

Saint Luke's South Hospital

Community Benefit Implementation Plan

2014



➤ **Saint Luke's South Hospital**
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Saint Luke’s South Hospital Community Benefit Implementation Plan 2014

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I. Introduction

Organization Overview: Saint Luke's South Hospital is a comprehensive health care facility serving Johnson County and surrounding communities. This state-of-the-art facility features an acute care hospital with 24-hour emergency services, complete inpatient and outpatient diagnostic testing, a spacious maternity center, rehabilitation services, and physician offices integrated within the facility for optimal convenience. As a member of Saint Luke's Health System, Saint Luke's South Hospital continues the tradition of providing top-quality health care through experienced and dedicated doctors, nurses, and administrative staff.

Saint Luke's South Hospital's Primary Service Area includes 21 zip codes predominantly in Johnson County (KS), Miami County (KS) and Cass County (MO).

Mission: Saint Luke's South Hospital is a faith-based, not-for-profit community hospital committed to the highest levels of excellence in providing health care and health-related services in a caring environment. As a member of Saint Luke's Health System, we are committed to enhancing the physical, mental, and spiritual health of the communities we serve.

Vision: The best place to get care. The best place to give care.

II. Purpose of Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2012 Community Health Needs Assessment (CHNA) prepared for Saint Luke's South Hospital. This Plan serves as Saint Luke's South Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: *The Patient Protection and Affordable Care Act of 2010*.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Saint Luke's South Hospital, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Saint Luke's South Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified seven major health needs:

- Obesity
- Access to Care for Low Income Individuals
- Mental Health / Substance Abuse
- Heart Disease
- Diabetes
- Homelessness
- Sexually Transmitted Diseases

V. How Priorities Were Determined

Priority needs were identified based on input and analysis from several groups including hospital representatives and outside agencies providing services in the community. Priority needs were also chosen based on an effort to support the goals outlined in the Johnson County Health Coalition's community wide approach to meeting the goals of Healthy People 2020. The process identified three primary community health needs Saint Luke's South Hospital will address.

Priority Needs:

1. Obesity
2. Access to Care for Low Income Individuals
3. Mental Health/ Substance Abuse

VI. What Saint Luke's South Hospital Will Do to Address Priority Needs

Saint Luke's South Hospital is proud to continue its tradition of providing top-quality health care through experienced and dedicated doctors, nurses, therapists, and support staff. Along with the specific programs detailed below, Saint Luke's South Hospital will continue to meet community needs by offering a wide range of services in a comprehensive health care facility. The following section outlines how Saint Luke's South Hospital plans to address priority needs.

1. Obesity

Although obesity rates in Johnson County are comparable to the national benchmark, Miami County and Cass County both exceed the national benchmark. Obesity is considered a local, state, and national priority, and it is also a major contributing factor to a number of other service area concerns including heart disease and diabetes. Lack of access to healthy food and physical activity were identified in the CHNA as contributing factors to obesity among individuals in the community. Additionally, nutrition and physical activity were identified as major community concerns by the Johnson County Health Coalition.

Saint Luke's South Hospital collaborates with several community partners in an effort to address obesity as a priority need. Community partners include school districts within Johnson County, Johnson County Health Department, Jewish Community Center, and Barstow School.

Implementation Strategies—Obesity

Saint Luke's South Hospital will work to promote health and reduce the prevalence of overweight and obese individuals through the consumption of healthy diets, increased physical activity, and through the application of strategies related to combating heart disease and diabetes, resulting in achievement and maintenance of healthy body weight. Saint Luke's South Hospital will implement the following strategies in addressing obesity as a priority need:

- Provide additional resources and education for the primary service area regarding nutrition and physical activity. This includes continuation of programs such as pre diabetes education series, cardiovascular rehabilitation program, and community nutritional education.
- Continue Saint Luke's Corporate Wellness Solutions in order to foster fundamental behavioral change among employees by planning, implementing, and evaluating programs and strategies related to health and wellness while continuing to focus on wellness initiatives already in place within Saint Luke's Health System.
- Continue to provide services through the Center for Surgical Weight Loss, including diet and exercise counseling following bariatric surgery.

- Continue to offer healthier cafeteria options and discounts on healthier foods.
- Continue to provide cardiology services that not only treat heart disease but also, focused on promoting health behaviors that combat obesity and encourage healthy eating and physical activity.
- Continue to provide diabetes services that offer unique and individualized services to diabetic patients. Prevention services are also offered that, in turn, promote health behaviors that combat obesity and encourage healthy eating and physical activity.

2. Access to Care for Low Income Individuals

Indigent care was recommended as a top priority in the CHNA prepared for Saint Luke's South Hospital. Access to care was also identified by the Johnson County Health Coalition as a top priority for community health improvement. Providing better access to care for low-income individuals will help improve the general health of the entire community served.

Saint Luke's South Hospital collaborates with several community partners in an effort to address access to care for low income individuals as a priority need. Community partners include the Medical Society of Johnson & Wyandotte Counties Foundation, Inc (Wy/Jo Care), Health Partnership Clinic, Johnson County Health Department and Safehome.

Implementation Strategies—Access to Care for Low Income Individuals

Saint Luke's South Hospital will work to expand access to comprehensive, quality health care services for low income individuals. Saint Luke's South Hospital will implement the following strategies in addressing access to care for low income Individuals as a priority need:

- Continue to provide access to care through 24/7 Emergency Department with helicopter pad access.
- Continue to provide assistance to the Health Partnership Clinic in order to provide a medical home for low income, uninsured residents in the primary service area.
- Continue to serve as a safe harbor site for babies and children.
- Continue to offer flu vaccination donations to the Health Partnership Clinic.
- Provide health education and preventive screenings in primary service area.
- Continue to support number of Wy/Jo Care cases per year that Saint Luke's South Hospital supports through the provision of care and services. Also, encourage physicians at SLS to participate in Wy/Jo Care.
- Educate SLSH staff on the use of the community Caseworker Resource Center (a database of social services available) as a referral source for patients.
- Continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

3. Mental Health/Substance Abuse

Mental health and the ratio of providers to the population were identified as a community health concern for the service area in the CHNA. Mental health also strongly correlates with homelessness and excessive drinking, which were also identified in the CHNA as key concerns for the service area.

Saint Luke's South Hospital collaborates with several community partners in an effort to address mental health/ substance abuse as a priority need. Community partners include Safehome and the Johnson County Mental Health Center.

Implementation Strategies—Mental Health/Substance Abuse

Saint Luke's South Hospital will work to increase community awareness of mental health disorders and substance abuse and provide treatment to individuals with current needs through prevention and ensuring access to appropriate services. Saint Luke's South Hospital will implement the following strategies in addressing mental health/substance abuse as a priority need:

- Continue to screen patients for substance abuse and suicide risk.
- Continue to offer telemedicine services for psychiatric patients in the Emergency Department.
- Hire a full-time psychiatrist at Saint Luke's South Hospital.
- Develop further strategies in depression screenings and education of clinical staff as well as the community.

VII. Needs Not Being Addressed

Four of the community health needs identified in the CHNA will not be addressed by Saint Luke's South Hospital. Saint Luke's South Hospital may currently offer services that address these community needs; however, these needs have not been identified as primary needs to be addressed as a part of this Implementation Plan. Additionally, there are providers in the primary service area that are currently addressing these needs for the community.

Needs Not Being Addressed:

1. Heart Disease
2. Diabetes
3. Homelessness
4. Sexually Transmitted Diseases

1. Heart Disease

According to the CHNA prepared for Saint Luke's South Hospital, heart disease was the second leading cause of death in Johnson County from 2001-2009. The CHNA also noted that the mortality rate for heart disease is no different than the U.S. National rate for the populations served by Saint Luke's South Hospital.

Saint Luke's South Hospital is committed to addressing obesity as a priority need, which is a contributing factor of heart disease. Saint Luke's South Hospital will continue to provide cardiology services that not only treat heart disease but are also focused on promoting healthy lifestyle choices.

2. Diabetes

The percentage of individuals diagnosed with diabetes in Johnson County is lower than the state and national benchmarks, but Miami County and Cass County both exceed the national benchmark.

Saint Luke's South Hospital is committed to addressing obesity as a priority need, which is a contributing factor of diabetes. Saint Luke's South Hospital will continue to provide comprehensive treatment for diabetes and endocrine disorders at The Jacobson & McElliott Diabetes & Endocrinology Center. Saint Luke's South Hospital will also continue to provide patients access to the Diabetes Education Center, which offers a full ranges of classes and programs aimed at either supporting clinical care or as separate resources to promote healthy lifestyles.

3. Homelessness

Health care issues are exacerbated for homeless individuals as they do not have access to consistent care. Homelessness is also a barrier to adequate nutrition and positive health behaviors. According to the CHNA, children 18 years and younger make up the largest homeless group in Saint Luke's South's primary service area.

Saint Luke's South Hospital provides and will continue to provide emergency medical services for homeless individuals through the Emergency Department. Additionally, this concern is partially addressed through the included issue of improving access to care for low income individuals. Saint Luke's South has supported TLC Kids, an organization which addresses the needs of homeless teens in the service area.

4. Sexually Transmitted Diseases

According to the CHNA, sexually transmitted disease rates in Saint Luke's South Hospital's Primary Service area are significantly higher national benchmarks.

Saint Luke's South Hospital currently provides and will continue to provide educational resources and information related to sexual health through their Health Resource Center and easy to use Health Encyclopedia web resource. The Johnson County Health Department offers a variety of services to address this need. The Johnson County Health Clinics located in Olathe and Mission offer testing and treatment for sexually transmitted diseases, as well as counseling and referral services. This need is primarily a health department objective. The Ryan White HIV/AIDS Program serves low income and uninsured individuals with the diagnosis. The Miami County Health Department also offers STD services as identified by the Kansas Department of Health and Environment.

VIII. Approval

The Saint Luke's South Hospital Board of Directors approved this Community Benefit Implementation Plan on December 11, 2012. This implementation plan specifies community health needs that Saint Luke's South Hospital has determined to meet in whole or in part and that are consistent with its mission. The Saint Luke's South Hospital Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.