

# Presentation of Curricular Features

Specific to CPE Programs of Saint Luke's Health System

Kansas City, Missouri

Accredited by  (Association of Clinical Pastoral Education)  
The Standard for Spiritual Care & Education

 Saint Luke's™



The CPE Resident Program includes “Horses and Heroes,” an equine therapy program focusing on building trust and becoming more aware of and confident with interpersonal and group dynamics.



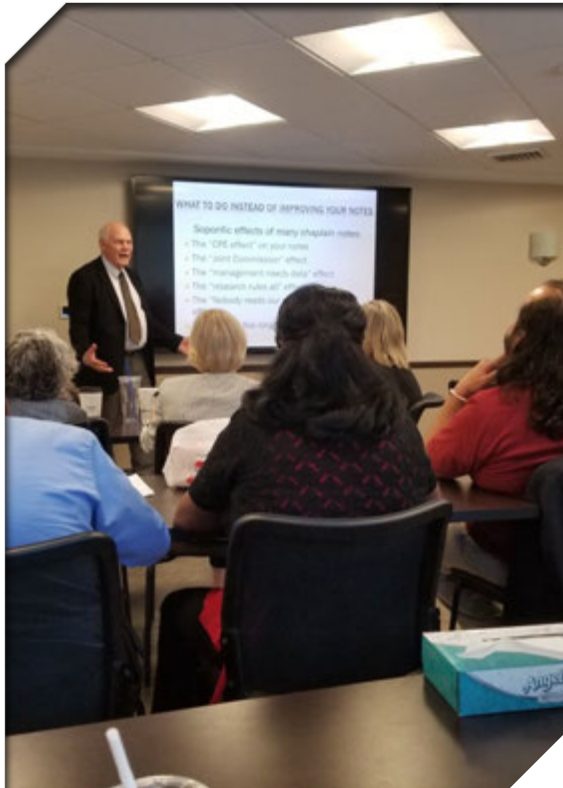
To learn more about Horses and Heroes, visit [www.HorsesandHeroes.org](http://www.HorsesandHeroes.org).



With a licensed equine therapist and counselor, residents are guided to observe and interact with the horses, individually and as a herd, then reflect upon group dynamics and make application to their peer group and group dynamics in the hospital (family and staff).



Each resident is required to conduct research for a **Quality Improvement Project**. One resident, Sergio Moreno, focused on improving Spiritual Assessment and charting. He facilitated a seminar with Gordon Hilsman for area chaplains.



*Learn more about Gordon Hilsman's book: [Spiritual Care in Common Terms](#) (Jessica Kingsley Publishers – 2017).*



Interns and Residents have a **retreat** day at the beginning of the year to learn about and foster **group dynamics**. With a trained group facilitator, students and educators engage in activities that reveal personal tendencies, leadership, and relationships.



While on retreat, students also engage in **art**. This unit the focus was on **Kintsugi**, a Japanese art form that emphasizes the value of vulnerability and brokenness. Initially, the pottery is painted; in the second unit, the pottery is “broken open.” In the third unit a new creation emerges.



# Kintsugi creating



Worship opportunities occur as the peer group leads a creation centered service and as individual CPE students bring a message from their tradition.





The 2019 Semi-virtual program held class in person and on-line. To facilitate deeper peer relationships a fishing retreat occurred.

