



# Tomato Basil Avocado Toast

## Ingredients:

2 slices whole grain, sourdough, or rye bread	1 clove garlic, halved
1 ripe avocado	1 tablespoon extra virgin olive oil
1/4 teaspoon salt	4 tomato slices
1/8 teaspoon black pepper	4 basil leaves
	1 tablespoon balsamic vinegar

## Directions:

1. Toast the bread until brown and crisp.
2. Cut the avocado in half, remove the pit, and scoop out the flesh into a bowl.
3. Add salt and pepper, then mash with a fork until mixed thoroughly.
4. Rub one side of each slice of bread with the cut side of the garlic until well coated and fragrant.
5. Brush the toast with olive oil.
6. Divide the mashed avocado evenly among the toast.
7. Top toast with two basil leaves and two tomato slices, in that order.
8. Drizzle balsamic vinegar on top.

*Servings: 2*

