

# SAINT LUKE'S COMMUNITY BENEFIT IMPLEMENTATION PLAN

2016

› Saint Luke's Hospital of Kansas City



› **Contact us**

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 **Saint Luke's**  
HOSPITAL OF KANSAS CITY

## I. Introduction

Saint Luke's Hospital of Kansas City (SLH) and its affiliated Saint Luke's College of Health Sciences (SLCHS) are part of Saint Luke's Health System (SLHS), a faith-based, not-for-profit health system covering both western Missouri and eastern Kansas.

### **Saint Luke's Hospital of Kansas City (SLH)**

4401 Wornall Road, Kansas City, MO 64111, (816) 932-2000

- 611 beds
- Network of more than 600 physicians representing more than 60 medical specialties
- Primary teaching hospital for University of Missouri—Kansas City School of Medicine
- Home to:
  - Saint Luke's Marion Bloch Neuroscience Institute
  - Saint Luke's Mid America Heart Institute
  - Saint Luke's Cancer Institute
  - Saint Luke's College of Health Sciences
  - Saint Luke's Cardiovascular Consultants

### **Saint Luke's College of Health Sciences (SLCHS)**

624 Westport Road, Kansas City, MO 64111, (816) 932-6700

- Fully accredited by the Commission on Collegiate Nursing Education
- Offers baccalaureate of science in nursing degree and master of science in nursing degree (advanced practice registered nurse)

**Mission:** Saint Luke's Hospital is a not-for-profit tertiary referral center committed to the highest levels of excellence in providing health services to all patients in a caring environment. We are dedicated to medical research and education. As a member of Saint Luke's Health System, we are committed to enhancing the physical, mental, and spiritual health of the diverse communities we serve.

**Vision:** The best place to get care, the best place to give care.

## II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2015 Community Health Needs Assessment (CHNA) prepared for Saint Luke's Hospital. This Plan serves as Saint Luke's Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

### III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Saint Luke's Hospital, as well as a thorough review of existing community benefit activities.

### IV. Community Health Needs

Saint Luke's Hospital analyzed public health data, interviewed a variety of health care professionals, and sought input from community leaders to identify the following major health needs:

- Access to Care
- Diabetes
- Hypertension/High Blood Pressure
- Neonatal Health
- Thoracic Care

### V. What Saint Luke's Hospital Will Do to Address Priority Needs

Outlined below is Saint Luke's Hospital's commitment to address community health needs named in section (IV).

#### Implementation Strategy — Health Care Access

Saint Luke's Hospital's implementation strategy to increase health care access includes addressing the following:

- *Affordability* (health insurance coverage)
- *Availability* (medical infrastructure or distribution of medical services throughout the community)
- *Awareness* (health medical literacy to make sure people understand basic health information and services needed to make appropriate health decisions)

It is important to note that following the implementation of the Patient Protection and Affordable Care Act (PPACA), both Missouri and Kansas chose not to expand their Medicaid Programs as outlined in the law. In Missouri, the existing Medicaid eligibility level for non-elderly adults is among the lowest in the country. Under Missouri's current Medicaid program, an adult in a three person household must earn no more than \$3,515 per year to be eligible for coverage. Low-income, single individuals are not eligible at any income level.

Saint Luke's Hospital and Saint Luke's Health System will continue to accept Missouri and Kansas Medicaid and continue to advocate for the community on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population. The following programs are in place to address affordability for uninsured or underinsured patients in the community:

- Saint Luke's Hospital's Medication Assistance Program assists all patients in securing medications needed at discharge.
- Saint Luke's Hospital will continue to collaborate with Artist's Helping the Homeless to secure post-discharge transportation and housing through the Bodhi Housing Program. Homeless patients over the age of 18 in need of a safe environment to continue healing after discharge is provided through this program.

In order to ensure availability of services throughout the community, Saint Luke's Hospital will continue to meet the acute care needs of the community through the availability of highly specialized services at these Center's of Excellence: Saint Luke's Marion Bloch Neuroscience Institute, Saint Luke's Mid America Heart Institute, Saint Luke's Cancer Institute, and Saint Luke's Muriel I. Kauffman Women's Heart Center.

The following outlines Saint Luke's Hospital's additional plans to address availability of services for patients in the community:

- Saint Luke's Hospital's collaboration with Kansas City Care Clinic (KC Care) trains and provides community health workers to address gaps in care coordination and helps patients understand and utilize resources available to them after being discharged from the hospital. Two community health workers are assigned to Saint Luke's Hospital to work with patients to: find and secure a primary care medical home and help find community based resources to address any barriers to receiving health care. In addition, Saint Luke's Hospital sponsors a physician to help provide care at the KC Free Clinic located near Saint Luke's Hospital.
- Saint Luke's Health System's partnership with Hy-Vee Grocery Store chains throughout the Kansas City area will help provide high-quality and affordable primary care closer to where people live and work. Plans are under way to open several clinics located within the Hy-Vee Grocery Stores where patients will have access to in-store dietitians and pharmacists, as well as health, wellness, and preventive care services all in one stop.

The following outlines Saint Luke's Hospital's plans to address awareness of services and health information for patients in the community:

- Saint Luke's Hospital will continue to host clinic-based and community based wellness education for patients.
- In order to continue to understand and meet the unique needs of the community, Saint Luke's Hospital will develop stronger partnerships with key non-profit organizations in the Kansas City metro area that serve the urban core and/or vulnerable or underserved populations. Recently, with the guidance of members from the Saint Luke's Health System Diversity and Inclusion Council, Saint Luke's Hospital selected four key programs to support and they include: Hope House, Guadalupe Center, KC Care Clinic, and SAFEHOME.

## **Implementation Plan – Addressing Diabetes Incidence and Prevalence**

Diabetes is the leading cause of kidney failure, non-traumatic lower-limb amputations, and new cases of blindness among adults in the United States. It is the 7<sup>th</sup> leading cause of death in the United States, and 10<sup>th</sup> leading cause of death in Jackson County. High diabetes rates in Jackson County indicate that patients are not accessing primary or preventive health care, and that undiagnosed diabetes is going untreated.

Saint Luke's Hospital's Diabetes Center will continue to provide comprehensive services featuring an integrated care team, where patients can access endocrinology specialists, certified nurse educators, and certified dietitian diabetes educators all within the same suite. Additionally, the center:

- Is recognized by the American Diabetes Association
- Offers customized care plans with input from multiple specialists
- Features certified diabetes nurses and dietitians who are experienced in managing complex diabetes cases
- Promotes long-term health through a variety of individual and group classes which include: Diabetes Prevention Classes, Healthy Living with Diabetes, Gestational Diabetes, Medical Nutrition Therapy, and insulin and injected medicine education and training
- Features a teaching kitchen with cooking demonstrations to promote a healthy diet

Saint Luke's Hospital continues to pioneer diabetes research efforts and are presently focused on studying drug treatments that have the potential to improve outcomes for patients with diabetes and heart failure.

## **Implementation Strategy – Hypertension / High Blood Pressure Need**

High blood pressure, or hypertension, is the most neglected disease in America. It is the single most important risk factor contributing to stroke, blindness, two types of congestive heart failure, heart attack, atrial fibrillation (a common heart rhythm disorder associated with stroke), erectile dysfunction, and kidney failure causing need for dialysis. By taking individual ownership of controlling blood pressure, the risk of cardiovascular disease is markedly reduced to negated.

Saint Luke's Hospital is actively engaged locally, regionally, and nationally in the *Million Hearts*<sup>®</sup> Initiative, which is a joint initiative launched by the Department of Health and Human Services, Centers for Disease Control and Prevention, and Centers for Medicare and Medicaid Services. The *Million Hearts*<sup>®</sup> Initiative is focused on two national goals: empower Americans to make healthy choices (such as preventing tobacco use and reducing sodium and trans fat consumption) and improve care for people who do need treatment by encouraging a targeted focus on the "ABCS" (Aspirin for people at risk, Blood pressure control, Cholesterol management, and Smoking cessation).

Saint Luke's Hospital, Muriel I. Kauffman Women's Heart Center *Million Hearts*<sup>®</sup> initiative chose one risk factor to focus on, blood pressure. The blood pressure reduction project has implemented a salt reduction program, partnered with nutritional services to provide low sodium or reduced sodium food options at Saint Luke's Hospital, created an indoor walking trail designed for our visitors and staff, and has placed 15 blood pressure kiosks throughout Saint Luke's facilities in the region to improve ease of access to care.

Saint Luke's Hospital has also championed blood pressure reduction programs throughout the Kansas City region, partnering with community organizations, community leaders, and corporate partners to help address hypertension throughout the Kansas City metropolitan area.

Saint Luke's Hospital will also continue the commitment to the prevention of heart disease and stroke by also doing the following:

- Offer smoking cessation classes, body composition assessment, healthy cooking demonstrations, and community education series through Saint Luke's Hospital's Charles & Barbara Duboc Cardio Health & Wellness Center.
- Provide continued support for the American Heart Association (AHA) in its effort to build healthier lives free of cardiovascular diseases and stroke. The hospital will continue to support AHA in local community efforts including Go Red for Women and the Heart Walk.

### **Implementation Strategy – Neonatal Health**

Jackson County experiences a high rate of mortality and low infant birth weights when compared to state and national averages. The leading causes of death among infants are birth defects, pre-term delivery, low birth weight, sudden infant death syndrome, and maternal complications.

Since newborn health and maternal health go hand in hand, Saint Luke's Hospital has been a long standing supporter and sponsor of the Mother and Child Health Coalition (MCHC). MCHC partners with health organizations and providers in the Kansas City community to promote all aspects of infant and child wellness, including promotion of immunizations. Saint Luke's Hospital's obstetrical and neonatal patients and families are provided information and access to recommended immunizations for both mothers and babies.

In addition, Saint Luke's Hospital is committed to continuing to provide the following services to address maternal and newborn health needs in the community:

- Provide the only Milk Bank in the Kansas City area
- High-risk Obstetric care including high-resolution ultrasound studies, genetic counseling, genetic diagnostic procedures, diabetes management, and fetal surveillance
- Heart Disease in Pregnancy Program
- Neonatal Intensive Care
- Tender Touch Program providing infant massage therapy
- Family Support Program through the March of Dimes
- Education including Hockaday Women's Health Series, Newborn Care, and Breastfeeding Basics
- Emotional Wellness Counseling
- Cord Blood Program
- Neonatal Follow-up Clinic
- Social Work and Case Management Programs
- The Children's SPOT (speech, physical, and occupational therapy)
- Car seat safety checks by certified child passenger safety technicians

- Support Services including NICU Support Group, Child Abuse Prevention, Safe Haven, and WIC Program

### **Implementation Strategy – Thoracic Care**

Lung cancer mortality exceeds any other type of cancer mortality not only in Saint Luke's Hospital's community, but also within the United States. Lung cancer rates have increased in recent years due to smoking, radon, asbestos, and pollution.

Saint Luke's Hospital will continue to offer comprehensive care to patients with lung cancer and other diseases of the lung and chest through the Saint Luke's Thoracic Center and Saint Luke's Cancer Institute. A team of multidisciplinary specialists are dedicated to ensuring easy access to the most advanced therapies and clinical trials. Our team provides a second opinion program to help patients confirm a diagnosis and further understand treatment options.

Saint Luke's Hospital's specialized Thoracic Care services include treatment for:

- Esophageal and tracheal disorders
- Fluid collection around the heart and lungs
- Lung cancer, tumors, cysts, and nodules
- Chronic lung infections and abscesses
- Mediastinal, metastatic, and pleural diseases
- Thymic masses

Saint Luke's Hospital will offer the following prevention and wellness programs for those with lung diseases.

- Lung cancer screening tests offered through the Saint Luke's Thoracic Center are provided which could help detect lung cancer early and result in more options for treatment.
- Smoking cessation is a key element to preventing lung cancer. Saint Luke's Hospital's Charles & Barbara Duboc Cardio Health & Wellness Center offers a smoking cessation program that assists patients efforts to end tobacco usage.
- The use of an early identification screening tool by primary care physicians will help to identify those patients with the highest risk of lung disease. Those patients determined high risk can then be given orders for an imaging test or smoking cessation.

## **VI. Approval**

The Saint Luke's Hospital Board of Directors approved this Community Benefit Implementation Plan on April 1<sup>st</sup>, 2016. This Implementation Plan specifies community health needs that Saint Luke's Hospital has determined to meet in whole or in part and that are consistent with its mission. The Saint Luke's Hospital Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.