

# JUNE 2024

## 60+ Dine – Meal Site Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The Allen County Regional Hospital cafeteria serves 60+ Dine meals Monday – Friday from 11:15 a.m. – 1 p.m.</p> <p><b>60+ Dine meals are available for dine-in service only.</b> 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA) with funding provided by the Older Americans Act (OAA). Meals are to be consumed on site as per the guidelines for this grant-funded nutrition program. Meals to go and any additional items may be purchased from the hospital's cafeteria at regular menu prices.</p> <p>To learn more, call 620-431-2980 or visit: <a href="http://sekaaa.com/60-dine">sekaaa.com/60-dine</a>.</p>						1
2	<p>3 BBQ pulled pork sandwich Green beans French fries Side garden salad</p>	<p>4 Salisbury steak Prince Edward veg. Mashed potato w/ gravy Side garden salad Half-slice wheat bread</p>	<p>5 Salmon Au-gratin potatoes Carrot coins Side garden salad Half-slice bread</p>	<p>6 Taco salad w/chips Shredded cheese Lettuce Salsa</p>	<p>7 BBQ baked chicken Green beans Baked potato Coleslaw Half-slice bread</p>	8
9	<p>10 Brisket Roasted red potatoes Mixed vegetables Side Caesar salad Half-slice bread</p>	<p>11 Swiss steak Green beans Sweet potatoes Side garden salad Half-slice bread</p>	<p>12 Chicken tenders Pickled beets Mashed potato w/gravy Side garden salad Half-slice wheat bread</p>	<p>13 Chicken cordon bleu Italian veg. blend Baby bakers Side spring mix salad</p>	<p>14 Lemon chicken Broccoli Au-gratin potatoes Side garden salad Half-slice wheat bread</p>	15
16	<p>17 Meatloaf California veg. blend Mashed potato w/ gravy Side garden salad Half-slice bread</p>	<p>18 Crispy chicken Peas Mashed potato w/ gravy Side garden salad Half-slice wheat bread</p>	<p>19 Pot roast w/ gravy Carrot coins Roasted red potatoes Side garden salad Half-slice bread</p>	<p>20 Hot turkey sand. w/ potato and gravy Roasted balsamic Brussel sprouts Side garden salad Half-slice wheat bread</p>	<p>21 BBQ meatballs Baby bakers Pea &amp; cheese salad Half-slice bread</p>	22
23	<p>24 Chicken alfredo penne Italian veg. blend Side Caesar salad Garlic bread</p>	<p>25 Tilapia Baby bakers Cauliflower Half-slice bread</p>	<p>26 Pork chop w/ caramelized onion Cauliflower w/ cheese Mashed potato Side garden salad Half-slice wheat bread</p>	<p>27 Spaghetti w/ meat sauce Mixed vegetables Side spring mix salad Garlic bread</p>	<p>28 Chicken &amp; noodles Broccoli Mashed potatoes Side garden salad</p>	29

All meals include whole fruit or ¼ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

For our monthly 60+ Dine menu, visit: [saintlukeskc.org/60dine](http://saintlukeskc.org/60dine).