing
  - o Overweight
  - o Insurance coverage
  - o Physical inactivity
- Kansas averages for 27 of 71 indicators presented compared unfavorably to United States averages.
- Missouri averages for most indicators compared unfavorably to United States averages.

Category	Indicator	White	Black	Hispanic	Other Race	Kansas - All
	Heavy Alcohol Consumption in the Past 30 Days	6.0%	3.6%	6.8%	4.0%	5.8%
Alcohol Use	Binge Drinkers	16.4%	10.2%	19.5%	9.4%	15.8%
Icohol Use obacco Use Chronic Conditions and Disease dealth Care access and Prevention Wellness	Drinking and Driving in the Past 30 Days	3.2%	1.6%	2.3%	0.8%	2.9%
	Heavy Alcohol Consumption in the Past 30 Days         6.0%         3.6%         6.8%         4.4           Binge Drinkers         16.4%         10.2%         19.5%         9.           Drinking and Driving in the Past 30 Days         3.2%         1.6%         2.3%         0.0           Currently Use Cligarettes         5.4%         6.6%         2.2%         2.           Currently Use Cligarettes         16.6%         21.6%         17.0%         18.           Currently Use Cligarettes         6.0%         1.8%         4.5%         5.           Diagnosed With Some Form Or Arthritis, Reumatoid         4.         4.         6.8%         10.0           Children With Current Asthma         9.3%         15.2%         6.8%         10.0           Diagnosed With Any Other Type of Cancer Other Than Skin Cancer         7.3%         7.1%         3.5%         4.           Diagnosed With Any Other Type of Cancer Other Than Skin Cancer         3.1%         5.0%         2.4%         3.           Had a Hart Attack         4.2%         6.2%         3.0%         5.         2.4%         3.         3.5%         4.           Diagnosed With Chronic Obstructive Pulmonary Disease         6.7%         6.2%         3.0%         5.           COPDID, In	2.1%	5.5%			
Fobacco Use	Currently Smoke Cigarettes	16.6%	21.6%	17.0%	18.9%	17.39
	Currently Use Any Smokeless Tobacco Products	6.0%	1.8%	4.5%	5.4%	5.8
	•				4.0% 9.4% 0.8% 2.1% 18.9% 5.4% 16.1% 10.4% 11.3% 4.4% 1.7% 4.6% 2.2% 3.5% 2.2% 3.5% 2.2% 3.5% 2.2% 3.5% 2.2% 3.5% 4.6% 2.2% 3.5% 3.5% 4.6% 2.2% 3.5% 3.1.0% 16.6% 14.0% 30.9% 61.8% 77.8% 21.6% 24.7% 24.0% 47.3% 18.3% 9.0% 3.2.9% 29.3% 58.3%	
						25.79
		9.3%		6.8%	10.4%	9.8
		7.5%	16.4%	6.7%	11.3%	7.6
Icohol Use obacco Use Chronic Conditions nd Disease dealth Care access and Prevention Wellness		7.20/	7 10/	2 50/	4 40/	7.1
						7.19
Chronic						6.4
Conditions						4.4
and Disease						4.49
		3.1%	5.0%	2.4%	3.5%	3.39
	-	6.7%	6.2%	3.0%	5.9%	6.7
						2.7
						11.6
	-					9.7
	-					32.4
		55.670	50.570	23.570	22.570	52.14
Health Care Access and Prevention	Mammogram Within the Preceding Two Years	24.9%	21.8%	29.6%	37.7%	25.4
	Women Aged 21-65 Years Who Did Not Have a Pap Smear					
	Within the Preceding Three Years	21.3%	11.9%	22.9%	31.0%	21.2
Health Care	Aged 18-64 Years Who Lack Health Care Coverage	14.9%	21.9%	29.3%	16.6%	16.0
lealth Care Access and Prevention		11.3%	18.3%	17.0%	14.0%	12.1
		24 5%	<u>,</u> ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	24 5%	20.0%	25.2
		24.5%	25.2%	54.5%	50.9%	25.2
		63.5%	68.8%	68.1%	61.8%	64.0
	Never Had a Pneumonia Vaccination	64.3%				65.7
	Ever Diagnosed With a Depressive Disorder	20.8%				20.7
	Living With a Disability					26.0
	Their Regular Job in the Past 30 Days	22.2%	26.2%	26.5%	24.0%	22.5
	Injury During the Preceding 12 Months	38.0%	48.7%	35.1%	47.3%	39.0
		16.1%	25.5%	17.6%	18.3%	17.0
				=		
		11.4%	14.2%	7.3%	9.0%	11.5
Wellness		12.3%	14 9%	11 9%	12.5%	12.5
						3.4
		5.470	2.1/0	1.1/0	5.0%	5.4
	5	14.0%	18.5%	10.6%	32.9%	14.4
	Obese					34.4
	Overweight or Obese					68.6
						-
		19.2%	18.3%	15.8%	15.7%	19.1
	-					
	Period	31.9%	46.0%	33.0%	37.2%	33.1

# Exhibit 40: Kansas BRFSS Indicators by Race and Ethnicity, 2018

 31.9%
 46.0%

 Source: Kansas Department of Health and Environment, 2019.

## Description

Exhibit 40 presents Kansas-wide BRFSS data by race and ethnicity.

- Black residents compare unfavorably to Kansas-wide averages for 25 of the 39 indicators presented. White and Hispanic (or Latino) residents compare unfavorably for 14 indicators.
- Black residents were less likely to have health care coverage, more likely to smoke, more likely to have asthma, more likely to be obese, more likely to have diabetes, and more likely to have had a stroke compared to the state average.

Category	Indicator	Less than \$15,000	\$15,000 to \$24,999	\$25,000 to \$34,999	\$35,000 to \$49,999	\$50,000 or more	Kansas - All
	Heavy Alcohol Consumption in the Past 30 Days	4.7%	5.6%	7.4%	6.3%	6.1%	5.8%
Alcohol Use	Binge Drinkers	12.9%	16.2%	14.9%	14.2%	18.6%	15.8%
	Drinking and Driving in the Past 30 Days	3.1%	2.8%	2.5%	3.3%	3.0%	2.9%
	Currently Use E-Cigarettes	8.2%	8.3%	8.8%	5.5%	3.5%	5.5%
Tobacco Use	Currently Smoke Cigarettes	33.3%	28.3%	23.2%	15.0%	11.3%	17.3%
	Currently Use Any Smokeless Tobacco Products	6.3%	5.1%	4.6%	6.0%	6.5%	5.8%
	Diagnosed With Some Form of Arthritis, Rheumatoid						
	Arthritis, Gout, Lupus, or Fibromyalgia	38.8%	32.5%	27.2%	28.0%	20.6%	25.7%
	Current Asthma	18.7%	14.2%	11.4%	8.0%	7.5%	9.8%
	Children With Current Asthma	12.2%	7.6%	6.7%	6.2%	7.8%	7.6%
	Diagnosed With Any Other Type of Cancer Other Than						
	Skin Cancer	8.2%	7.8%	8.3%	10.0%	5.7%	7.1%
Chanaia	Diagnosed With Skin Cancer	4.8%	5.6%	7.9%	7.4%	6.2%	6.4%
Chronic Conditions	Had a Heart Attack	10.0%	7.6%	4.9%	3.9%	2.3%	4.4%
and Disease	Had an Angina or Coronary Heart Disease	8.9%	6.1%	4.3%	5.1%	3.1%	4.4%
	Had a Stroke	7.7%	5.9%	4.4%	3.3%	1.4%	3.3%
	Diagnosed With Chronic Obstructive Pulmonary Disease						
	(COPD), Emphysema or Chronic Bronchitis	19.7%	9.7%	8.2%	5.6%	3.5%	6.7%
	Ever Diagnosed With Kidney Disease	5.1%	3.6%	2.3%	2.4%	2.3%	2.7%
	Diagnosed Diabetes	21.1%	15.6%	13.5%	11.7%	8.1%	11.6%
	Diagnosed Prediabetes or Borderline Diabetes	11.8%	11.9%	9.4%	10.8%	9.6%	9.7%
	Diagnosed Hypertension	41.2%	36.3%	32.4%	36.1%	30.1%	32.4%
	Women Aged 50-74 Years Who Did Not Have a						
	Mammogram Within the Preceding Two Years	42.2%	41.2%	32.6%	28.2%	18.0%	25.4%
	Women Aged 21-65 Years Who Did Not Have a Pap Smear Within the Preceding Three Years	22.40/	26.00/	22.00/	21.10/	1 4 70/	21.20/
		32.1%	26.8%	23.6%	21.1%	14.7%	21.2%
Health Care	Aged 18-64 Years Who Lack Health Care Coverage Could Not See a Doctor Because of Cost in the Past 12	28.6%	35.0%	23.6%	15.9%	5.8%	16.0%
Access and	Months	23.6%	25.8%	16.7%	11.4%	5.7%	12.1%
Prevention	Have Not Seen a Doctor for a Routine Checkup in the Past	23.070	23.070	10.770	11.470	5.770	12.170
	12 Months	25.7%	31.2%	28.1%	25.1%	21.7%	25.2%
	Did Not Get Immunized Against Influenza During the Past						
	12 Months	68.4%	68.5%	67.5%	65.1%	61.0%	64.0%
	Never Had a Pneumonia Vaccination	60.3%	61.1%	62.6%	62.8%	70.5%	65.7%
	Ever Diagnosed With a Depressive Disorder	39.2%	30.9%	24.4%	20.6%	14.5%	20.7%
	Living With a Disability	57.8%	41.7%	33.1%	25.1%	14.3%	26.0%
	Not Participating in Any Physical Activity Other Than						
	Their Regular Job in the Past 30 Days	37.4%	31.2%	25.9%	24.4%	15.3%	22.5%
	Aged 45 years and Older With at Least One Fall Related						
	Injury During the Preceding 12 Months	55.7%	45.7%	37.3%	32.1%	35.2%	39.0%
	Fair or Poor Self-Perceived Health Status	41.5%	30.0%	19.1%	16.0%	8.5%	17.0%
	Physical Health Was Not Good on 14 or More Days in the Past 30 Days	32.9%	19.2%	13.6%	9.5%	6.0%	11.5%
	Mental Health Was Not Good on 14 or More Days in the	52.970	19.270	15.0%	9.5%	0.0%	11.5%
Wellness	Past 30 Days	32.7%	21.0%	15.1%	9.8%	7.4%	12.5%
	All of Their Permanent Teeth Removed	12.7%	5.3%	5.9%	2.8%	1.4%	3.4%
	Aged 65 Years and Older Who Had All of Their Permanent	12.770	5.5%	5.570	2.070	1.7/0	J. <del>.</del> //
	Teeth Removed	40.0%	28.7%	17.6%	10.6%	3.1%	14.4%
	Obese	41.7%	38.3%	36.0%	33.3%	33.7%	34.4%
	Overweight or Obese	63.1%	68.0%	71.1%	72.0%	70.5%	68.6%
	Do Not Always Wear a Seat belt When They Drive or Ride						
	in a Car	19.4%	23.4%	21.5%	20.4%	17.6%	19.1%
	On Average Get Less Than 7 Hours of Sleep in a 24 Hour						
	Period	40.6%	43.9%	34.0% ent 2019	32.9%	29.7%	33.1%

# Exhibit 41: Kansas BRFSS Indicators by Annual Income, 2018

 40.6%
 43.9%
 34.0

 Source: Kansas Department of Health and Environment, 2019.
 2019.

## Description

Exhibit 41 presents Kansas-wide BRFSS data by income level.

## Observations

• Residents who reported annual income levels of \$35,000 or less compared unfavorably for nearly all indicators compared to those who earned \$50,000 or more.

Category	Indicator	White	Black	Hispanic	Other	Missouri - All
General	Fair or Poor General Health Status	19.1%	25.3%	19.1%	18.7%	19.7%
	No health care coverage - Ages 18-64	11.9%	19.1%	34.1%	16.7%	13.8%
Access to	Last had a routine physical checkup more than 2 years					
Care	ago	16.5%	12.8%	21.9%	16.1%	16.3%
	Last visited a dentist more than 2 years ago	24.3%	25.3%	21.3%	27.4%	24.4%
	Binge alcohol drinking	18.9%	15.3%	23.6%	13.2%	18.4%
Health	Current cigarette smoking	21.4%	24.7%	24.4%	23.0%	21.9%
Behaviors	Inadequate sleep	31.4%	40.7%	36.5%	37.1%	32.7%
	No leisure-time physical activity	25.2%	32.0%	23.2%	27.9%	25.9%
	Ever been told had arthritis	29.5%	23.0%	22.1%	24.8%	28.3%
	Current Asthma	9.2%	12.6%	11.3%	11.6%	9.7%
	Ever been told had cancer	10.4%	6.1%	6.2%	5.7%	9.6%
	Ever been told had COPD, emphysema or chronic					
	bronchitis	8.7%	7.1%	6.5%	8.5%	8.5%
	Had high cholesterol - Among age 18 and older who have					
Health Outcomes	had cholesterol checked	36.6%	28.9%	23.1%	27.1%	35.1%
Outcomes	Ever been told had diabetes	11.0%	13.2%	10.4%	8.2%	11.1%
	Ever been told had high blood pressure	34.0%	38.2%	22.6%	24.0%	33.7%
	Ever been told had coronary heart disease	5.0%	2.1%	4.7%	3.6%	4.6%
	Ever been told had stroke	4.3%	5.7%	5.1%	5.6%	4.5%
	Ever been told had kidney disease	2.7%	2.7%	2.9%	2.7%	2.7%
	Obese (>30 BMI)	30.8%	36.8%	36.9%	20.0%	31.2%
	No test for high blood sugar or diabetes within the past					
	three years among adults age>=45	28.1%	28.7%	30.6%	27.3%	28.3%
	No mammogram within past two years among women age					
Screening	50-74	26.8%	20.0%	19.2%	38.5%	26.3%
	No Pap test in last 3 years – Among women age 18 and					
	older.	28.7%	16.9%	23.7%	18.3%	27.0%
	No colonoscopy within last 10 years or sigmoidoscopy within 5 years among adults age>=50	36.0%	32.8%	41.0%	46.9%	36.1%

Exhibit 42: Missouri BRFSS Indicators by Race and Ethnicity, 2016

Source: Missouri Department of Health and Senior Services, 2020.

## Description

Exhibit 42 presents Missouri-wide BRFSS data by race and ethnicity.

#### Observations

• Black and Hispanic (or Latino) residents compare unfavorably to Missouri-wide averages for 13 of the 24 indicators presented. These cohorts were less likely to have health care coverage, more likely to smoke, more likely to have asthma, more likely to be obese, and more likely to have had a stroke compared to the state average.

Category	Indicator	Less Than \$15,000	\$15,000- 24,999	\$25,000- 34,999	\$35,000- 49,999	\$50,000- 74,999	\$75,000+	Missouri - All
General	Fair or Poor General Health Status	49.9%	31.0%	21.9%	14.0%	11.8%	6.5%	19.7%
	No health care coverage - Ages 18-64	26.6%	28.1%	20.5%	12.7%	5.7%	2.8%	13.8%
Access to	Last had a routine physical checkup more than 2 years							
Care	ago	20.6%	19.2%	18.6%	17.5%	16.7%	11.8%	16.3%
	Last visited a dentist more than 2 years ago	48.7%	39.3%	28.3%	23.7%	17.8%	9.3%	24.4%
	Binge alcohol drinking	13.5%	15.2%	16.3%	21.0%	22.4%	23.9%	18.4%
Health	Current cigarette smoking	42.1%	33.9%	24.8%	23.3%	16.1%	11.5%	21.9%
Behaviors	Inadequate sleep	37.9%	39.3%	34.1%	35.5%	30.6%	27.8%	32.7%
	No leisure-time physical activity	39.9%	33.4%	30.3%	25.6%	22.9%	15.2%	25.9%
	Ever been told had arthritis	46.4%	34.5%	30.1%	27.6%	24.4%	20.5%	28.3%
	Current Asthma	20.1%	11.9%	7.8%	8.7%	6.8%	6.7%	9.7%
	Ever been told had cancer	11.6%	11.1%	10.9%	9.1%	7.6%	8.1%	9.6%
	Ever been told had COPD, emphysema or chronic bronchitis	22.2%	13.4%	8.7%	7.3%	4.6%	2.2%	8.5%
Health	Had high cholesterol - Among age 18 and older who have had cholesterol checked	46.8%	41.6%	34.1%	31.9%	32.5%	31.3%	35.1%
Outcomes	Ever been told had diabetes	20.3%	14.9%	11.8%	9.1%	9.8%	6.6%	11.1%
	Ever been told had high blood pressure	46.3%	41.1%	35.6%	31.7%	31.0%	26.8%	33.7%
	Ever been told had coronary heart disease	10.1%	5.0%	5.9%	4.4%	3.5%	3.0%	4.6%
	Ever been told had stroke	10.8%	6.9%	3.8%	3.7%	2.2%	2.1%	4.5%
	Ever been told had kidney disease	5.2%	4.1%	3.2%	1.7%	2.0%	1.5%	2.7%
	Obese (>30 BMI)	36.5%	35.5%	31.5%	33.2%	33.8%	26.9%	31.2%
	No test for high blood sugar or diabetes within the past three years among adults age>=45	28.9%	31.0%	27.6%	25.7%	26.6%	25.7%	28.3%
Serening	No mammogram within past two years among women age 50-74	41.5%	33.2%	25.2%	26.1%	20.7%	15.9%	26.3%
Screening	No Pap test in last 3 years – Among women age 18 and older.	34.3%	35.4%	31.1%	26.8%	19.9%	15.9%	27.0%
	No colonoscopy within last 10 years or sigmoidoscopy within 5 years among adults age>=50	51.6%	45.8%	37.0%	32.1%	32.2%	26.5%	36.1%

# Exhibit 43: Missouri BRFSS Indicators by Annual Income, 2016

Source: Missouri Department of Health and Senior Services, 2020.

## Description

Exhibit 43 presents Missouri-wide BRFSS data by income level.

- Residents who reported annual income levels of \$35,000 or less compared unfavorably for nearly all indicators compared to those who earned \$50,000 or more.
- Binge alcohol drinking was the only indicator for which higher earnings compared unfavorably to lower-income levels.

## 500 Cities Project

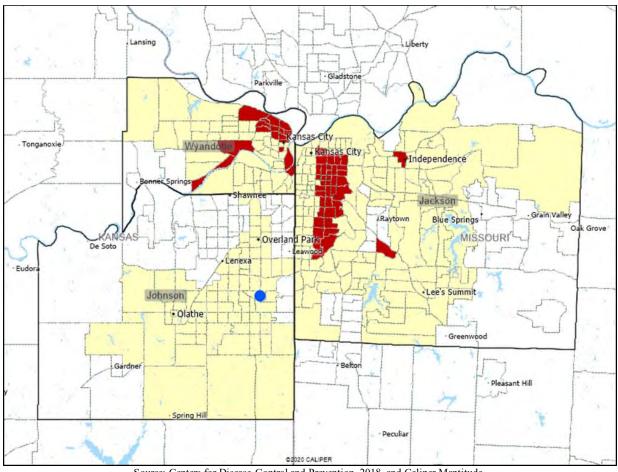


Exhibit 44: Locations of Unfavorable Health Outcomes, 2019

Source: Centers for Disease Control and Prevention, 2018, and Caliper Maptitude.

## Description

Exhibits 44 through 46 present 500 Cities Project data. The Centers for Disease Control and Prevention, in collaboration with the Robert Wood Johnson Foundation, initiated the 500 Cities Project to provide city and census tract-level data for chronic disease risk factors, health outcomes, and clinical preventive service use for the largest 500 cities in the United States. Statistics are derived from BRFSS. Data only are available for census tracts that are located in the 500 cities.

Exhibit 44 identifies census tracts that compare unfavorably for overall health outcomes.

#### Observations

• Census tracts that compare the most unfavorably are located in the western parts of Jackson County and eastern parts of Wyandotte County.

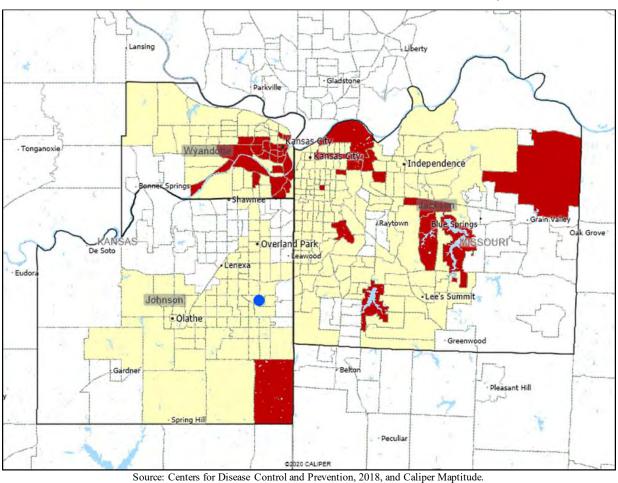


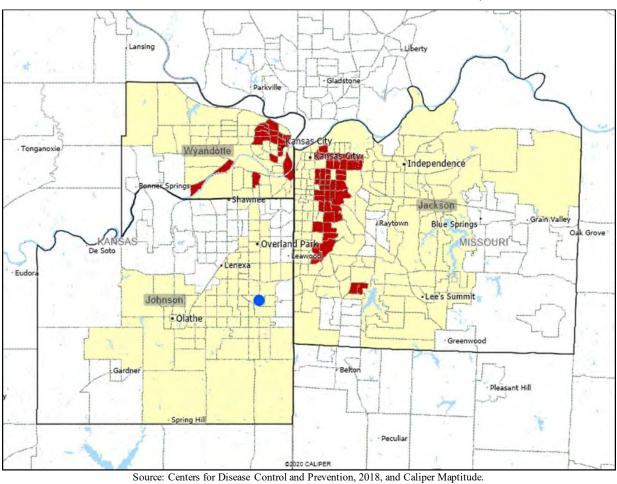
Exhibit 45: Locations of Unfavorable Prevention Indicators, 2019

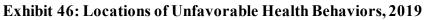
## Description

Exhibit 45 identifies census tracts that compare unfavorably for prevention indicators (e.g., cancer screening rates).

## Observations

• A number of census tracts in Jackson and Wyandotte counties compared unfavorably for prevention indicators.





## Description

Exhibit 46 displays census tracts that compare unfavorably for health behaviors (e.g. rates of smoking and alcohol use).

## Observations

• Census tracts that compare the most unfavorably are located in the western parts of Jackson County and eastern parts of Wyandotte County.

### Ambulatory Care Sensitive Conditions

2017										
Condition	Johnson County, KS	Jackson County, MO	Wyandotte County, KS	Five County Region						
Heart Failure	291	1,280	49	1,882						
Chronic Obstructive Pulmonary Disease (COPD)	91	412	19	647						
Bacterial Pneumonia	121	316	17	541						
Urinary Tract Infection	140	288	17	537						
Diabetes Long-Term Complications	42	215	11	326						
Hypertension	27	185	14	256						
Diabetes Short-Term Complications	25	147	4	227						
Uncontrolled Diabetes	17	84	5	121						
Asthma in Younger Adults	2	16	1	24						
Total ASCS Discharges	756	2,943	137	4,561						
Total Adult Discharges	6,117	20,662	983	34,015						
Percent	12.4%	14.2%	13.9%	13.49						

# Exhibit 47: Saint Luke's Health System ACSC (PQI) Discharges by County and Region, 2019

Source: Analysis of Saint Luke's Health System Discharges, 2020.

#### Exhibit 48: Saint Luke's Health System ACSC (PQI) Discharges by Hospital, 2019

Condition	SLH	SLE	SLN	SLS	Total
Heart Failure	1,019	939	294	339	2,591
Chronic Obstructive Pulmonary Disease (COPD)	206	317	132	134	789
Bacterial Pneumonia	180	273	107	155	715
Urinary Tract Infection	140	238	104	169	651
Diabetes Long-Term Complications	207	151	70	34	462
Hypertension	151	95	36	46	328
Diabetes Short-Term Complications	106	100	60	30	296
Uncontrolled Diabetes	56	50	24	18	148
Asthma in Younger Adults	9	9	6	6	30
Total ASCS Discharges	2,074	2,172	833	931	6,010
Total Adult Discharges	20,324	13,218	7,018	6,272	46,832
Percent	10.2%	16.4%	11.9%	14.8%	12.8%

Source: Analysis of Saint Luke's Health System Discharges, 2020.

#### Description

Exhibits 47 and 48 provide information based on an analysis of discharges from Saint Luke's Health System hospitals. The analysis identifies discharges for Ambulatory Care Sensitive Conditions (ACSCs).

ACSCs are health "conditions for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe

disease."<sup>19</sup> As such, rates of hospitalization for these conditions can "provide insight into the quality of the health care system outside of the hospital," including the accessibility and utilization of primary care, preventive care, and health education.

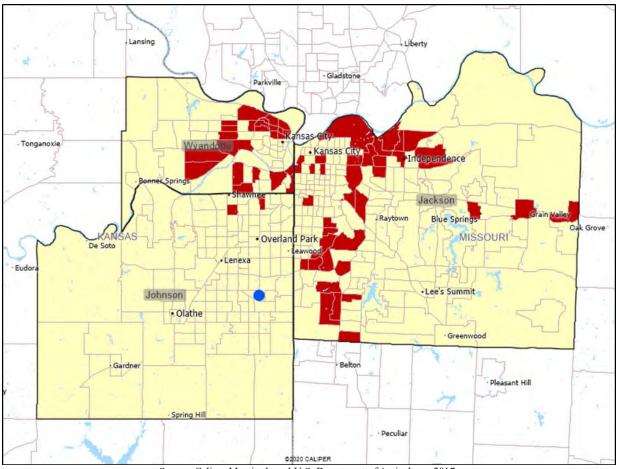
These conditions include angina without procedure, diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

Disproportionately high rates of discharges for ACSC indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.

- The ACSC (PQI) analysis was based on discharges from Saint Luke's Health System hospitals only.
- About 15 percent of SLS's discharges were for ACSC the second highest percentage for the hospitals assessed.
- Jackson County residents are discharged more frequently for ACSC than are residents of other counties.

 $<sup>^{19}</sup> Agency for Health care Research and Quality (AHRQ) Prevention Quality Indicators.$ 

## Food Deserts



## Exhibit 49: Locations of Food Deserts, 2017

Source: Caliper Maptitude and U.S. Department of Agriculture, 2017.

# Description

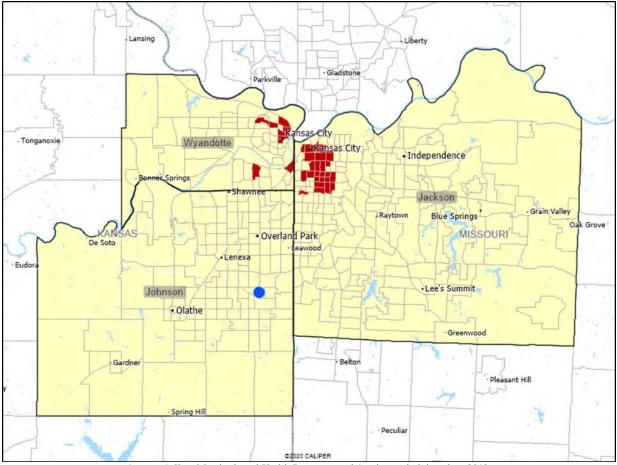
Exhibit 49 identifies where food deserts are present in community counties.

The U.S. Department of Agriculture's Economic Research Service defines urban food deserts as low-income areas more than one mile from a supermarket or large grocery store, and rural food deserts as more than 10 miles from a supermarket or large grocery store. Many government-led initiatives aim to increase the availability of nutritious and affordable foods to people living in these areas.

## Observations

• Sixty (60) census tracts (virtually all in Jackson and Wyandotte counties) have been designated as food deserts. These census tracts are home to about 13 percent of the community's population.

#### Medically Underserved Areas and Populations



#### Exhibit 50: Locations of Medically Underserved Areas and Populations, 2019

Source: Caliper Maptitude and Health Resources and Services Administration, 2019.

#### Description

Exhibit 50 identifies the location of Medically Underserved Areas (MUAs) and Medically Underserved Populations (MUPs).

Medically Underserved Areas and Populations (MUA/Ps) are designated by HRSA based on an "Index of Medical Underservice." The index includes the following variables: ratio of primary medical care physicians per 1,000 population, infant mortality rate, percentage of the population with incomes below the poverty level, and percentage of the population age 65 or over.<sup>20</sup> Areas with a score of 62 or less are considered "medically underserved."

Populations receiving MUP designation include groups within a geographic area with economic barriers or cultural and/or linguistic access barriers to receiving primary care. If a population group does not qualify for MUP status based on the IMU score, Public Law 99-280 allows MUP

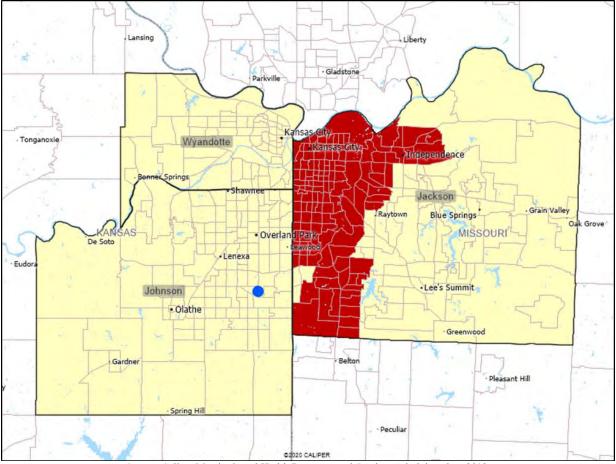
<sup>&</sup>lt;sup>20</sup> Heath Resources and Services Administration. See http://www.hrsa.gov/shortage/mua/index.html

designation if "unusual local conditions which are a barrier to access to or the availability of personal health services exist and are documented, and if such a designation is recommended by the chief executive officer and local officials of the state where the requested population resides."<sup>21</sup>

#### Observations

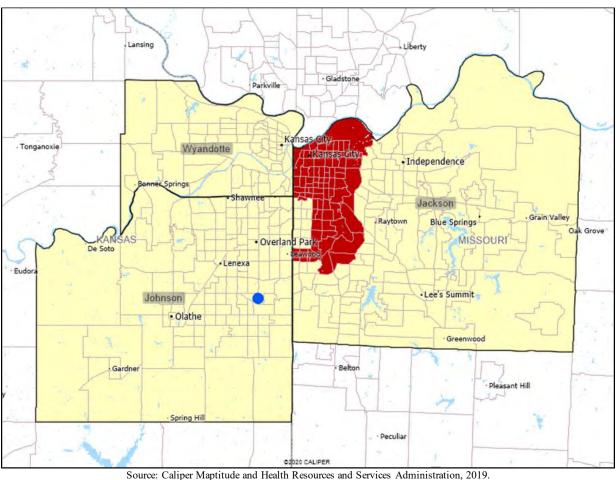
• Several census tracts in and proximate to Kansas City have been designated as Medically Underserved Areas.

## Health Professional Shortage Areas



## Exhibit 51: Locations of Primary Care Health Professional Shortage Areas, 2019

Source: Caliper Maptitude and Health Resources and Services Administration, 2019.





## Description

Exhibits 51 and 52 identify the locations of federally designated primary care and dental care Health Professional Shortage Areas (HPSAs).

A geographic area can be designated a HPSA if a shortage of primary medical care, dental care, or mental health care professionals is found to be present. In addition to areas and populations that can be designated as HPSAs, a health care facility can receive federal HPSA designation and an additional Medicare payment if it provides primary medical care services to an area or population group identified as having inadequate access to primary care, dental, or mental health services.

HPSAs can be: "(1) An urban or rural area (which need not conform to the geographic boundaries of a political subdivision and which is a rational area for the delivery of health services); (2) a population group; or (3) a public or nonprofit private medical facility."<sup>22</sup>

<sup>&</sup>lt;sup>22</sup> U.S. Health Resources and Services Administration, Bureau of Health Professionals. (n.d.). *Health Professional Shortage Area Designation Criteria*. Retrieved 2012, from http://bhpr.hrsa.gov/shortage/hpsas/designationcriteria/index.html

- Many census tracts in the western area of Jackson County have been designated as Primary Care HPSAs.
- Census tracts in the northwestern area of the county have been designated as Dental Care HPSAs.
- The entire low-income population of Wyandotte County also has been designated as a Primary Care and Dental Care HPSA.

HPSA Source Name	HPSA Type Description	County	State
Kansas City Care Clinic	Federally Qualified Health Center	Jackson	MO
Samuel U Rodgers Health Center, Inc.	Federally Qualified Health Center	Jackson	MO
Swope Health Services	Federally Qualified Health Center	Jackson	MO
Kansas City Indian Center	Indian Health Service, Tribal Health, and Urban Indian Health Organizations	Jackson	мо
Hope Family Care Center	Federally Qualified Health Center Look A Like	Jackson	MO
Low Income - Jackson County	Single County	Jackson	МО
Health Partnership Clinic, Inc.	Federally Qualified Health Center	Johnson	KS
Southwest Boulevard Family Health Care Services of Greater Kansas	Federally Qualified Health Center Look A Like	Wyandotte	KS
Turner House Clinic Inc.	Federally Qualified Health Center	Wyandotte	KS

#### Exhibit 53: Mental Health HPSAs, 2019

Source: Health Resources and Services Administration, 2019.

## Description

Exhibit 53 provides a list of federally designated mental health HPSAs.

- The entire low-income population of Jackson County has been designated as a mental health HPSA.
- Several FQHC sites throughout the three counties have been designated as mental health HPSAs.

# **Findings of Other Assessments**

#### CDC COVID-19 Prevalence and Mortality Findings

The Centers for Disease Control and Prevention (CDC) provides information, data, and guidance regarding the COVID-19 pandemic. The pandemic represents a public health emergency for the Kansas City region, the nation, and the world. The pandemic also has exposed the significance of problems associated with long-standing community health issues, including racial health inequities, chronic disease, access to health services, mental health, and related issues.

Part of the CDC's work has included identifying certain populations that are most at risk for severe illness and death due to the pandemic. Many at-risk people live in the community served by Saint Luke's Hospital of Kansas City. To date, the CDC's work has yielded the following observations.

- People with certain underlying medical conditions are at increased risk for severe illness and outcomes from COVID-19, including the following: <sup>23</sup>
  - o Cancer;
  - o Chronic kidney disease;
  - Chronic obstructive pulmonary disease (COPD);
  - o Immunocompromised state from organ transplant;
  - o Obesity;
  - Serious heart conditions, including heart failure, coronary artery disease, or cardiomyopathies;
  - Sickle cell disease; and
  - o Type 2 diabetes mellitus.
- Based on what is known at this time, people with other conditions might be at an increased risk for severe illness and outcomes from COVID-19, including:<sup>24</sup>
  - o Asthma (moderate-to-severe);
  - Cerebrovascular disease (affects blood vessels and blood supply to the brain);
  - Cystic fibrosis;
  - Hypertension or high blood pressure;
  - Immunocompromised state from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines;
  - Neurologic conditions, such as dementia;
  - o Liver disease;
  - o Pregnancy;
  - o Pulmonary fibrosis (having damaged or scarred lung tissues);
  - o Smoking;

 <sup>&</sup>lt;sup>23</sup> <u>https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html</u>
 <sup>24</sup> Ibid.

- Thalassemia (a type of blood disorder); and
- Type 1 diabetes mellitus.
- Older adults and the elderly are disproportionately at risk of severe illness and death from COVID-19. Risks increase with age, and those aged 85 and older are at the highest risk. At present time, eight out of 10 COVID-19 deaths have been in adults aged 65 or older.<sup>25</sup>
- Data thus far indicate that men are more likely to die from COVID-19 than women. While the reasons for this disparity are unclear, a variety of biological factors, behavioral influences, and psychosocial elements may contribute.<sup>26</sup>
- According to the CDC, "Long-standing systemic health and social inequities have put some members of racial and ethnic minority groups at increased risk of getting COVID-19 or experiencing severe illness, regardless of age." Evidence points to higher rates of hospitalization or death among racial and ethnic minority groups, including non-Hispanic Black persons, Hispanics and Latinos, and American Indians or Alaska Natives.<sup>27</sup>
  - Non-Hispanic American Indiana or Alaska Native persons incidence rate is approximately five times greater than non-Hispanic White persons.
  - Non-Hispanic Black persons incidence rate is approximately five times greater than non-Hispanic White persons.
  - Hispanic or Latino persons incidence rate is approximately four times greater than non-Hispanic White persons.
- In explaining these differences of COVID-19 incidence, the CDC states "Health differences between racial and ethnic groups result from inequities in living, working, health, and social conditions that have persisted across generations."<sup>28</sup>
  - Living conditions
    - Racial and ethnic minorities may be more likely to live in densely populated areas.
    - May be more likely to live farther from grocery stores, medical facilities, or lack access to transportation.
    - Racial housing segregation is linked to health conditions such as asthma, making these communities more susceptible to poor COVID-19 outcomes.
    - Those living in multigenerational households and multi-family households may find it more difficult to isolate those who are sick, and this living situation is more common among certain racial and ethnic minority groups.
    - Some racial and ethnic minority groups are disproportionally in jails, prisons, homeless shelters, and detention center, where it is more difficult to slow the spread of the virus.

<sup>26</sup> https://www.cdc.gov/pcd/issues/2020/20\_0247.htm

<sup>&</sup>lt;sup>25</sup> <u>https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html</u>

<sup>&</sup>lt;sup>27</sup> https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/racial-ethnic-minorities.html

<sup>&</sup>lt;sup>28</sup> Ibid.

- Work circumstances
  - Members of racial and ethnic minority groups are more likely to be classified as an essential worker, and these workers must be at job sites despite virus outbreaks. Industries include but are not limited to health care, meat-packing plants, grocery stores, and factories.
  - Racial and ethnic minority groups are less likely to have sick leave, making them more likely to continue working even if infected.
  - Racial and ethnic minorities, on average, earn less than non-Hispanic Whites, have less accumulated wealth, have lower levels of educational attainment, and have higher rates of joblessness. These socioeconomic factors can have an impact on health outcomes.
- Health circumstances
  - People may not receive care because of distrust of the health care system, language barriers, or cost of missing work. All of these influence inequities in health and COVID-19 outcomes.
  - Hispanic persons, Latinos, American Indians, and Alaska Natives are almost three times as likely as non-Hispanic Whites to be uninsured, and non-Hispanic Blacks are almost twice as likely.
  - Black populations experience higher rates of chronic conditions at earlier ages and higher death rates overall. These underlying conditions may increase risk for severe illness and outcomes from CVOID-19.
  - "Racism, stigma, and systemic inequities undermine prevention efforts, increase levels of chronic and toxic stress, and ultimately sustain health and healthcare inequities."

## Kansas City Health Department Community Health Assessment Dashboard

The Kansas City (MO) Health Department maintains a Community Health Assessment (CHA) dashboard. The data and information in the CHA dashboard are updated periodically and are intended to help health department staff, government officials, and the community understand local health status and needs. The data also guide action plans to improve health. A summary of information in the CHA dashboard is below.

## **Overall Summary**

- A 17-year difference in life expectancy exists in Kansas City communities located less than 3 miles apart.
- The gap in life expectancy between Blacks/African Americans and Whites has increased since 2005 and gaps in life expectancy between women and men persist.
- According to the CHA, racism is the key difference between these neighborhoods.
  - Kansas City has a long history of racism and segregation, driven by redlining, blockbusting, and disinvestment of Black/other neighborhoods of color that has left a devastating and lasting impact on populations of color.
  - Those that experience the greatest disparities in health outcomes are also those who experience the most significant social and economic inequities. These

inequities persist due to institutionalized practices that advantage those in power and disadvantage those without power.

- Housing is a significant issue in Kansas City, including affordability.
  - Two-thirds of White householders are homeowners, compared to just over onethird of Black householders.
  - Redlining still exists. Mortgages are denied for people of color (or for houses in neighborhoods of color). Homeowners of color experience higher interest rates than White homeowners.
- Economic disparities also are present.
  - Racial gaps in education, employment, and wealth are experienced by a disproportionate number of Black families at the bottom of the income scale.
  - Persistent labor market discrimination and segregation force People of Color, particularly Black and Hispanic/Latinx workers, into fewer and less advantageous employment opportunities than their White counterparts. Black and brown residents have less access to stable jobs, good wages, and retirement benefits at work — all key drivers by which Kansas City families accumulate savings.
- Residents experience toxic stress which diminishes quality of life.
  - Stressors (housing insecurity, economic disparities, racism) take a toll and become toxic, especially when experienced in childhood (Adverse Childhood Experiences).
  - People with stress have higher risks for chronic disease, struggle with addiction and substance use, and have poorer mental health outcomes. Research suggests that stressors can alter brain functioning and change the structure of DNA, impacting future generations.
- Racial and ethnic disparities in morbidity and mortality are evident.
  - In Kansas City, fewer people of color and with lower incomes rate their health as good or excellent.
  - Black residents are dying at disproportionately higher rates than White residents. From 2014-2018, the age-adjusted mortality rate for Black residents was 965 per 100,000. For White residents the rate was 723 per 100,000. The differential equates to 2,000 deaths for Black residents.

## Healthy Foundations (Social Determinants)

- The opportunity to achieving optimal health in Kansas City is uneven. Opportunities are affected by where people live and work, and what resources are accessible.
- Economic mobility is not a reality for about one-half of Kansas City residents.
- Education greatly affects health. Those with high school diplomas have longer life expectancy, improved health outcomes, and higher quality of life. In Kansas City, large education gaps are present between Whites, Blacks, and Hispanic/Latinx residents. Racial and economic separation is entrenched.
- Poverty, unemployment, safe and affordable housing all have an effect on health.

## Healthy Beginnings (Maternal and Infant)

• Improving health for mothers and infants targets a critical window of opportunity that can lay the foundation for life-long well-being and success.

- For Black women in America, societal and systemic racism creates toxic physiological stress, resulting in social, environmental, and physical conditions that lead directly to higher rates of infant and maternal death.
- More than 17 percent of Kansas City women ages 19 to 44 are uninsured. This presents barriers to accessing care.
- Mothers cite not being able to get an appointment, not knowing they are pregnant, and costs of care as the top reasons why they did not seek early prenatal care.

# Safe Communities (Trauma)

- Residents of high-crime areas may engage in less physical activity, leading to poorer physical health outcomes. Violence and trauma have many impacts on community health.
- In Missouri, 26 percent of children have experienced two or more Adverse Childhood Experiences.
- In Kansas City, only 36 percent of residents report they feel safe.

# **Staying Healthy**

- Social factors, such as income, poverty, education, and economic opportunity are entangled with health behaviors, such as smoking and engaging in physical activity.
- For Blacks/African Americans, the average annual cost for health insurance is almost 20% of the median household income.
- The US health care delivery system has historically engaged in systematic segregation and discrimination of patients based on race & ethnicity, the effects of which persist to this day. Hospitals and clinics that were once designated for Black and Brown patients continue to experience significant financial constraints and are often under-resourced. This results in inequities in access to quality health care and contributes to racial & ethnic health disparities.
- Issues of economic inequality and racism reach everywhere including our food system. Recognizing racism as foundational in the food system helps explain why people of color suffer disproportionately from its resource inequities and diet related diseases.
  - Not all families who need food assistance can access it. For example, Missouri's SNAP application asks if anyone in the household has been convicted of a federal or state drug felony. If they answer yes, they are deemed ineligible for the program.

# **Critical Prevention**

- Some population groups are more likely than others to be exposed to and experience infectious disease, thereby experiencing a higher burden of disease. Groups who are more vulnerable due to structural inequities are more likely to contract infectious disease, get sicker, and take longer to recover.
  - Access to interventions (vaccinations, STI testing sites, etc.) is not equitable across the city. Very few walk-in vaccination clinics or lead screening clinics are in neighborhoods with a high proportion of carless homes. Few STI centers exist throughout the city at all.
  - Racial disparities in vaccination rates are present. These disparities result from a lack of trust in and engagement with the health care system.

• Given Kansas City's ingrained racial residential segregation, it should come as no surprise that people of color - especially Black Kansas Citians, who are disproportionately more likely to live in poor neighborhoods - are at most risk of lead poisoning.

## Living Better (Behavioral Health)

- Violent crime not only directly leads to injury living near areas of high crime may increase rates of depression more than personal stress.
- Poverty is both a cause and a consequence of poor mental health.
- Some geographic areas, populations, and facilities have too few mental health providers and services, designated as Health Professional Shortage Areas by the Health Resources and Services Administration.

# End of Life (Mortality)

- Violent deaths (homicide and suicide) are now consistently in Kansas City's top causes of death something that wasn't the case just a few years ago.
  - The top causes of death for our Black/African American or Latinx residents includes violent deaths; these causes are absent from the top causes of death for White residents, who are living longer and more dying from chronic diseases that are more common later in life.
  - 17,374 per 100,000 Years of Potential Black Male Life Lost compared to 9,202 Years White Male Life Lost

# Kansas City Community Health Improvement Plan – 2016-2021

In 2015, a collaboration of the Kansas City Health Commission, Kansas City Health Department, and community partners established the Kansas City Community Health Improvement Plan (CHIP) for 2016 through 2021. The CHIP used a lens of health being an overall state of wellbeing influenced by many societal factors, not just the absence of disease. Using this lens, the following priority areas and goals were developed:

- Priority Issue 1: Improve health through improvements to our education system.
  - o Goal: All Kansas City third-grade students should be able to read at grade level.
    - Increase the proportion of 3 and 4 year-old children who attend high quality early education.
    - Decrease the number of school days missed due to preventable physical, behavioral, disciplinary, or social causes.
    - Increase the number of households with consistent access to a computer with reliable internet access.
- Priority Issue 2: Improve health through the mitigation of violent crime.
  - Goal: Reduce the incidence of violent crime and address racial disparities in incarceration.
    - Create, implement, and sustain a youth and family violence prevention plan by 2021.
    - Increase the priority of violence prevention as a public health issue.

- Demonstrate incremental progress towards a 90 percent average 4-year adjusted cohort high school graduation rate in Kansas City's most vulnerable schools for African American and Hispanic students by 2021.
- Priority Issue 3: Improve health through improvements in economic opportunity.
   Goal: Decrease the income and wealth gap between ZIP Codes.
  - Increase access to living wage jobs through both supply-side (job skills and vocational training) and demand side (i.e., raising the minimum wage) policies.
  - Decrease the negative impact of predatory lending on borrowers and increase the access to alternative forms of affordable short-term lines of credit.
- Priority Issue 4: Improve health through increased utilization of mental health care and preventative services.
  - Goal: Increase utilization of mental health services.
    - Incrementally decrease HPSA score from current score of 16 for Jackson County and Clay/Platte counties.
    - Increase the number of health care providers measuring their level of culturally competent care.
    - Increase number of colleges and universities with health care profession programs that offer a cultural competency course.
  - o Goal: Increase utilization of preventative health services.
    - Incrementally decrease the number of hospital admissions that are preventable.
    - Increase the rate of African American mothers receiving prenatal care in their first trimester.
    - Decrease the rate of chlamydia, gonorrhea, and syphilis, particularly among the adolescent population.
- Priority Issue 5: Improve health through improvements to our built environment.
  - Goal: Increase the proportion of neighborhoods that are safe, clean, wellmaintained, and consistently improved.
    - Improve the efficacy of blight reduction programs including illegal dumping enforcement, land bank and KC homesteading authority.
    - Improve access to locally grown, processed, and marketed healthy foods.
    - Increase the number of multi-unit housing facilities that are completely smoke free.

#### Eastern Jackson County Community Health Improvement Plan – 2019-2021

The Jackson County Health Department began working on a Community Health Assessment (CHA) of Eastern Jackson County in March 2017 in partnership with the Building a Healthier Jackson County initiative. This process was completed in October 2017 and led to the creation

of a Community Health Improvement Plan (CHIP) in 2018 that identified priority issues and included an action plan to address pressing health issues in Eastern Jackson County. Those priorities and planned actions are as follows:

- Priority Area 1: Mental and Behavioral Health
  - Goal: Improve education and decrease stigma among Eastern Jackson County (EJC) residents and providers to better prevent mental health crises and treat mental health and substance use.
    - Increase the number of first responders who have received trainings on responding to mental, behavioral, and substance use crises by 2022.
    - Increase the percent of EJC residents, including families impacted, who have received mental health crisis training and trauma education by 2022.
    - Increase collaboration among families, mental health and substance use providers, and first responders by 2022.
- Priority Area 2: Overweight and Obesity
  - Goal: Improve youth education on healthy eating and active living.
    - Increase the number of schools with active wellness committees in EJC by 2022.
    - Increase the number of schools that incorporate education for safe walking and biking by 2022.
  - Goal: Increase access to affordable healthy foods.
    - Assess current food environment and policies in EJC to prompt future environment, systems, and policy change regarding healthy food access by 2022.
  - Goal: Increase opportunities for physical activity.
    - Identify and promote programs and policies to increase physical activity among residents by 2022.
- Priority Area 3: Access to Affordable Health Care
  - Goal: Improve access to primary and specialty care, including oral and behavioral health through awareness, education, and coordination.
    - Improve the community's capacity to navigate health coverage and increase health literacy by 2022.
    - Increase access to health services through coordination and system improvements among providers and organizations by 2022.
    - Increase awareness among organizations and providers regarding social determinants of health and health equity by 2022.

#### Johnson County Community Health Assessment Dashboard

The Johnson County Department of Health and Environment (JCDHE) maintains a Community Health Assessment (CHA) dashboard. JCDHE, partners and community volunteers also surveyed over 180 households in 30 neighborhoods throughout Johnson County about issues that affect health. The data and information in the CHA dashboard are updated periodically and are intended to help health department staff, government officials, and the community understand local health status and needs. The data also guide action plans to improve health. A summary of information in the CHA dashboard is below.

- The survey identified the following concerns as highly important or as contributing to low levels of community satisfaction:
  - Health insurance for all residents
  - Mental health status and access to mental health care
  - Affordable housing
  - Addiction to prescription and illicit drugs
  - Resources to meet basic needs
  - Access to dental care
  - Access to transportation
- A 12-year difference in life expectancy exists in Johnson County communities located just five miles apart.
- Poverty is the big difference between these communities. Nearly one in six residents is low income.
- High housing costs are a primary source of financial pressure in Johnson County. In the past decade, housing costs have increased 26 percent for renters and 22 percent for homeowners without a mortgage.
- The cost of living in Johnson County is high. A single parent with two children needs to earn \$6,109 per month to maintain an adequate standard of living. A low-income family can only meet about half of these estimated monthly costs; those in poverty can cover less than a third of living expenses.
- Childcare is another financial issue in Johnson County. Kansas is one of 33 states where childcare for an infant is more expensive than college tuition.
- It is estimated that 60,740 residents in Johnson County are food insecure, but 59 percent of these residents make too much money to qualify for nutrition assistance programs.
- Financial challenges cause stress for people across the socio-economic spectrum in the county. Stress can impact both physical and emotional health, resulting in anxiety, depression, weight loss and gain, and lack of sleep, among other effects. When stress becomes chronic, lifetime health can be impacted.
- One in five Johnson County adults has been diagnosed with depression. Mental illness also has a high cost. There is one suicide every four days in Johnson County, and for every person who dies by suicide there are many more who attempt suicide.
- For those without strong social support, loneliness is as damaging to health as smoking. One in eight residents reports not having adequate emotional or social support.

#### Johnson County Community Health Improvement Plan – 2017-2019

JCDHE, in collaboration with community partners, formed the Community Health Assessment Process (CHAP) to evaluate health in Johnson County, establish priorities, and assess and implement health programs and services. The group conducted a community health review and identified three priority areas. A Community Health Improvement Plan (CHIP) was established for 2017 through 2019.

Priorities and accompanying goals in the review and CHIP are as follows:

- Priority 1: Chronic Disease Prevention and Health Promotion
  - Goal: Physical Activity Promote physical activity across the community with special focus on meeting the needs of underserved communities.
    - By December 31, 2019, decrease the percentage of adults that have not exercised at all in the past week from 19 percent to 15 percent.
  - Goal: Reduce the burden of tobacco by reducing smoking prevalence and exposure to second-hand smoke.
    - By December 31, 2019 decrease the percentage of adults who smoke cigarettes from 12.6 percent to 12 percent.
  - Goal: Nutrition/Healthy Eating Increase the opportunities to promote Nutrition/Healthy Eating habits through education focused efforts and activities in the central core of Olathe (66061 ZIP code).
    - By December 31, 2019, decrease the number of adults who report not eating five or more servings of fruits and vegetables on a single day in the past week from 20 percent to 18 percent.
- Priority 2: Access to Care
  - o Goal: Health Equity.
    - Reduce the number of people delaying care to less than 15 percent.
  - o Goal: Oral Health.
    - Increase the percentage of adults that receive care to more than 82.5 percent.
    - Increase number of elementary schools in Johnson County that participate in screenings.
    - Increase the number of elementary school age children receiving screenings.
  - Goal: Access to Integrated Health Care.
    - Decrease the percentage of people that have problems accessing care for them or their family to less than 10 percent.
- Priority 3: Mental Health
  - o Goal: Suicide Prevention.
    - By December 31, 2019, reduce the age-adjusted suicide death rate in Johnson County from 14.1 per 100,000 to 10.2 suicides per 100,000.
  - Goal: Prevent substance abuse and its effects via primary and secondary interventions.
    - Decrease the number of acute drug poisoning (including opioids) deaths from 8.9 deaths per 100,000 to 7 deaths per 100,000.
  - o Goal: Address Anxiety and Depression Disorders.
    - Decrease the percentage of Johnson County residents who report their mental health is not good 14 days or more from 7 percent to 5 percent.

#### Wyandotte County Community Health Assessment – 2018

In 2016 – 2017, the Unified Government Public Health Department led the community in a CHA process. Through a series of focus groups, community surveys, and data assessments, seven issue areas rose to the top as most significant:

- Access to healthy food
- Access to medical, dental, and mental health care
- Access to safe and affordable housing
- Childhood trauma/Adverse Childhood Experiences
- Education and jobs
- Infant health and birth outcomes
- Violence prevention

Additionally, due to the impacts of poverty and discrimination on these issues, it was agreed that poverty and discrimination would be used as a lens for deeper examination and prioritization of work. More details from the CHA are summarized below.

- 18 percent of households in Wyandotte County are food insecure and more than a third of households reported they sometimes or often worry about running out of food before there was money to buy more.
- Residents identified access to quality care as a top five problem. One in ten do not have insurance.
- 18 percent of Wyandotte County residents reported that in the past year they needed to see a doctor but did not because of cost, compared to 11 percent state-wide.
- 47 percent of Wyandotte County residents with incomes under \$35,000 report they have poor mental health.
- Black and African American adults reported 14 or more "not good" mental health days in the past month, compared to 12,6 percent for White adults and 7.0 percent for Hispanic adults.
- Residents indicate that transportation barriers, a lack of services and providers, poverty and lack of wages, and discrimination contributed most to challenges accessing health services.
- 21 percent of houses in Wyandotte County have one or more severe housing problems, compared to 13 percent state-wide. Additionally, 3 out of 10 houses in Wyandotte are at an elevated risk for lead exposure. A higher proportion of children with elevated blood lead levels reside in ZIP codes with a high density of Black and Latino residents.
- Surveys indicated that 48.5 percent of all children report one or more Adverse Childhood Experience (ACE). 64 percent of all adults in Wyandotte County report one or more ACE. ZIP codes with higher risk for ACE exposure overlap with areas of high poverty.
- Racial and ethnic minorities, especially Latinos, had the lowest rates of educational attainment in Wyandotte County.
- Regarding employment opportunities, residents cited the following causes: a lack of available jobs (leading residents to seek employment elsewhere), a lack of educational

resources, schools not adequately training life skills, and employers possibly being less likely to hire employees from certain neighborhoods.

- The teen pregnancy rate in Wyandotte County is 10.4 per 1,000 live births, compared to a Kansas-wide average of 4.5 per 1,000.
- Black infant mortality is 12.9 per 1,000 live births. This compares to 7.9 per 1,000 county-wide, and 6.2 per 1,000 in the state.
- Annually there are 6.2 violent crimes reported per 1,000 people compared to 3.6 per 1,000 people in Kansas.

#### Wyandotte County Community Health Improvement Plan – 2018-2023

In 2016, community stakeholders convened and formed a steering committee to conduct a Community Health Assessment (CHA) of Wyandotte County. In the fall of 2017, community partners and the University of Kansas Center for Community Health and Development then developed a Community Health Improvement Plan that addressed priority needs. The steering committee's work was supported by the Unified Government Public Health Department (UGPHD).

The steering committee decided that concerns would be the "lenses" through which each of the priority areas was addressed:

- 1. Poverty
- 2. Discrimination
- 3. Adverse Childhood Experiences (ACEs)

Priorities and accompanying goals in the CHIP are as follows:

• Priority Issue: Education and Jobs

#### Goals:

- Increase access to quality and affordable childcare opportunities.
- Improve accessibility and frequency of public and alternative transportation options.
- Increase hiring of individuals with criminal history.
- Increase proficiency in English tailored to industry-specific communication.
- o Increase attainment of post-secondary education/industry-recognized training.
- Priority Issue: Access to Medical, Dental, and Mental Health Services Goals:
  - Assure access to health care for all (including by addressing affordability, geographic location of services, hours of operation, technology, consumer education, and health information.).
  - Improve capacity of the health care system so that it is responsive to everyone's health care needs (including by addressing workforce development and service integration, coordination, quality, and cultural humility).
- Priority Issue: Safe and Affordable Housing

Goals:

- Increase quantity of quality housing for low-moderate income people in high opportunity areas (e.g. easy access to transportation, food, recreation, jobs, low-crime, schools).
- Reduce the cost of accessing housing and the associated cost of living in the home.
- Priority Issue: Violence Prevention
  - Goals:
  - o Foster safer neighborhoods, free from violence.
  - Foster and promote community connectedness and resident supports.
  - o Address cultural norms that support intervention or prevent violence.

The Wyandotte County CHIP process also includes annual reviews and publications of the progress being made towards each priority issue, goal, and strategy.

#### Missouri Maternal Child Health Strategic Map – 2017-2020

The State of Missouri receives funding from the MCH Bureau of the U.S. Health Resources and Services Administration for improving the health of women, mothers, and children. This funding is known as the Title V Maternal and Child Health (MCH) Block Grant. The Missouri Department of Health and Senior Services, Division of Community and Public Health, is responsible for administering the MCH Block Grant.

Through this process, the department also conducts statewide needs assessment to identify state maternal and child health priority needs and direct Title V resources to meet these needs through state and local partnerships and collaboration. The strategic map from 2017 to 2020 identified the following as priority areas and goals.

- Women and Maternal
  - Improve pre-conception, prenatal and postpartum health care services for women of child-bearing age.
  - Improve maternal/newborn health by reducing cesarean deliveries among low-risk first births.
  - Decrease percent of women with a recent live birth who reported frequent postpartum depressive symptoms.
  - Increase percent of women who had a preventive dental visit during pregnancy.
- Perinatal and Infant
  - Ensure risk appropriate care for high risk infants to reduce infant mortality/morbidity.
  - Improve health outcomes for MO mothers and infants by increasing breastfeeding initiation and duration rates.
  - Increase percent of infants placed to sleep on their backs.
- Child

- Support adequate early childhood development and education.
- Reduce intentional and unintentional injuries among children and adolescents.
- Increase percent of children age 2 through 17 with problems requiring counseling who received mental health care.
- Increase percent of children, ages 1 to 17 years, who had a preventive dental visit in the last year.
- Adolescent
  - Reduce intentional and unintentional injuries among children and adolescents.
  - Increase percent of children ages 6 through 11 and adolescents ages 12 through 17 who are physically active at least 60 minutes per day.
- Children with Special Health Care Needs
  - Ensure coordinated, comprehensive and ongoing health care services for children with and without special health care needs.
- Smoking
  - Prevent and reduce smoking among women of childbearing age, pregnant women and reduce childbood exposure to secondhand smoke.
- Adequate Insurance
  - Ensure adequate health insurance coverage and improve health care access for MCH populations.

# MCH 2020: Kansas Maternal and Child Health Needs Assessment, Priorities and Action Plan – 2016-2020

The 2016-2020 Kansas Title V Needs Assessment was conducted by the Bureau of Family Health to understand needs and determine priorities for work at the state and local levels to support the health and well-being of women, infants, children, children with special health care needs, adolescents, and individuals over the life course.

The state priorities that emerged are as follows:

- Priority 1: Women have access to and receive coordinated, comprehensive services before, during and after pregnancy.
  - All women age 15-44 who access Title V services will receive prenatal risk assessments and well-woman visits at least once annually in order to reduce birth complications and risks, while improving women's health.
  - Women will follow through with recommended referral services 100% of the time by attending all recommended screenings and doctor appointments.
  - There will be an increase in access to services through supplemental resources provided throughout the community to promote education, screening, referral, and treatment for women and families.
- Priority 2: Services and supports promote healthy family functioning.

- Healthy relationships and life skills are evident with women and families through an improvement rate of at least 30% on annual Becoming a Mom program evaluations/indicators.
- Provide and increase in community resource fairs, trainings, and community events that promote and support informed, engaged, and empowered families evident through an increase in referral and service delivery reported in annual program data.
- Increase client access to services through coordination of home visiting programs and expanding services through informing and referring families to services in order to ensure proper linkage.
- Priority 3: Developmentally appropriate care and services are provided across the lifespan of children.
  - As a result of infants, children and adolescents being in environments where there are safeguards against preventable injury and harm, the infant mortality rate is reduced to a 3-year average of lower than 6.0.
  - o 90% of children receive immunizations according to the recommended schedule.
  - Multi-sector (individual, health care and social service providers, communitybased organizations) approaches are in place to reduce annual SIDS and SUID rates.
  - To achieve overall good health and desirable outcomes over the life course, preventative oral health services are integrated into existing programs and services for the MCH population starting in the prenatal and infancy periods.
  - All children receive an age appropriate developmental screening annually with a valid and reliable tool.
- Priority 4: Families are empowered to make educated choices about nutrition & physical activity.
  - Children and adolescents ages 0-17 years old and older have access to healthy foods and increased knowledge of opportunities for physical activity in order to adhere to and achieve optimum lifelong health.
  - Parents have access to information and resources on infant nutrition and feeding education in a multifaceted way using existing programs starting in the prenatal period, initiated during the first trimester.
  - Increased opportunities for regular physical activity for families are provided through structured environments and improved accessibility to facilities that support physical activity.
- Priority 5: Communities, providers, and systems of care support physical, social and emotional health for adolescents.
  - All children and adolescents receive comprehensive preventive health care that addresses social and emotional aspects of health at annual child and adolescent well visits, promoted through a developed cross system partnership (schools, community partners, Health Department).
  - All youth are provided with the support, relationships, and resources they need in order to build and improve coping skills and manage stress through measurable,

positive youth development interventions and the implementation of evidencebased practices to prevent suicide.

- Adults, children, and adolescents are aware of and have access to prevention and intervention programs that educate and empower them to practice protective factors to reduce the impact of bullying through MCH community and school trainings provided annually.
- Priority 6: Professionals have the knowledge and skills to address the needs of maternal and child health populations.
  - MCH provides on-going support toward the development of a trained and qualified workforce that serves Kansas children and families by providing professionals with up-to-date best practices and evidence-based services using a multi-faceted approach (referral network, mid-level training for home visitors, partnership support).
  - Annual training and education are delivered to ensure that providers have the ability to promote diversity, inclusion, and integrate supports in the provision of services for the SHCN population into adulthood.
  - MCH provides and ensures availability to on-going, up to date education and training opportunities that promote consistent messages and curriculums for childcare providers in Kansas aimed at the social-emotional development of children.
- Priority 7: Services are comprehensive and coordinated across systems and providers.
  - By supporting collaborative efforts of partners (MCO's, primary care providers) toward the timely implementation of a family-centered medical home to help with coordination of care, communication and outreach improves among service providers, individuals, and families.
  - Systems that support age & are developmentally appropriate, universal behavioral health that increase collaboration efforts through partnerships with existing programs (KDADS, KAIMH) and between primary care and behavioral health providers are continually integrated and reviewed.
  - A patient-centered action plan that assists and empowers individuals and families is developed, monitored, and evaluated to help navigate systems for optimal health outcomes throughout the life course.
- Priority 8: Information is available to support informed health decisions and choices.
  - MCH works with existing programs (pediatricians, youth programs, local schools) to increase the number of partnerships that will help parents and youth ages 17 and understand the importance of and make informed decisions about healthy choices and regular self-care.
  - Through collaboration with local school districts to implement and provide youthfocused initiatives & curriculums that include progress measures, children and youth ages 17 and under, and families are better equipped to advocate for all needed services, supports, and family/professional partnerships to achieve 100% of successful and healthy transitions.

 In partnership with local health departments, MCH increases the number of individuals/families with medical insurance by 100% by assisting with locating and enrolling in the appropriate health care coverage, and through outreach by hosting current regional training around service planning, delivery, and navigation of resources to ensure utilization of acquired health care coverage-centered action plan that assists and empowers individuals and families is developed, monitored, and evaluated to help navigate systems for optimal health outcomes throughout the life course.

## **APPENDIX C – COMMUNITY INPUT PARTICIPANTS**

Organization
Boys & Girls Club of Greater Kansas City
Crittenton Children's Center
Harvesters - The Community Food Network
Johnson County Department of Health and Environment
Saint Luke's Health System
Saint Luke's Hospital of Kansas City
Saint Luke's Physician Group
Saint Luke's South Hospital
Samuel U. Rodgers Health Center
United Community Services of Johnson County

#### Exhibit 54: Interviewee Organizational Affiliations

### APPENDIX C – COMMUNITY INPUT PARTICIPANTS

Organization	Participated	Organization	Participated
American Lung Association		Lee's Summit R7 School District	•
Artists Helping the Homeless	Mid-America Regional Council		•
Avenue of Life	Mattie Rhodes Center		•
BikeWalk Kansas City	•	State Representative, Kansas - Member of Committee on Medicaid Expansion	•
Black Healthcare Coalition - Kansas City	•	Metro Organization for Race and Economic Equity	•
Blue Valley School District		Wyandotte County Neighborhood Resource Center	
Boys & Girls Club of Greater Kansas City	•	Northland Health Alliance	
Center for Neighborhoods, University of Missouri - Kansas City	•	Northeast Johnson County Chamber of Commerce	
City of Kansas City Deptartment of Health	•	Nurture KC	•
Community Assistance Council	•	Unified Government - Office of Fair Housing, Wyandotte County	•
Kansas Department for Aging and Disability Services - Community Developmental Disabilities Organization	•	Oral Health Missouri	•
El Centro	•	REACH Healthcare Foundation	
Episcopal Diocese of West Missouri	•	ReDiscover	•
Harvesters - The Community Food Network	•	Saint Luke's Health System	•
Health Partnership Clinic - Olathe		Saint Luke's Hospital Medicine Specialists	•
Healthy Communities Wyandotte	•	Saint Luke's South Hospital	•
Hickman Mills School District	•	Shawnee Mission School District	
Hillcrest Transitional Housing of Eastern Jackson County	•	Shepherd's Center of Kansas City, Kansas	
Hillcrest Transitional Housing of Kansas City, KS		State Representative, Kansas - Member of Health and Human Services Committee	
Hope House	•	Swope Health Services	•
Jackson County Health Department	•	The Alliance for a Healthy Kansas	•
Jackson County Mental Health Fund	•	University of Missouri - Kansas City Medical School	•
Johnson County Mental Health Center		Unified Government - Area Agency on Aging	•
Johnson County Senior Meals Resource Link		Unified Government - Public Health Department	•
The Kansas City Medical Society	•	United Community Services of Johnson County	
Kansas City Public Schools		United Way of Greater Kansas City	
Kansas Hospital Association	•	United Way of Wyandotte County	•
KC Care Health Center	•	University of Missouri Extension	•
K-State Research and Extension	•	Uzazi Village	•
City of Leawood, KS			

## Exhibit 55: Community Meeting Participants

## **APPENDIX D – CHSI PEER COUNTIES**

County Health Rankings has assembled community health data for all 3,143 counties in the United States. Following a methodology developed by the Centers for Disease Control's *Community Health Status Indicators* Project (CHSI), County Health Rankings also publishes lists of "peer counties," so comparisons with peer counties in other states can be made. Each county in the U.S. is assigned 30 to 35 peer counties based on 19 variables including population size, population growth, population density, household income, unemployment, percent children, percent elderly, and poverty rates. **Exhibit 56** lists peer counties for Johnson County, KS; Jackson County, MO; and Wyandotte County, KS.

#### APPENDIX D – CHSI Peer Counties

## Exhibit 56: CHSI Peer Counties

Johnson County, KS	Jackson County, MO	Wyandotte County, KS
Broomfield County, Colorado	Maricopa County, Arizona	San Benito County, California
Douglas County, Colorado	Alameda County, California	San Bernardino County, California
Cherokee County, Georgia	Orange County, California	Yolo County, California
Forsyth County, Georgia	San Diego County, California	Adams County, Colorado
Kendall County, Illinois	San Francisco County, California	Osceola County, Florida
Boone County, Indiana	Santa Clara County, California	Clayton County, Georgia
Hamilton County, Indiana	Denver County, Colorado	DeKalb County, Georgia
Johnson County, Kansas	Hartford County, Connecticut	Douglas County, Georgia
Boone County, Kentucky	Pinellas County, Florida	Gwinnett County, Georgia
Oldham County, Kentucky	Jefferson County, Kentucky	Henry County, Georgia
Charles County, Maryland	Kent County, Michigan	Newton County, Georgia
Frederick County, Maryland	Hennepin County, Minnesota	Rockdale County, Georgia
Howard County, Maryland	Ramsey County, Minnesota	DeKalb County, Illinois
Carver County, Minnesota	Jackson County, Missouri	St. Clair County, Illinois
Scott County, Minnesota	Clark County, Nevada	Lake County, Indiana
Washington County, Minnesota	Erie County, New York	Wyandotte County, Kansas
Union County, North Carolina	Monroe County, New York	Jefferson Parish, Louisiana
Delaware County, Ohio	Richmond County, New York	St. Bernard Parish, Louisiana
Warren County, Ohio	Mecklenburg County, North Carolina	Bristol County, Massachusetts
Canadian County, Oklahoma	Wake County, North Carolina	Macomb County, Michigan
Williamson County, Tennessee	Franklin County, Ohio	Camden County, New Jersey
Comal County, Texas	Oklahoma County, Oklahoma	Passaic County, New Jersey
Denton County, Texas	Multnomah County, Oregon	Orange County, New York
Fort Bend County, Texas	Allegheny County, Pennsylvania	Gaston County, North Carolina
Kendall County, Texas	Davidson County, Tennessee	Yamhill County, Oregon
Montgomery County, Texas	Bexar County, Texas	Colonial Heights city, Virginia
Rockwall County, Texas	Collin County, Texas	Fredericksburg city, Virginia
Williamson County, Texas	Tarrant County, Texas	Hampton city, Virginia
Tooele County, Utah	Travis County, Texas	Hopewell city, Virginia
Loudoun County, Virginia	Salt Lake County, Utah	Newport News city, Virginia
Prince William County, Virginia	Arlington County, Virginia	Portsmouth city, Virginia
Spotsylvania County, Virginia	Alexandria city, Virginia	Suffolk city, Virginia
Stafford County, Virginia	Virginia Beach city, Virginia	Pierce County, Washington
York County, Virginia	King County, Washington	Kenosha County, Wisconsin

# **APPENDIX E – IMPACT EVALUATION**

This appendix highlights Saint Luke's South Hospital's initiatives and related impacts in addressing significant community health needs since the facility's previous Community Health Needs Assessment (CHNA) published in 2018. This is not an inclusive list of all initiatives aligned with the 2018 CHNA. Given that the process for evaluating the impact of various services and programs on health outcomes is longitudinal by nature, significant changes in health outcomes may not manifest for several community health needs assessment cycles. Each Saint Luke's facility continues to evaluate the cumulative impact.

The 2018 Saint Luke's South Hospital CHNA identified the following as significant needs and priority areas:

- 1. Access to Care
- 2. Management of Transitions of Care
- 3. Behavioral Health

#### **Priority 1: Access to Care**

Goal: Improve affordability of health care services in Johnson County.

- Initiative: Johnson County Community Health Partnership, an FQHC, serves as a medical home offering medical, dental and behavioral health services to people who are insured, underinsured or without insurance Saint Luke's South Hospital provided **financial support** to the organization for this work to continue in the community.
- Highlighted Impact: The Health Partnership Clinic provides nearly 37,000 patient visits annually and serves as a lifeline for more than 15,000 adults and children. Fifty-eight percent of the clinic's patients are uninsured, and 30 percent (mostly children) are on Medicaid/KanCare.<sup>29</sup>
- Initiative: Saint Luke's South Hospital accepts KanCare, the **Kansas Medicaid** program, in order for low-income patients to receive care. If a patient is not enrolled for KanCare but is eligible, SLS staff will assist patients in completing the Medicaid application.
- Highlighted Impact: SLS continues to serve patients enrolled in Medicaid programs, allowing many residents to receive health care services that may otherwise prove inaccessible or unaffordable.
- Initiative: Advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.
- Highlighted Impact: Continued collaboration with local, state and national partners, such as local chambers of commerce, Kansas and Missouri Hospital Associations, and community-based organizations. Maintained relationships with policymakers, fostering the environment necessary for positive movement on Medicaid reform (such as the recent

<sup>&</sup>lt;sup>29</sup> https://hpcks.org/who-we-are/mission-history/

expansion of Medicaid in Missouri that to take effect in 2021), health care financing, and preventing punitive actions that would negatively impact priority health issues.

Goal: Improve availability of health care services in Johnson County.

- Initiative: Saint Luke's Health System increased access to physicians and medical visits through the use of **virtual visits**. Utilizing technology, Saint Luke's South Hospital increased access to surrounding communities by offering phasing in the usage of online doctor visits.
- Highlighted Impact: Saint Luke's South Hospital was able to expand its services through virtual visits, increasing access to care by mitigating common barriers to accessing health care identified in this report (i.e. transportation, time commitment).
- Initiative: Saint Luke's South Hospital and partner facilities provided **educational opportunities** for all patients and community members on a wide range of topics. Patients can access the classes in person and online.
- Highlighted Impact: SLS provided over 40 class offerings to 360 registrants. Classes included Advanced Stroke Life Support, CPR for Health Care Workers, Breastfeeding Basics, Newborn Care, Childbirth, All About Birth and more. Technology was used to offer some classes online.
- Initiative: Saint Luke's South continued to provide patients access to the Saint Luke's Physician Group **Diabetes Education Center**. The Diabetes Education Center offers comprehensive services featuring an integrated care team where patients can access endocrinology specialists, certified nurse educators, and certified diabetes educators all within the same suite.
- Highlighted Impact: In 2019, 545 patients from South made 831 visits to the Center. Educational offerings include Living Well with Diabetes; managing your blood sugars; diabetes medications and how they work; weight-management support; diabetes prevention; healthy food choices and meal planning; and more.

#### Priority 2: Management of Transitions of Care

Goal: Improve ability of patients to transition between hospital care and post-hospital life.

- Initiative: Saint Luke's South Hospital's Care Progression Team has focused on **establishing structures, processes and partnerships** with physicians and entities outside of Saint Luke's Health System to effectively manage patient care. Since the last CHNA, **Saint Luke's South Community Hospital** leadership visited physician partners and post-acute centers and provided education about the services offered at Saint Luke's Community Hospitals and the availability of services for patients directly in the community.
- Highlighted Impact: The program is **preventing patients from being readmitted** to the hospital, connects patients to **social services**, and **partners** with community-based organizations.

- Initiative: The Saint Luke's South Hospital's Care Progression Program has focused resources on **quality improvement** opportunities and has increased communication efforts between providers, as well as between providers and patients/patient caregivers.
- Highlighted Impact: The program is **preventing patients from being readmitted** to the hospital, connects patients to **social services**, and **partners** with community-based organizations.

#### **Priority 3: Behavioral Health**

Goal: Improve access to behavioral health services.

- Initiative: Saint Luke's South Hospital's **behavioral health team** has training and expertise to support patients that present themselves in the Emergency Department with psychological concerns or self-inflicted injuries.
- Highlighted Impact: In 2019, 186 **mental health assessments** were completed for both inpatient and outpatient behavioral health.
- Initiative: In 2019, Saint Luke's Health System developed the **Saint Luke's Community Resource Hub** to connect patients with community resources through a closed-loop referral system. Powered by Aunt Bertha, the Saint Luke's Community Resource Hub is an online platform listing reduced-cost and free resources in the community. The Resource Hub contains resources for a variety of categories including: food, housing, goods, transit, health, money, etc. In addition, Saint Luke's established a **screening tool** in Epic.
- Highlighted Impact: Saint Luke's South Hospital patients are screened for food insecurity, transportation, physical activity, housing and social isolation upon admittance to the hospital, being connected to valuable community resources to address needs.
- Initiative: The **Saint Luke's Behavioral Access Center** (BAC) continued to provide ongoing collaboration in regards to assessment and placement for both involuntary and voluntary psychiatric admissions for SLS patients.
- Highlighted Impact: BAC continued to provide safety planning for all patients assessed in the emergency department and in patient, also providing information about outpatient resources to address behavioral health concerns when discharged.
- Initiative: The Saint Luke's Behavioral access Center provided **ongoing collaboration** with the Johnson County Partnership Clinic (FQHC), Crittenton Children's Center, and the Johnson County Mental Health Center addressing behavioral health needs in the defined community.
- Highlighted Impact: Ongoing collaboration with health partners increases the ability of SLS to identify residents in need of behavioral health interventions and connects them to resources to address these needs.
- Initiative: Saint Luke's South Hospital offers a **MedSafe Box** as a drop-off location for unused prescription medication. Once medications are collected each month, they are sent away for proper disposal.

- Highlighted Impact: On average, 77 pounds of disposed medications were collected per month. Following community and in hospital education, pharmacists reported an increase of up to 25 pounds of disposed medications per month in 2019.
- Initiative: Providing community education on the proper disposal of prescription medications is a key component of the MedSafe program. SLS pharmacists and staff promoted proper medication disposal, and the availability of the MedSafe box at Saint Luke's South Hospital, at area schools and community centers. The Hospital is also listed as a takeback site on the DEA website. Materials promoting drug disposal were also provided to employees and patients.
- Highlighted Impact: On average, 77 pounds of disposed medications were collected per month. Following community and in hospital education, pharmacists reported an increase of up to 25 pounds of disposed medications per month in 2019.
- Initiative: Continue to advocate on key health policy issues at the state and national level involving access to behavioral health services, especially for services related to substance abuse.
- Highlighted Impact: Continued advocacy by anchor health institutions continues to reshape health policy, such as the recent expansion of Medicaid in Missouri (that will take effect in 2021).

#### Contact us

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