

 Saint Luke's

Community Benefit Implementation Plan

2018

➤ Saint Luke's North Hospital



I. Introduction

Organization Overview: Saint Luke's North Hospital consists of two campuses serving Clay and Platte Counties in Missouri, as well as surrounding areas in Northwest Missouri. Between both the Barry Road and Smithville campuses, Saint Luke's North Hospital offers 137 patient beds and more than 20 specialized health care services.

Mission: At Saint Luke's North Hospital, we are committed to providing quality health care services to enhance the physical, mental, and spiritual health of the people of the Northland and surrounding region. As a member of Saint Luke's Health System, we are dedicated to partnering with patients, physicians, payers, health providers, our community, and others.

Vision: The best place to get care. The best place to give care.

II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2018 Community Health Needs Assessment (CHNA) prepared for Saint Luke's North Hospital. This Plan serves as Saint Luke's North Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Saint Luke's North Hospital, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Saint Luke's North Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified three major health needs:

- Access to Care
- Behavioral Health
- Chronic Diseases

V. What Saint Luke’s North Hospital Will Do to Address Priority Needs

1. Access to Care

Insufficient access to health services can be caused by many different issues including: lack of insurance, underinsurance, primary care provider availability, provider quality, and costs of care.

Access to primary care providers and/or a health center has a major impact on individual health. Adequate access to both primary and specialty care is of even more importance to individuals with chronic conditions. Individuals with access to care are more likely to receive preventive care that improves quality of life and helps detect and manage chronic conditions. Providing better access to care will help improve the general health of the entire community served.

Saint Luke’s North Hospital collaborates with several community partners in an effort to address access to care as a priority need. Community partners include Northland Healthcare Access, Swope Health Services, Samuel U. Rodgers Health Centers, Tri County Mental Health Services, and both Clay and Platte County Health Departments.

Implementation Strategies

Saint Luke’s North Hospital will work to expand access to comprehensive, quality health care services for individuals within Clay and Platte Counties. Saint Luke’s North Hospital will implement the following strategies in addressing access to care as a priority need:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
1	Access to Care			
1.1	Goal: Improve access to health care providers in the Northland			
1.1.1	Continue to provide access to care through 24/7 Emergency Department with helicopter pad access.	In operation	1/1/2019	12/31/2021
1.1.2	Continue to provide assistance to Northland Healthcare Access and support their mission of coordinating quality care for people lacking access	Financial and In-kind contributions made	1/1/2019	12/31/2021
1.1.3	Leverage technology to increase access to new populations	Saint Luke’s 24/7 App Telemedicine services in operation	1/1/2019	12/31/2021
1.1.4	Continue recruitment of primary care physicians and other specialty care providers needed to serve the growing Northland population	On-going recruitment efforts	1/1/2019	12/31/2021
1.1.5	Maintain operation of walk-in clinics with evening and weekend hours.	Clinics in operation with extended hours	1/1/2019	12/31/2021
1.1.6	Continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.	On-going advocacy efforts	1/1/2019	12/31/2021
1.1.7	Saint Luke’s North will be an active member in the Northland Health Alliance and support the efforts of the Access to Care work group.	Meetings attended Financial contributions to assessment efforts	1/1/2019	12/31/2021
1.1.9	Continue to partner with schools to grow the healthcare workforce by offering a location for shadowing, internships, and clinicals.	Number of student hours	1/1/2019	12/31/2021
1.1.10	Continue to provide access to the Care Van for existing patients with limited access to transportation	Number of rides provided	1/1/2019	12/31/2021

2. Behavioral Health

The growing demand for behavioral health services and low number of behavioral health service providers in Clay and Platte counties are areas for concern. Several barriers exist to patients in need of behavioral health services, including providers who do not accept Medicare and Medicaid.

Accessing behavioral health services can help manage chronic disease and decrease substance abuse, preventable hospitalizations, and violent crimes. Addressing the behavioral health issue can have a cascading effect on these secondary issues facing the community.

Saint Luke’s North Hospital offers a variety of behavioral health services, including an extensive psychiatric telemedicine program that benefits numerous outside hospitals. The growing demand for behavioral health services and low number of behavioral health providers in Clay and Platte counties necessitates an expansion of the services to the Northland population.

Saint Luke’s North Hospital–Smithville offers comprehensive behavioral health services, including psychiatric assessment and inpatient treatment for adults. The multidisciplinary behavioral health team at Saint Luke’s North Hospital–Smithville includes:

- Licensed professional counselors
- Mental health technicians
- Physicians
- Psychiatrists
- Registered nurses
- Recreational therapists
- Social workers
- Expressive Therapists

Implementation Strategies

Saint Luke’s North Hospital is committed to maintaining behavioral health services for Northland residents while expanding services to additional communities via psychiatric telemedicine outreach. Saint Luke’s North Hospital will provide the following services dedicated to behavioral health:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
2	Behavioral Health			
2.1	Goal: Improve Access to Mental Health Services			
2.1.1	Maintain 30 previous inpatient psychiatric beds	Number of psychiatric beds maintained	1/1/2019	12/31/2021
2.1.2	Maintain 13 telemedicine sites that the psych emergency team responds to 24/7	Number of telemedicine sites maintained	1/1/2019	12/31/2021
2.1.3	Maintain the telemedicine psych emergency assessment team to be available 24/7	BAC team in operation Number of Assessments conducted	1/1/2019	12/31/2021
2.1.4	Maintain a collaborative relationship with Tri-County Mental Health Services (serving Ray, Platte, and Clay Counties) and Northland Health Access to provide mental health services at Platte County Health Department. Through this partnership, a Qualified Mental Health Professional will be able to provide counseling services at the health department.	Number of patients seen by QMHP at Platte County Health Department	1/1/2019	12/31/2021
2.1.5	Saint Luke’s North Hospital will develop opportunities for continuing mental health education for health professionals within the community including members of the Saint Luke’s North Hospital multidisciplinary care team	Number of education events	1/1/2019	12/31/2021
2.1.6	Continue to partner with Law Enforcement to provide CIT training twice a year for officers in the Northland.	2 trainings offered each year	1/1/2019	12/31/2021
2.2	Goal: Reduce substance abuse in the Northland.			
2.2.1	Continue to be an active member in the Northland Health Alliance and support the efforts of the Mental Health work group.	Meetings attended Financial contributions to assessment efforts	1/1/2019	12/31/2021
2.2.2	Continue to support a pharmacist that is available for behavioral health pharmacology consults in the inpatient setting.	Number of patient consults	1/1/2019	12/31/2021
2.2.3	Implement Social Determinants of Health Screening and refer patients to the appropriate community resources.	Number of Patients Screened Number of Patients Referred Completed Referrals	1/1/2019	12/31/2021

3. Chronic Disease Management

Both primary and secondary data sources revealed a need for better management of specific chronic diseases in the community. Primary and secondary data consistently emphasized a need to provide additional treatments for heart disease, diabetes, and obesity.

Implementation Strategy

Saint Luke's North Hospital will work internally and externally to improve the chronic disease status in the Northland. Saint Luke's North Hospital will provide the following services dedicated to chronic disease management:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
3	Chronic Disease Management			
3.1	Goal: Reduce obesity in the Northland			
3.1.1	Saint Luke's North Hospital will work to promote health and reduce the prevalence of overweight and obese individuals through the consumption of healthy diets, increased physical activity, and through the application of strategies related to combating heart disease and diabetes, resulting in achievement and maintenance of healthy body weight.	Number of speaking engagements conducted	1/1/2019	12/31/2021
3.1.2	Continue to offer an affordable community gym, SHAPE Fitness Center, on the Smithville campus.	Shape Community gym in operation	1/1/2019	12/31/2021
3.1.3	Partner with SilverSneakers to provide exercise opportunities for seniors.	Number of members	1/1/2019	12/31/2021
3.1.4	Implement food insecurity screening and refer food insecure patients to the appropriate community resources.	Screening Implemented Number of Patients Screened Number of completed referrals	1/1/2020	12/31/2021
3.2	Goal: Reduce stroke mortality in the Northland			
3.2.1	Participate in the American Heart Association's Bi-State Stroke Consortium to provide and receive evidence-based educational opportunities in the care of stroke patients.	Events attended Events hosted	1/1/2019	12/31/2021
3.3	Goal: Reduce the prevalence of heart disease in the Northland			
3.3.1	Continue to offer a Phase III Cardiac Rehabilitation program	Program in operation	1/1/2019	12/31/2021
3.3.2	Participate in the Million Hearts Initiative by offering sites for blood pressure kiosks and providing community education.	Number of Kiosks Number of education events	1/1/2019	12/31/2021
3.4	Goal: Reduce the prevalence of diabetes in the Northland			
3.4.1	Saint Luke's North Hospital will continue to provide access to the system diabetes education center, which provides services for community members who are newly diagnosed with diabetes, pre-diabetes, or those seeking additional help managing diabetes.	Number of patients referred to education	1/1/2019	12/31/2021

VI. Approval

The Saint Luke's North Hospital Board of Directors approved this Community Benefit Implementation Plan on September 25, 2018. This implementation plan specifies community health needs that Saint Luke's North Hospital has determined to meet in whole or in part and that are consistent with its mission. The Saint Luke's North Hospital Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.

➤ **Contact us**

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