

Senior Living Visitation Plan

Revised 9/30/2020

Keeping Everyone Safe

To ensure the safety of our residents, we are following guidelines recommended by the U.S. Centers for Disease Control and Prevention (CDC), the Centers for Medicare & Medicaid Services (CMS), local and state governments, and Saint Luke's Health System along with the Guidance from both the Kansas Department of Health and Environment and Missouri Department of Health and Senior Services in regard to visitation transitions at Kansas and Missouri long-term care facilities, respectively.

All visits, regardless of entity or location will follow the below Core Principles of Infection Control provided by CMS

Core Principles of COVID-19 Infection Prevention

- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose)
- Social distancing at least six feet between persons
- Instructional signage throughout the facility and proper visitor education on COVID- 19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated COVID-19 care)
- Resident and staff testing conducted as required at 42 CFR 483.80(h) (see QSO-20- 38-NH)

Visitors who are unable to adhere to the core principles of COVID-19 infection prevention will not be permitted to visit or will be asked to leave.

- Whether outdoor or indoor, Senior Living Communities will limit the number of visitors per resident at one time and limit the total number of visitors in the facility at one time (based on the size of the building and physical space). Senior Living Communities will schedule visits for a specified length of time to help ensure all residents are able to receive visitors

Shared Guidelines – All Saint Luke’s Health System Assisted Living, Long Term Care and Skilled Nursing Communities

- For the safety of residents and to limit outside exposure, each resident will be allowed to designate up to five visitors who are able to visit them (either individually or two at a time). Resident may decline visiting with a visitor at any time.
- As we begin this process, and to give everyone an opportunity to have a family visit, it is requested that residents have only one scheduled visit per week.
- Two visitors plus resident allowed during visit; no pets allowed at this time.
- Children 14 years of age or older are permitted and count in the visitor limits
- Visits will be up to one hours in length.
- Visitors must remain with the resident until a staff member comes to assist the resident in returning to their room or apartment.
- Resident and visitor must remain in the designated location for their visit – wandering through the community or going to the residents room/apartment is not permitted at this time.
- Resident will don their mask and sanitize hands prior to leaving and upon returning to their room or apartment
- If the resident is unable to wear a mask due to physical or emotional reasons, a partition, such as a Plexiglas wall, will be used. Residents must wear a mask if at all possible.
- No food or drink may be consumed during the visit to ensure that masks remain in place.
- Visitors will be screened, and temperature checked at the facility entrance prior to entering the community
- Visitor will hand sanitize and wear face mask during entire visit; if resident/visitor does not have a face mask, one will be provided
- Visitors will be asked for their identification when not an immediate family member or DPOA that is known by the screening team
- Staff will bring resident to designated visitor location and assist resident back to their room/apartment after the visit
- Resident and visitors must maintain 6+ feet of social distance during the visit (i.e. separation provided by two 3-foot Plexiglas divider walls)
- Call system pendant will be provided to the visitor/resident to push when they are done with the visit or within 60 minutes, whichever occurs first
- The call system pendant is also to be used in case of emergency
- Visitation areas will be cleaned and sanitized after each visit
- If outside visit, the resident will identify if the temperature and weather conditions are tolerable for the visit; if not, then BSP/RLC will make every attempt to re-locate the visit to an indoor location.

Residential Living Center Family Visits

Limited visitors will be allowed in specifically identified visit area in either the RLC Beauty Salon or the Fireplace Room.

Visitor Guidelines:

- Residents/or designated visitors may reserve a visit area by calling the Activities Department at RLC at 785-204-4031 between 9:00 am—5:00 pm Monday-Friday
 - Visits requested by family members will be approved by the resident prior to a visit occurring
 - Visitations at the Residential Living Center will be scheduled as follows:
 - Monday through Friday at 9:00am, 10:30am, 1:30pm and 3:00pm
 - Evening visits will be offered on Tuesday and Thursday at 6:00pm
 - Weekend visits will be offered on Saturday and Sunday at 10:00am and 1:00pm
 - Visitors will arrive promptly for the visit and ring the doorbell.
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