

SAINT LUKE'S COMMUNITY BENEFIT IMPLEMENTATION PLAN

2016

› Hedrick Medical Center



› **Contact us**

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 **Hedrick
Medical Center**
SAINT LUKE'S HEALTH SYSTEM

I. Introduction

Hedrick Medical Center is a regional health care facility located in Chillicothe, Mo., providing state-of-the-art health care to patients in Livingston County and an eight-county region of North Central Missouri. A city-owned, not-for-profit Critical Access Hospital, Hedrick Medical Center is the only Joint Commission accredited hospital in North Central Missouri. The second-oldest facility in Saint Luke's Health System, Hedrick Medical Center was founded in 1888 as St. Mary's Hospital. In 2014 Hedrick Medical Center opened a new state-of-the-art health care facility which includes an Emergency Department, Maternity Unit, and 21 private inpatient rooms, as well as an adjacent physician office building and Women's Center.

Mission: Hedrick Medical Center is a member of Saint Luke's Health System. As a faith-based community hospital, Hedrick's mission is to enhance the physical, mental, and spiritual health of the patients it serves. As part of Saint Luke's, Hedrick partners with patients, physicians, payers, employees, and the communities it serves to provide healthcare services.

Vision: The best place to get care. The best place to give care.

II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2015 Community Health Needs Assessment (CHNA) prepared for Hedrick Medical Center. This Plan serves as Hedrick Medical Center's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Hedrick Medical Center, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Hedrick Medical Center undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified three major health needs:

- Improved Access to Care
- Increased Access to Physical Activity and Nutrition
- Behavioral Health Care

V. What Hedrick Medical Center Will Do to Address Priority Needs

1. Improved Access to Care

Because of its all-inclusive nature, health care access is identified as the overarching health need within Hedrick Medical Center's community.

Affordability—Hedrick Medical Center will continue to accept Missouri Medicaid.

Following the implementation of the Patient Protection and Affordable Care Act (PPACA), the state of Missouri chose not to expand their Medicaid program as outlined in the law. In Missouri, the existing Medicaid eligibility level for non-elderly adults is among the lowest in the country. Under the current Medicaid program, a parent in a three person household must earn no more than \$3,562 per year to be eligible for coverage. Low-income adults without children are not eligible at any income level.

Saint Luke's Health System will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

Availability— Hedrick Medical Center opened a new facility in February of 2014. The new hospital facility has allowed HMC to provide expanded services for patients and attract new health care professionals to the community.

Hedrick Medical Center has worked to connect patients with the region's most respected and highly trained physicians. As a member of Saint Luke's Health System, Hedrick Medical Center has the ability to connect local patients with a range of highly trained physician specialists. HMC has also recently enhanced access to health care services for our community by opening a weekend clinic that provides primary care services on Saturdays and Sundays. Hedrick Medical Center offers a wide range of services, including:

- Allergy
- Brain & Spine
- Cancer Care
- Diabetes
- Emergency Department
- Endocrinology
- Gynecology
- Heart & Vascular
- Hospitalist Program
- Imaging (Radiology)
- Infusion Therapies
- Intensive Care (ICU)
- Lab-Outpatient
- 3-D Mammography
- Maternity
- Nephrology
- Occupational Health
- Orthopedics
- Physical Medicine

- Podiatry
- Psychiatry
- Pulmonary Rehabilitation
- Pulmonology
- Rehabilitation
- Short Term Rehab
 - Surgical Services
- Wound Care

2. Increased Access to Physical Activity and Nutrition

Adult obesity is becoming an epidemic in the U.S. and increases the risk for countless health conditions. Obesity is an energy imbalance due to a lack of physical activity combined with a poor diet. Obesity can ultimately lead to the following: coronary heart disease, Type 2 diabetes, cancer, hypertension, stroke, gall bladder disorders, respiratory problems, and osteoarthritis.

Almost one-third of Livingston County residents are obese (30 percent), which is higher than the national obesity benchmark of 25 percent. The proportion of people with physical inactivity in Livingston County is also higher than the national average at 30 percent.

Hedrick Medical Center is engaged in several community health programs aimed at addressing obesity.

- HMC is currently in the process of building a healing garden on campus, which will include walking paths open to all community members.
- Staff at Hedrick Medical Center holds an annual food drive for community members in need of healthy food.
- HMC offers free sports physicals to high school athletes in the community.

Going forward, Hedrick Medical Center will continue to participate in these programs in an effort to improve overall community health including improved access to physical activity and nutrition.

3. Behavioral Health Care

Livingston County continues to be above the national benchmark in regard to the number of poor mental health days reported.

Livingston County is significantly lacking in mental health providers for their community compared to the state of Missouri. Mental health providers include; psychiatrists, clinical psychologists, clinical social workers, psychiatric nurse specialists, and marriage/family therapists who meet certain qualifications and certifications.

Hedrick Medical Center currently employs a Psychiatric Mental Health Clinical Nurse Specialist (PMHCNS) who comes to Hedrick once a week via the tele-health program to treat patients with mental health needs. In addition to the weekly visits the specialist is also creating specific days to see new

patients only. Hedrick also provides a mental health evaluation for patients who present themselves to the Emergency Department with psychological concerns or self-inflicted injuries.

Hedrick Medical Center will continue to offer a range of mental health services, including specialist and tele-health services.

VI. Approval

The Hedrick Medical Center Board of Directors approved this Community Benefit Implementation Plan on February 25th, 2016. This Implementation Plan specifies community health needs that Hedrick Medical Center has determined to meet in whole or in part and that are consistent with its mission. The Hedrick Medical Center Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.